



SUNY DOWNSTATE Medical Center

DEPARTMENT OF PSYCHIATRY GRAND ROUNDS NOTICE

WEDNESDAY, 1:00 - 2:30 PM, Lecture Hall 1, BSB

March 1 - 29, 2017

Target Audience:

Psychiatric physicians, residents, psychologists, nurse practitioners, social workers, occupational and recreational therapists, medical students, trainees and those who provide services to the mentally ill.

March 1, 2017

Presenter:

Jeremy Klopman, MD

4th Year Psychiatry Resident

SUNY Downstate Medical Center

(Disclosure: Dr. Klopman has no relevant financial disclosure)

Topic:

Moral Agency, Mental Health, and Society: Towards an Understanding of Free Will

Learning Objectives: 1. Gain a better understanding of how free will has historically been defined.

2. Learn about how the subject of free will has been explored within the social and biological sciences.

3. Learn about the degree to which free will and a belief in it relate to broader societal concerns.

Kirandeep Sandhu, MD

4th Year Psychiatry Resident

SUNY Downstate Medical Center

(Disclosure: Dr. Sandhu has no relevant financial disclosure)

Topic: ***Marijuana, Keeping Current***

Learning Objectives:

1. Brief history of cannabis.
2. A look at the legalization process and definitions of legal terms.
3. Current pathophysiology with regards to cannabis use and effects on neuronal circuits.

March 8, 2017

Presenter: **Robert Ackerman, MSW**

Private Practice

(Disclosure: Mr. Ackerman has no relevant financial disclosure)

Topic: ***OCD: Endless Varieties of Content with Underlying Structural Sameness --Designing Customized Treatment Utilizing Cognitive Behavioral Therapy as the Overarching Theory.***

(Lecture and film: "Jack Gets in the Door" - an actual session film of an OCD patient with OCD of a violent abhorrent nature will be shown and discussed.)

Learning Objectives:

1. The attendee will understand the highly specific Cognitive Behavioral theory and techniques of diagnosis and treatment of OCD to address emerging technologies and their integration into outpatient psychiatric care.

2. The attendee will know customized planning of treatment techniques and their application for the OCD patient based on the presenting content.
3. The attendee will know the relationship between structure and content in OCD .
4. The attendee will gain insights into the process of treatment and ongoing relief of suffering through the instillation of hope and development of self efficacy.
5. Attendees will receive a bibliography and resource suggestions for the benefit of their further leaning and help of their patients.

March 15, 2017

Presenter:

Suzi Tortora, Ed.D. BC-DMT, LCAT

Manager, Dance/Movement Therapy

Pediatrics - Memorial Sloan-Kettering Cancer Center

(Disclosure: Dr. Tortora has no relevant financial disclosure)

Topic:

Shall We Dance? Using Creative Arts Therapies to Promote Play, Social -Relatedness and Self-Expression in ASD

Learning Objectives:
supporting

1. Discover the important role the creative arts therapies can play in supporting children with ASD to communicate their unique feelings and perspectives about their experience and the world around them.
2. Learn how creative movement, dance, body awareness and relaxation activities can be used to support internal regulation, strengthen attachment relationships and build social skills for children with ASD.
3. Learn how to understand, communicate and work with difficult, obscure and hard to read nonverbal cues through an interactive nonverbal observation system based on dance/movement therapy principles and Laban nonverbal movement analysis.

(This presentation is commemorative of Creative Arts Therapy Week)

March 22, 2017

Presenter: **Dina Ghoneim, MD**

2nd Year Geriatric Psychiatry Fellow
SUNY Downstate Medical Center
(Dr. Ghoneim has no relevant financial disclosure)

Topic: ***Suicide in Older Adults: A Cultural Perspective***

Objectives:

1. Provide an overview of cultural and national differences in suicide.
2. Learn how culture can mediate suicide risk in older adults.
3. Possible Future Directions: Using culture in the assessment of suicide risk.
4. Possible preventive measures in high risk elderly.

Presenter: **Natasha Wallace, MD**

2nd Year Child Psychiatry Fellow
SUNY Downstate Medical Center
(Dr. Wallace has no relevant financial disclosure)

Topic: ***The impact of exercise on ADHD***

Objectives:

- 1) Discuss how exercise benefits cognitive functioning.
- 2) Highlight how exercise may be beneficial in ADHD.

March 29, 2017

Presenter: **Rashi Aggarwal, MD**
Associate Residency Training Director

Associate Professor, Department of Psychiatry
Rutgers New Jersey Medical School

(Dr. Aggarwal has no relevant financial disclosure)

Topic: ***Gender Based Glass Ceiling in Medicine***

- Objectives:**
- 1. Identify common challenges in the career paths of women in medicine.**
 - 2. Examine the role of implicit bias and the influence of gender on professional advancement.**
 - 3. Discuss strategies to employ in order to overcome professional challenges faced by women in healthcare.**

(This presentation is commemorative of Women's History Month)

Off Label Drugs Device Usage: None

Accreditation Statement:

The State University of New York (SUNY) Downstate Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation Statement:

SUNY Downstate Medical Center designates this live activity for a maximum of 1.5 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement:

SUNY Downstate Medical Center Office of CME (OCME) and its affiliates are committed to providing educational activities that are objective, balanced and as free of bias as possible. The OCME has established policies that will identify and resolve all conflicts of interest prior to this educational activity. All participating faculty are expected to disclose to the audience, verbally or in writing, any commercial relationships that might be perceived as a real or apparent conflict of interest related to the content of their presentations, and unlabeled/unapproved uses of drugs and devices. Detailed disclosures will be made verbally and/or in writing during the program.

ADA Statement:

Special Needs: In accordance with the American with Disabilities Act, SUNY Downstate Medical Center seeks to make this conference accessible to all. If you have a disability which might require special accommodations, please contact Barbara Singh at 718-270-1750 or email your needs to: barbara.singh@downstate.edu.

Psychiatry Grand Rounds Committee

Ramaswamy Viswanathan, MD, DMSc, Chair
Ellen J. Berkowitz, MD, Associate Chair
Jeremy Coplan, MD
Cathryn A. Galanter, MD
Michael F. Myers, MD
Michele Pato, MD

Department of Psychiatry Chair: Ayman Fanous, MD

Committee members and Chair have no disclosures.

Bernice Projesz, PhD
Sabina Singh, MD
Srinath Gopinath, MD
Samina Mirza, MD
Barbara Singh, Staff Assistant