Please join us for an Inaugural Webinar, as we examine the benefits of practicing and promoting wellness and lifestyle medicine for the sustainability of SUNY students, staff, faculty and community, especially when external challenges, like COVID-19, have a disproportionate impact on people of color, and individuals with chronic, underlying disease.

WELCOME REMARKS
Jim Malatras
SUNY Chancellor

EMCEE
Richard Rosenfeld, MD, MPH, MBA
Distinguished Professor, Chairman of Otolaryngology, SUNY Downstate Health Sciences University
Vice Chairman, SUNY Distinguished Academy Board

KEYNOTE SPEAKER
T. Colin Campbell, PhD
Jacob Gould Schurman Professor Emeritus, Division of Nutritional Sciences, College of Human Ecology, Cornell University
The Future of Nutrition with Implications for Higher Education

INTRODUCTORY REMARKS
Wayne Riley, MD, MPH, MBA, MACP
President, SUNY Downstate Health Sciences University, Chairman of the Board of Trustees, New York Academy of Medicine

DISTINGUISHED FACULTY PRESENTERS
Sharon Brangman, MD, FACP, AGSF
Distinguished Academy Service Professor Chair, Department of Geriatrics, Director Upstate Center of Excellence for Alzheimer’s Disease, Director of the Nappi Longevity Institute, SUNY Upstate Medical University
How Diet and Exercise can Impact the Alzheimer’s Epidemic

Susan Benigas, Executive Director, American College of Lifestyle Medicine
Lifestyle Medicine, COVID-19, and Higher Education: A Call to Action

SUNY STUDENT PANEL
Promoting Wellness in SUNY and the Community moderated by Richard Rosenfeld

Ayanna Besson
Downstate School of Public Health and Lifestyle Medicine Interest Group

Gabrielle Estevez-Inoa
Downstate College of Medicine & Initiative for Nutritional Empowerment

Jigar Govind
Downstate College of Medicine, Central Brooklyn Food as Medicine Initiative

Lora Stoianova
Downstate College of Medicine and Lifestyle Medicine Interest Group

Find out more
Thursday
April 15, 2021
3:00 to 5:00pm
Register Here