

## Genome-wide survival analysis of age at onset of alcohol dependence in extended high-risk COGA families<sup>☆</sup>



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### ABSTRACT

**Background:** The age at onset of alcohol dependence (AD) is a critical moderator of genetic associations for alcohol dependence. The present study evaluated whether single nucleotide polymorphisms (SNPs) can influence the age at onset of AD in large high-risk families from the Collaborative Study on the Genetics of Alcoholism (COGA).

**Methods:** Genomewide SNP genotyping was performed in 1788 regular drinkers from 118 large European American families densely affected with alcoholism. We used a genome-wide Cox proportional hazards regression model to test for association between age at onset of AD and SNPs.

**Results:** This family-based analysis identified an intergenic SNP, rs2168784 on chromosome 3 that showed strong evidence of association ( $P = 5 \times 10^{-9}$ ) with age at onset of AD among regular drinkers. Carriers of the minor allele of rs2168784 had 1.5 times the hazard of AD onset as compared with those homozygous for the major allele. By the age of 20 years, nearly 30% of subjects homozygous for the minor allele were alcohol dependent while only 19% of those homozygous for the major allele were. We also identified intronic SNPs in the ADP-ribosylation factor like 15 (ARL15) gene on chromosome 5 ( $P = 1.11 \times 10^{-8}$ ) and the UTP20 small subunit (UTP20) gene on chromosome 12 ( $P = 4.32 \times 10^{-8}$ ) that were associated with age at onset of AD.

**Conclusions:** This extended family based genome-wide cox-proportional hazards analysis identified several loci that might be associated with age at onset of AD.

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### 1. Introduction

The hazardous and harmful use of alcohol is a major contributing factor to death, disease and injury globally. Almost 4% of all deaths worldwide are due to alcohol, more than the percent of deaths caused by HIV/AIDS, violence or tuberculosis (World Health Organization, 2011). Both genetic and environmental factors influence the initiation of alcohol use and subsequent alcohol dependence (AD; Bierut, 2011; Kendler et al., 2008; Wang et al., 2012). AD is a complex disorder with high heritability (50–60%;

<sup>☆</sup> Supplementary material can be found by accessing the online version of this paper. See Appendix A for more details.

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Heath et al., 1997; Kendler et al., 2010, 1994). However, the relationship between genetic risk factors and AD is likely complex, due to the interplay between genes and the environment (Blomeyer et al., 2013; Perry et al., 2013; van der Zwaluw and Engels, 2009).

There is strong evidence of familial aggregation of AD and related traits. Numerous studies have shown that first degree relatives of alcoholics are two to seven times more likely to develop problems with alcohol at some time in their lives, than individuals without a family history of AD (Grant, 1998; Nurnberger et al., 2004; Reich et al., 1998). Family history of alcoholism might be an indicator of shared or common environmental factors, genetic influences, or a combination of both (Grant, 1998). Familiality of alcoholism is also associated with age at onset and severity of AD (Limosin et al., 2001).

A large proportion of variation (~49%) in age at onset of AD can be attributed to genetic factors (Le Strat et al., 2010). Indeed candidate gene based studies and genome-wide linkage studies have reported variants and genomic regions, respectively that were associated with early age at onset of AD (Edenberg et al., 2008; Tayo et al., 2005; Zhong and Zhang, 2005).

The emergence of genome-wide association studies (GWAS) has provided an opportunity to employ an unbiased approach to identify additional genes related to AD. Prior GWAS have focused on the detection of susceptibility genes to AD (Bierut et al., 2010; Edenberg et al., 2010; Gelernter et al., 2014; Treutlein et al., 2009) and related traits (Baik et al., 2011; Heath et al., 2011; Kapoor et al., 2013; Kendler et al., 2011; Schumann et al., 2011; Wang et al., 2013; Wetherill et al., 2014) but none have investigated genes influencing age at onset. In this study we took advantage of a family-based study design in a well-characterized European American (EA) cohort and performed genome-wide Cox proportional hazards analysis to identify genes associated with age at onset of AD. The extended AD families might be enriched for common factors increasing risk for AD, hence providing additional power to identify the genes associated with age at onset of AD. The analysis demonstrated genome-wide evidence of association of age at onset of AD with several novel loci.

## 2. Materials and methods

### 2.1. Subjects

Six sites participating in the Collaborative Study on the Genetics of Alcoholism (COGA; Begleiter et al., 1995; Foroud et al., 2000) recruited alcohol dependent probands from inpatient and outpatient facilities. The probands and their family members were administered a poly-diagnostic interview, the Semi-Structured Assessment for the Genetics of Alcoholism (SSAGA; Bucholz et al., 1994; Hesselbrock et al., 1999). Individuals 18 years of age or younger were administered an adolescent version of the SSAGA. Institutional review boards at all sites approved the study. The present COGA sample consisted of 1788 regular drinkers subjects of European descent from 118 extended families. Further details about the complete cohort are described elsewhere (Kang et al., 2012; Wang et al., 2013).

### 2.2. Phenotype

Only individuals who reported drinking once per month for 6 months or more (regular drinking) at any evaluation were included in the analysis. If an individual was interviewed more than once, data from the SSAGA interview with the maximum total number of endorsed DSM-IV alcohol dependence criteria was utilized. Age at onset of DSM-IV alcohol dependence (defined as age when full criteria were met), age at last interview, year of birth, gender and principal component 1 (PC1) for ancestry was included in the analysis. Table 1 shows the distribution of age at interview and age at onset of AD for the controls and cases respectively.

### 2.3. Genotyping

Genotyping was performed at the Genome Technology Access Center at Washington University School of Medicine in St. Louis (<http://gtac.wustl.edu/>) using the Illumina Human OmniExpress array 12.VI (Illumina, San Diego, CA, USA). A total of 707,557 autosomal SNPs passed quality control (Wang et al., 2013). SNPs with a minor allele frequency (MAF) below 5% ( $n = 115,872$ ) were excluded from further

**Table 1**  
Distribution of age at last interview and age at onset of AD in COGA cohort.

	Age at last interview (mean $\pm$ S.D.) yrs	Age at onset of AD (mean $\pm$ S.D.) yrs
Alcohol dependent ( $N = 685$ )	38.61 $\pm$ 12.94 <sup>a</sup>	22.50 $\pm$ 7.65
Non dependent ( $N = 1103$ )	35.81 $\pm$ 15.49 <sup>a</sup>	–

<sup>a</sup> $t = 3.96$ ;  $P < 0.0001$ .

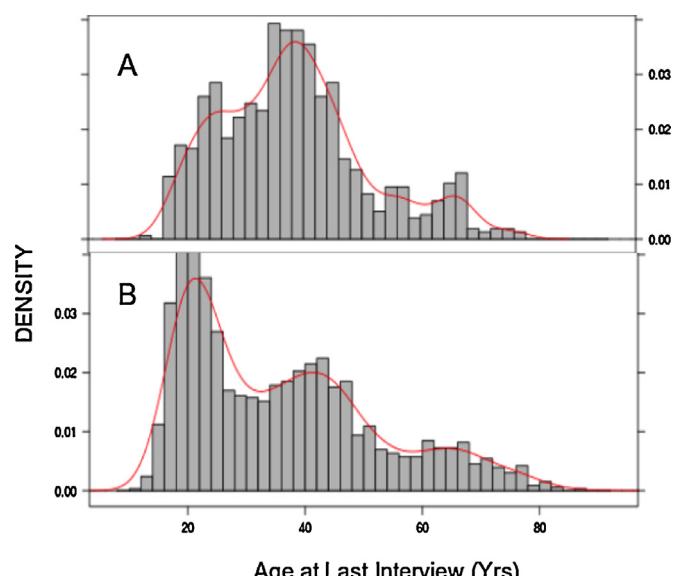
analysis. EIGENSTRAT was utilized in the HapMap European reference samples to identify ethnic stratification within the sample.

### 2.4. Imputation

We used BEAGLE version 3.3.1 (Browning and Browning, 2007) to impute SNPs that were not genotyped on the Illumina Omni Express array. Since our sample was European American, we used as a reference set the genotypic data from the EUR in the August 2010 release of the 1000 Genomes Project, provided with the Beagle 3.3.1 release. To account for uncertainty, we used the mean of the distribution of imputed genotypes, which corresponds to an expected allelic or genotypic count (dosage) for each individual. SNPs with a correlation between the best-guess genotype and allele dosage greater than 0.3 ( $r^2 > 0.3$ ), were used in the analyses. For individual-level genotype data, we retained genotypes having a probability  $\geq 80\%$  (from the gprob metric in Beagle); all other genotypes were set to missing. We converted genotypic probability data into most-likely genotypes. This allowed us to detect genotypic errors in families. The same rigorous quality control process used for genotyped SNPs was also applied to imputed SNPs. A total of 4,058,415 SNPs ( $MAF \geq 5\%$ ) that passed quality control and Mendelian inheritance checks were used for association analysis.

### 2.5. Data analysis

The density plot of age at interview for DSM-IV AD and non-dependent subjects shows that a large proportion of non-dependent subjects are younger than the AD subjects at their last interview (Fig. 1). We included these high-risk non-AD subjects in the analysis after censoring them at age at latest interview and performed the age at onset analysis of AD using survival models. We used a genome-wide Cox proportional hazards (coxph) analysis, a survival analysis package in R ([www.r-project.org](http://www.r-project.org)), to estimate the hazard ratio for AD occurrence based on genotype, controlling for sex, birth cohort and first principal component (PC1) from EIGENSTRAT (Price et al., 2006). This analysis incorporates a clustered sandwich estimator to account for the familial correlation among observations. Violation of the proportional hazards assumption was tested with non-zero slope of Schoenfeld residuals versus time, using the survival analysis package in R. The analyses of AD for the strongest signals were conducted using the GWAF, an R package for



**Fig. 1.** Parts A–B: distribution of age at last interview among (A) DSM-IV alcohol dependent subjects and (B) non-alcohol dependent subjects. X axis represents the age at last interview and Y axis represents the density of subjects. The observed values of age at last interview were used to construct the relative likelihoods (density) at given age.

**Table 2**Summary of results for the SNPs showing genome-wide significant evidence of association ( $P < 5 \times 10^{-8}$ ) in COGA dataset.

SNP	CHR	BP	MAF	A1	A2	COGA			
						N	HR	SE	P
rs57350471	3	164,520,763	0.10	A	T	1761	1.45	0.07	2.11E-08
rs9871275	3	164,520,783	0.10	T	C	1761	1.45	0.07	2.11E-08
rs9875364	3	164,520,853	0.10	C	G	1762	1.44	0.07	2.06E-08
rs9862987	3	164,531,227	0.10	C	A	1772	1.43	0.07	4.31E-08
rs9817317	3	164,554,801	0.11	A	G	1783	1.44	0.06	9.29E-09
rs7630142	3	164,555,706	0.11	G	A	1783	1.44	0.06	2.07E-08
rs9874932	3	164,556,648	0.11	A	G	1783	1.44	0.06	2.07E-08
rs9824625	3	164,557,575	0.11	C	T	1783	1.44	0.06	2.07E-08
rs9880338	3	164,557,652	0.11	A	G	1783	1.44	0.06	2.07E-08
rs4541411	3	164,557,917	0.11	C	T	1783	1.44	0.06	2.07E-08
rs9847462	3	164,558,595	0.11	G	A	1783	1.44	0.06	2.07E-08
rs28821642	3	164,559,430	0.11	T	C	1783	1.44	0.06	2.07E-08
rs7645282	3	164,560,182	0.11	G	A	1783	1.44	0.06	2.07E-08
rs7647704	3	164,560,194	0.11	A	T	1783	1.44	0.06	2.07E-08
rs7640074	3	164,562,164	0.11	T	C	1783	1.44	0.06	2.07E-08
rs9855885	3	164,563,201	0.11	C	T	1783	1.44	0.06	2.07E-08
rs9873722	3	164,563,390	0.11	G	A	1783	1.44	0.06	2.07E-08
rs9819217	3	164,565,763	0.11	T	C	1783	1.44	0.06	2.07E-08
rs9830200	3	164,567,759	0.11	G	A	1755	1.44	0.07	2.91E-08
rs9290244	3	164,568,563	0.11	G	T	1783	1.44	0.06	2.07E-08
rs7628882	3	164,571,138	0.11	A	G	1783	1.44	0.06	2.07E-08
rs9881091	3	164,573,311	0.11	G	T	1783	1.44	0.06	2.07E-08
rs4602392	3	164,578,266	0.11	T	C	1783	1.44	0.06	2.07E-08
rs9865078	3	164,579,310	0.11	A	G	1786	1.45	0.06	9.71E-09
rs7619524	3	164580672	0.11	T	C	1786	1.45	0.06	9.71E-09
rs6791103	3	164,585,575	0.11	C	A	1783	1.45	0.06	8.85E-09
rs5023277	3	164,586,715	0.11	G	C	1784	1.46	0.06	4.99E-09
rs9879548	3	164,587,302	0.11	T	G	1784	1.46	0.06	4.99E-09
rs7641732	3	164,587,350	0.11	T	A	1784	1.46	0.06	4.99E-09
rs6808582	3	164,587,559	0.11	A	G	1784	1.46	0.06	4.99E-09
rs6763281	3	164,588,205	0.11	T	G	1783	1.45	0.06	9.02E-09
rs6788557	3	164,588,388	0.11	G	C	1784	1.46	0.06	4.99E-09
rs9810313	3	164,588,702	0.11	T	G	1786	1.45	0.06	6.95E-09
rs56303997	3	164,589,150	0.11	A	G	1783	1.45	0.06	9.02E-09
rs2168784	3	164,589,939	0.11	T	C	1784	1.46	0.06	4.99E-09
rs35952	5	53,592,163	0.14	C	T	1780	1.42	0.06	2.21E-08
rs35951	5	53,592,361	0.14	G	T	1776	1.43	0.06	1.11E-08
rs57083693	12	101,742,180	0.22	C	T	1744	1.35	0.06	4.32E-08

CHR = chromosome, BP = base pairs; MAF = minor allele frequency; A1 = minor allele; A2 = major allele; N = number of regular drinkers; HR = hazard ratio; SE = standard error.

genome-wide association analyses with family data (Chen and Yang, 2010). A logistic regression model was employed with gender, age and cohort included as covariates, and a log additive model for each SNP was tested for association. The generalized estimating equation (GEE) framework was used to control for relatedness. The association of individual SNPs with SC was performed using PROC GLIMMIX from SAS (<http://support.sas.com/rnd/app/da/glimmix.html>). Birth cohorts and gender were included as covariates for the association analysis.

### 3. Results

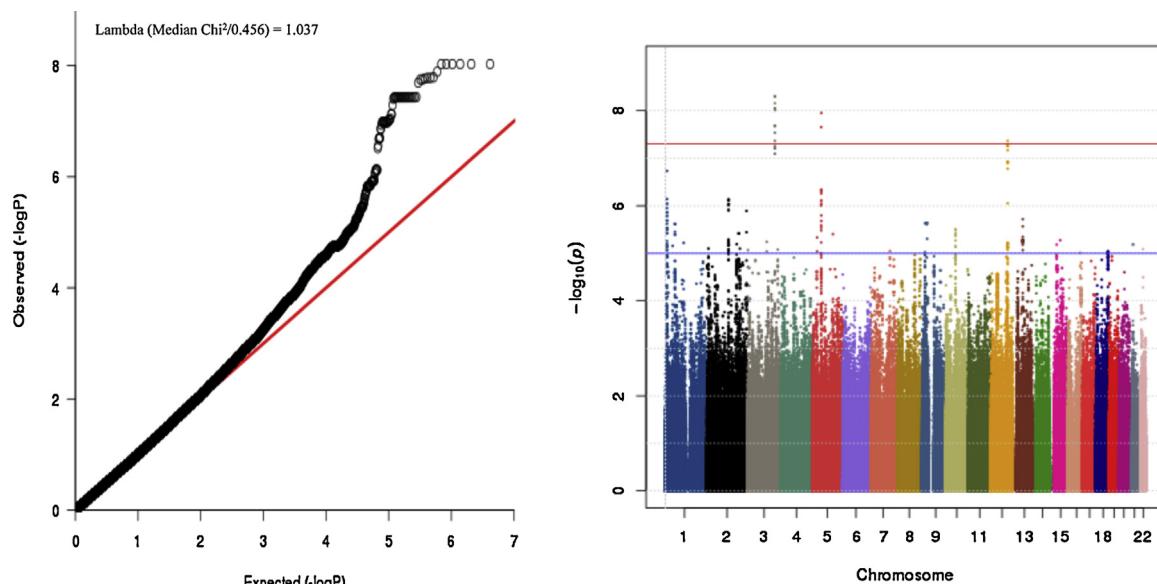
Genome-wide cox-proportional hazards analysis with 4,058,415 SNPs identified genome wide significant SNPs ( $P < 5.0 \times 10^{-8}$ ) in 3 loci: 35 SNPs clustered on chromosome 3, 2 on chromosome 5 and one on chromosome 12 (Table 2, Fig. 2). A total of 225 SNPs showed suggestive association at  $P < 1.0 \times 10^{-5}$  (please see supplemental and Table 1 for SNPs with genome-wide suggestive association)<sup>1</sup>. Among these 225 SNPs, 95 SNPs were in strong LD ( $D' = 1$ ;  $r^2 > 0.8$ ) with the most significant SNPs on chromosomes 3, 5 and 12.

An intergenic variant on chromosome 3, rs2168784, emerged as the SNP most significantly associated with age at onset of AD ( $\text{MAF} = 0.11$ ,  $\text{HR} = 1.46$ ,  $P = 4.99 \times 10^{-9}$ ). The results of Cox hazard analysis indicated that the incidence of AD in carriers of the

rs2168784 minor allele was 1.5 times greater than the subjects homozygous for the major allele. Twenty one percent of subjects were carriers of the minor allele of rs2168784, 47% of whom were diagnosed with AD. In this high-risk sample, the cumulative incidence plots indicate that by the age of 20 years, nearly 30% of the subjects homozygous for the minor allele of rs2168784 met criteria of AD. In comparison, only 19% of subjects homozygous for the major allele were diagnosed with AD by age 20 (Fig. 3(a)). This SNP was also associated with AD symptom count ( $P = 4.1 \times 10^{-6}$ ) and DSM-IV AD ( $P = 2.6 \times 10^{-7}$ ) in the same sample of COGA families. Although rs2168784 has a variable MAF across populations the frequency in unrelated individuals from the COGA families (0.111) was similar to the MAF for Utah Residents with Northern and Western European ancestry (CEU) population estimated in 1000 genome project (0.118).

Two intronic SNPs, rs35951 and rs35952 ( $\text{MAF} = 0.14$ ,  $\text{HR} = 1.43$ ,  $P = 1.11 \times 10^{-8}$ ) in ADP-ribosylation factor like 15 (ARL15) gene on chromosome 5 and one intronic SNP, rs57083693 ( $\text{MAF} = 0.22$ ,  $\text{HR} = 1.35$ ,  $P = 4.32 \times 10^{-8}$ ) in UTP20 small subunit (UTP20) gene on chromosome 12, were also associated with incidence of AD at genome-wide significance. The cumulative incidence plot showed that by the age of 20 years nearly 37% of subjects homozygous for the minor allele of rs35951 were diagnosed with AD, while only 17% of subjects homozygous for major allele developed AD (Fig. 3B). The CI plot for rs57083693 showed a dominant effect of the minor allele on the age at onset of AD (Fig. 3C). By age of 20 years nearly 25%

<sup>1</sup> Supplementary material can be found by accessing the online version of this paper. See Appendix A for more details.



**Fig. 2.** Parts A–B: (A) quantile–quantile (QQ) plot and (B) Manhattan plot for the genome-wide association analysis of the age at onset of DSM-IV alcohol dependence in COGA. (a) Observed  $P$  values for the 4,058,415 SNPs (black dots) were plotted against the expected  $P$  value (X-axis). The genomic inflation factor value (lambda) was 1.037. (b) Observed  $\log P$  values for the 4,058,415 SNPs were plotted according to chromosomal position.

carriers of minor allele of rs57083693 were diagnosed with AD, while only 19% subjects homozygous for major allele were diagnosed with AD at age 20.

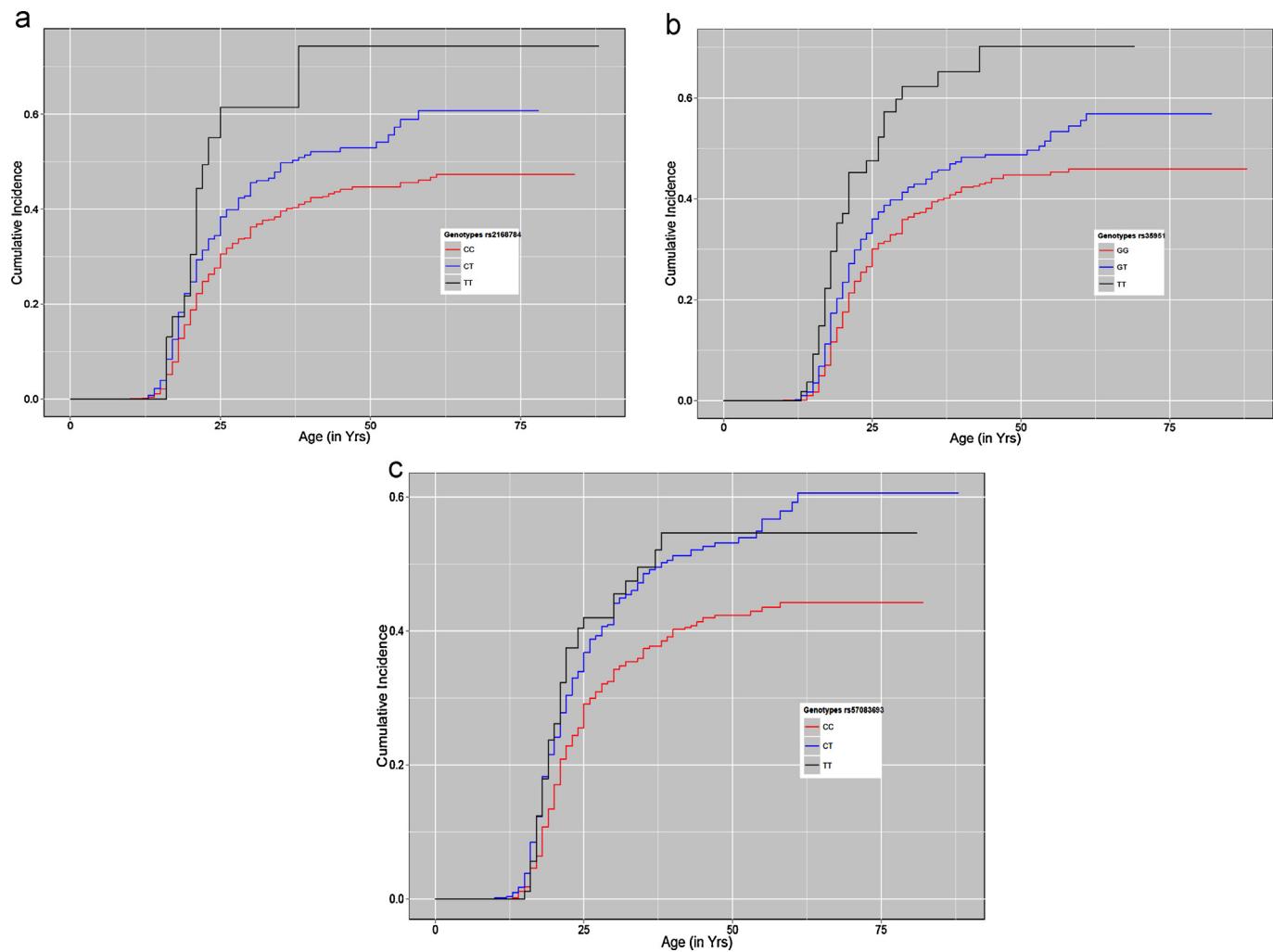
#### 4. Discussion

Here we present the results from the first GWAS of age at onset of AD. Survival analysis identified 38 SNPs showing genome-wide significance ( $P \leq 5.0 \times 10^{-8}$ ) and 909 SNPs showing suggestive association ( $P \leq 5.0 \times 10^{-5}$ ) with age at onset of AD. The genome-wide significant SNP rs2168784 was in strong LD with 33 imputed/genotyped SNPs spanning a 60 kb region on chromosome 3, from a long intergenic non-coding RNA (lncRNA) to 106 kb 3' of the Sucrase Isomaltase (SI) gene (please see supplemental Fig. 1 for regional plot for variants flanking rs2168784). The same SNPs also showed association with AD but with less significance than the age at onset analyses, this is most likely due to the fact that there are many people in this dataset who are young and have therefore not yet passed through the peak period of risk for developing AD. The chromosomal region identified in the current association analysis partially overlaps with the alcohol dependence linkage signal on chromosome 3 previously reported in a COGA dataset (Foroud et al., 2000) from which these subjects were drawn. In contrast to the GWAS dataset used in this study the linkage sample consisted of both non-Hispanic white families and African American (AA) families. Indeed, the linkage signal is apparent in each population when analyzed separately suggesting that there is an AD risk locus in this region in both populations. However, the imputed and genotyped SNPs showing the strongest association in EAs exhibit much lower LD ( $D' = 0.84$ ,  $r^2 = 0.12$ , 1000 genome pilot dataset) with each other in subjects of African ancestry. As a result, although we have linkage data and exome chip data in the AA families we cannot accurately impute the associated SNPs. Furthermore, assuming these SNPs tag the functional variation but are not the functional alleles the differences in LD may mean that these SNPs are not in LD with the functional alleles in AAs. Further genotyping and sequencing in the AA families will be needed to determine whether the linkage signals observed on chromosome 3 in the two populations reflect the association observed in this study in EA families.

LncRNAs are usually associated with open chromatin signatures such as histone modification sites. There is emerging evidence suggesting that lncRNAs regulate gene expression both during normal development and under pathological conditions, including neuropsychiatric disorders (Dudley et al., 2011; Mattick, 2009). We utilized the HaploReg tool (Ward and Kellis, 2012) to explore the annotations of the non-coding genome for the significant SNPs and found no significant enrichment of regulatory markers at this locus. The strongest signals on chromosome 3 were also in moderate LD ( $D' = 1$ ,  $r^2 = 0.42$ ) with SNPs in the neighboring SI gene. The SI gene encodes a sucrase-isomaltase enzyme, which is essential for the digestion of dietary carbohydrates including starch, sucrose and isomaltase.

Other genome-wide significant SNPs were in the ARL15 gene on chromosome 5 (rs35951, rs35952) and the UTP20 gene on chromosome 12 (rs57083795). These SNPs also showed suggestive evidence of association ( $P < 5 \times 10^{-5}$ ) with the AD and AD symptom counts in this family based dataset. ARL15 was previously shown to be associated with adiponectin levels, but the exact function of this gene is still unknown (Richards et al., 2009). Several studies have found that adiponectin levels are elevated in patients with chronic alcohol abuse (Buechler et al., 2009) and might also be associated with alcohol craving (Hillemacher et al., 2009). The enrichment analysis using HaploReg showed that SNPs identified at this locus in the COGA dataset predicted significant ( $P < 5.2 \times 10^{-4}$ ) enrichment of enhancers in H1 and leukemia cell lines. There was also evidence ( $P = 3.1 \times 10^{-2}$ ) of enrichment of DNase hypersensitive sites in undifferentiated embryonic stem cells. The UTP20 gene on chromosome 12 is a component of the U3 small nucleolar RNA protein complex and is involved in 18S rRNA processing (Wang et al., 2007). One of the most strongly associated SNPs, rs2270861 ( $P = 6.79 \times 10^{-8}$ ) in UTP20 is predicted to be a trans eQTL for the olfactory receptor family 5, subfamily T, member 2 (OR5T2) gene on chromosome 11, as observed in data of Dixon et al. (2007).

One assumption of our model is that all subjects in each family are at risk of developing AD, because they belong to high-risk families that were selected for high prevalence of alcohol use disorders. Many people in these COGA families are aged between 12 and 25 years. These individuals may be unaffected but are still at substantial risk of developing AD because they have not yet passed



**Fig. 3.** Part A: cumulative incidence plot for rs2168784 on chromosome 3. X-axis represents the age at onset for alcohol dependence. Y-axis represents the cumulative incidence of AD. The red, blue and black lines show the cumulative incidence of AD for subjects with CC, CT and TT genotypes respectively. Steps on each line represent the occurrence of event (AD). Part B: cumulative incidence plot for rs35951 on chromosome 5. X-axis represents the age at onset for alcohol dependence. Y-axis represents the cumulative incidence of AD. The red, blue and black lines show the cumulative incidence of AD for subjects with GG, GT and TT genotypes respectively. Steps on each line represent the occurrence of event (AD). Part C: cumulative incidence plot for rs57083693 on chromosome 12. X-axis represents the age at onset for alcohol dependence. Y-axis represents the cumulative incidence of AD. The red, blue and black lines show the cumulative incidence of AD for subjects with CC, CT and TT genotypes respectively. Steps on each line represent the occurrence of event (AD).

through the age of peak risk for developing AD. In contrast, there is little or no increase in power to be gained by using the age at onset of AD as a phenotype in population based cohorts or case-control datasets because the unaffected subjects in these datasets are generally older than the mean age at onset of AD, are not necessarily ascertained from high-risk alcoholic families and might not be exposed to predisposing genetic or environmental factors. We are not aware of any other dataset with a similar study design to the densely affected COGA families. This lack of a well-matched study design was the main reason we did not attempt to replicate the strongest signals. The lack of direct replication is one of the biggest limitations of the study, but the linkage signal on chromosome 3 in EAs and AAs families provides some additional support for an AD risk locus in this region. Nonetheless the current study provides a well-characterized dataset that can be used in genome-wide meta-analysis of AD or age at onset of AD.

In summary, the present study used high-risk extended COGA families and identified 3 novel genome-wide significant loci associated with age at onset of AD. The identified genetic variants predisposed subjects to higher risk of AD and increased incidence of AD in these families. Further large family based studies will be

needed to validate these GWAs loci and the role of genetic variants on the age at onset of AD.

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#### Contributors

MK and AG conceived the analysis. MK performed all the analysis. LW, TF and AG designed the family based dataset. SB, TH, NL, JB, MK and JCW were involved in QC of genotyped and imputed SNPs. Phenotype expertise was provided by LB, VH, JK, JN, JR, MS, JT, BP, HE, LB, KB are involved in data collection, data management and overall designing of project. Support and suggestions for analysis

were also provided by LA, DD, HE, AG, TF, AA, XL and OH. All authors read and critically reviewed the manuscript.

## Conflict of interest

We disclose that Drs. L.J. Bierut, A.M. Goate and J.C. Wang are listed as inventors on the patent "Markers for Addiction" (US 20070258898) covering the use of certain SNPs in determining the diagnosis, prognosis, and treatment of addiction.

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## Appendix A. Supplementary data

Supplementary data associated with this article can be found, in the online version, at <http://dx.doi.org/10.1016/j.drugalcdep.2014.05.023>.

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