Sanitation of Research Equipment

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Purpose
This document outlines the procedures and responsibilities to assure proper sanitation of restraint, enrichment and other equipment used in animal studies that cannot be processed through a mechanical cage wash. This equipment is used and sanitized by investigators in laboratories and does not include equipment maintained by the Division of Comparative Medicine.

Policy
Quality assurance of the proper sanitation of research equipment exposed to animals or carcasses including but not limited to restraint, enrichment and other devices must be quantitatively assessed on an annual basis.

Background
Cleaning and disinfection are necessary to prevent cross-transmission or exposure to microorganisms, excrement, biological fluids, and pheromones from one research subject to another and to remove these substances as well as allergens from work environments shared with humans. When accompanied by mechanical wiping or scrubbing to remove organics and other soilage, effective disinfection by definition eliminates vegetative microorganisms from inanimate objects. Sanitation of cages and equipment by hand with hot water and detergents or disinfectants can also be effective but requires considerable attention to detail. Whether the sanitation process is automated or manual, regular evaluation of sanitation effectiveness is recommended.

Responsibilities:
Principal Investigators are responsible for disinfection of all equipment and work surfaces in their laboratory and laboratory equipment in the vivarium that may have come in contact with animals prior to and after use with each animal. Principal Investigators are required to keep a log sheet documenting dates of equipment cleaning for all species. At least every three years the IACUC is required to monitor the effectiveness of sanitation of experimental equipment that is currently in use. In addition, IACUC will review (during routine lab inspections) lab logs to ensure that sanitation is regularly practiced. Principal Investigators are required to sanitize any equipment before it goes into storage and once it is removed from storage, prior to use.

General Sanitation Procedures
All portable and fixed equipment as well as surfaces that come in contact with animals must be cleaned and disinfected prior to and after each episode of use by the personnel using the equipment and/or procedural areas (e.g., rodent surgery, euthanasia chambers, behavioral testing apparatus, anesthetic chamber, animal restraint device, stereotactic...
surgical frame, countertop and work surface). Disinfection is made most effective when preceded by effective mechanical cleaning, where applicable. Any direct or indirect contact bedding used in chambers must be removed prior to sanitation and replaced with fresh, clean substrate following testing. Direct contact bedding changes and sanitation procedures are required between test subjects where a chamber may be used sequentially.

**Options for Sanitization**
1. Washing in a mechanical washer or, if not possible.
2. Hand-washing, generally exclusive for housing enclosures not conducive to mechanical washing.
3. Hand sanitizing, which is most appropriate for fixed surfaces, stationary equipment and delicate, heat- or moisture-sensitive apparatus.

**Recommended Disinfectants** – Follow manufacturer recommended contact times for each agent:

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<thead>
<tr>
<th>Agent</th>
<th>Examples</th>
<th>Comments</th>
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<tbody>
<tr>
<td>Alcohols</td>
<td>70-90% ethyl alcohol, 85% isopropyl alcohol, Hand gel sanitizers</td>
<td>Remove gross contamination before using. Inexpensive. May damage rubber and plastic items. Alcohols are only acceptable if no other agents can be used on a specific piece of equipment.</td>
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<tr>
<td>Quaternary Ammonium</td>
<td>Roccal®, Quatricide®, CONFLIKT</td>
<td>Safe, generally effective general environmental disinfectant. Rapidly inactivated by organic matter and other environmental materials. Compounds may support growth of Gram-negative bacteria. Quatricide 1:5 dilution</td>
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<tr>
<td>Chlorine</td>
<td>Sodium hypochlorite (Clorox ® 10% solution fresh- made), Chlorine dioxide (Clidox®, Alcide®, MB-10®), 15% calcium hypochlorite</td>
<td>Highly effective. Corrosive and oxidizing. Presence of organic matter reduces activity. Unstable – solutions must be fresh. Clidox 1:18 dilution, minimum contact time: 3 minutes at 20°C on pre-cleaned surfaces. MB-10 Prepare according to manufacturer recommendations, minimum contact time: 10 minutes. Strong Bleach Solution: ¼ cup of bleach to 1 gallon of cool water or 1 tablespoon of bleach to 1 quart of cool water (add the bleach to the water in either case). Weak Bleach Solution: 1 tablespoon bleach + 1 gallon of cool water</td>
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### Phenolics
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<th>Product</th>
<th>Description</th>
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<tr>
<td>Lyso®, TBQ®, Vesphene™</td>
<td>Broad spectrum activity. Less affected by organic material than other disinfectants. Some may be corrosive, harsh, toxic with a pungent odor. Skin irritant.</td>
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<tr>
<td>Chlorhexidine salts</td>
<td>Presence of blood does not interfere with activity. Rapidly bactericidal and persistent, but bacterial spectrum is narrow. Effective against many viruses.</td>
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<tr>
<td>Hydrogen peroxide, per-oxygenated compounds</td>
<td>Broad spectrum of activity. Environmentally safe. Powder is corrosive. 7-day stability. Contact time is 10 minutes.</td>
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### Cleaning Recommendations

#### Restrainers and Enrichment Devices:

1. Wash and rinse in a mechanical cage washer, or
2. Hand wash
   - Wash used restrainer or device to remove all soil
   - Soak or spray equipment with a suitable sanitizer (see list above)
   - Soak or let sit (for sprayed items) for at least the minimum contact time for the product used.
   - Rinse with clean water, allow to dry.

#### Test Chambers

1. Remove all loose bedding, feces and other materials from chamber.
2. Wipe down or spray all surfaces with one of the recommended cleaning agents and allow to sit for the minimum contact time.
3. Wipe down surfaces with clean water

#### Stereotaxic and other Surgical, Technical, or Experimental Equipment

1. Wipe all surfaces with appropriate disinfectant.
2. Surgical instruments must be sterilized before use and maintained using aseptic technique (see Rodent Survival Surgery, Large Animal Surgery)
Sanitation Contraindications
It is not recommended that chlorine dioxide-based disinfectants/sterilants be used on stainless steel equipment and surfaces unless it is cleaned off thoroughly with water. If residual odors from the cleaning chemicals might affect study animals, or if chemicals may damage equipment, a special request for exemption from sanitizing equipment must be obtained from the Institutional Animal Care and Use Committee (IACUC) as part of an approved animal use protocol.

Quaternary ammonium compounds should be used with caution around breeding animals, as studies have demonstrated decreased fertility in rodents exposed to these chemicals.

REFERENCES