

General hypothetical definitions used in the survey project discussed in the Halloween Human Research Protection Clubhouse session.

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Caution: The levels of agreement to disagreement with these hypothetical definitions have not yet fully been analyzed nor published.

Survey participants were asked to rate their level of agreement and disagreement with the hypothetical definitions provided below.

A **boy** is a child or young adult who identifies as male, regardless of sex assigned at birth.

Breast feeding is feeding a baby milk from the breast.

Chest feeding is feeding a baby milk from the chest. Anyone can use this gender-neutral term and it is most commonly used by transmasculine people or nonbinary people.

Cis-gender describes a person whose gender identity corresponds with the sex the person was assigned at birth. A person who is not Transgender.

Embryo means the product of conception from implantation to 9 actual weeks or 11 weeks from the last menstrual period.

Gender-affirming hormone therapy is a hormone treatment (or treatments) by which a transgender person may alter their physical secondary sex characteristics to resemble those socially associated with their identified gender.

Gender-affirming surgery (formerly sex reassignment surgery) is a surgical procedure

(or procedures) by which a transgender individual's physical appearance and function of their existing sexual characteristics are altered to resemble those socially associated with their identified gender.

Gender diverse is a term used to refer to persons whose gender identity/expression defies gender norms, including those who identify outside the binary of male/female.

Gender expression is how a person communicates their gender through behavior, clothing, hairstyle, voice, etc. Gender expression may vary regardless of how someone identifies.

Gender fluid is a term that describes someone whose experience of gender is not fixed. Someone who is gender fluid may identify with having two or more genders that may shift over time.

Gender identity is a person's inner experience of self – for example, the knowledge or sense of being a man, a woman, another gender, or no gender.

Gender non-conforming is a term that describes people who do not conform with the gender norms; usually referring to gender expression, presentation, behavior, appearance or roles that do not conform to prevailing cultural or social expectations regarding their gender. Being gender non-conforming does not necessarily mean the person is transgender or nonbinary although they could be both.

A **girl** is a child or young adult who identifies as female, regardless of sex assigned at birth.

Intersex is a general term used for a variety of conditions in which a person is born with reproductive or sexual anatomy that does not seem to fit the typical definitions of female or male, or a person is born with mosaic genetics with some cells that have XX chromosomes and others cells that have XY chromosomes. Intersex may or may not be adopted as an identity term by individuals whose sex, anatomy, or genetics defy binary categorization.

Lactating describes the process of producing and releasing milk from the mammary glands.

A **man** is an adult who identifies as male, regardless of sex assigned at birth.

LGBTQIA+ is an abbreviation for lesbian, gay, bisexual, transgender, queer or questioning, intersex, asexual and more. These terms are used to describe a person's sexual orientation or gender identity.

A **non-binary** individual identifies with any gender that is not girl/woman or boy/man. Non-binary is an umbrella term that includes people who identify as non-binary, genderqueer, agender, or bigender, gender nonconforming, two-spirited, or other diverse gender identities. These individuals may use non-binary or gender-neutral pronouns such as they/them or ze/hir.

Non-nutritive sucking is offering the chest or breast to simply comfort or soothe their infant without milk, similar to a pacifier. This non-nutritive comfort can foster attachment, build security, increase warmth, help baby fall asleep, provide pain relief, or promote the baby's sucking reflex. Also referred to as comfort nursing.

Post menarche means a time in an individual's life following the beginning of menstruation.

Post menopause is the time in a menstruating person's life when menses ceases permanently and the person is no longer capable of childbearing; this can only be defined retroactively after the person has had 12 months without menses.

Sex is a socially constructed category within a spectrum of natural biological variation, often simplified as a male or female, and sometimes intersex.

Transgender is a broad term that can be used to describe people whose gender identity is different from the gender they were assigned at birth. Trans is often used as shorthand for transgender.

Two Spirit is an umbrella and/or community organizing term that is meant to unify various gender identities, roles, expressions and/or diverse sexualities among Indigenous, Native American, Alaskan Native, First Nations People, or Peoples of Turtle Island. This may be viewed as a third gender or may involve taking on the identified roles of the opposite sex that was assigned at the time of birth.

A **woman** is an adult who identifies as female, regardless of sex assigned at birth.