









CALENDAR OF EVENTS

WEDNESDAY 5/6	THURSDAY 5/7	FRIDAY 5/8	MONDAY 5/11	TUESDAY 5/12
<p>10:00 AM – 11:30 AM OPENING CEREMONY</p>  <p>Welcoming Remarks CNO & Sr. Leadership Remarks PHAB HALL 450 Clarkson The Power of Nurses</p> <p>1:00 PM – 5:00 PM</p> <p>Nursing Network</p> <p>PHAB Hall 1 PM – 5 PM</p> <p>2:00 PM – 3:30 PM NURSING EXCELLENCE Employee Recognition Awards PHAB HALL (450 Clarkson)</p>  <p>GRAB N' GO</p>	<p>(TH) 1:00 PM – (F) 1:00 AM Pastoral/Spiritual Care Dept Presents: <u>Spiritual Wellness</u> <u>The Power of the "Well Nurse":</u> <u>Pause, Play, Plant, Paint &</u> <u>Replenish</u> Location: NS62 (Rooms A6-458 & A6-447)</p>  <p>Blessings of the Hands Throughout the Day</p> <p>1:00 PM – 2:00 PM Lunch N Learn Workshop "The Power of Nurses: "Caring for Others Starts with Caring for Ourselves," Facilitator: <i>Marjorie La Marque</i> DNP, FNP-C, MSN, RN</p>  <p>https://forms.gle/pYfF8752shjSo1t9</p>	<p>12:00 PM – 12:15 PM WEAR-UR-T-SHIRT PHOTO-OP Alumni Auditorium</p>  	<p>2:00 PM – 3:30 PM NURSING RESEARCH 17TH Annual Nursing Research & Evidence-Based Practice Oral Poster Presentations University Hospital at Downstate & College of Nursing</p>  <p>"The Power of Nursing Research" <i>Guest Speaker: Redetha</i> <i>Abrahams-Nichols, DNP,</i> <i>MPA, RN - UUP Chapter</i> President PHAB HALL 450 Clarkson</p> <p>GRAB N' GO</p> <p>Starts at 4:00 PM - Eve & Night Shifts Loads of Fun – Basket Delivery Nursing Week Celebration Evening/Nights Shifts</p>	<p>All Shifts TOKEN OF APPRECIATION Gift Distribution To Nursing Staff by Nursing Managers</p>  <p>NURSES WEEK SPIRIT WEEK Get ready to show your pride, energy, and creativity! Follow the Nurses Spirit Week Calendar and join in the daily themed activities. The nursing areas that demonstrate the MOST spirit all week long will win a 🍕 PIZZA PARTY for their unit!</p>

SUNY DOWNSTATE HEALTH SCIENCES UNIVERSITY

NURSES WEEK 2026

SPIRIT WEEK

THE UNIT THAT SHOWS THE MOST SPIRIT WILL
BE GRANTED A PIZZA PARTY

MAY 8TH -12TH

WEDNESDAY

UNLEASH YOUR SUPERPOWER

What's your favorite superhero? Wear something that will exemplify that hero.

FRIDAY

NURSING T-SHIRT DAY

This is a nurses week staple!
Wear your Nurses Week shirt and show your spirit!

THURSDAY

COLOR WARS

Choose your unit color, coordinate, and represent your TEAM!

MONDAY

CAP COUTURE

Show off your scrub caps or hats. Bring your personality

TUESDAY

SOCK IT TO 'EM

Go all out—wear your brightest, boldest, most hilarious socks and enjoy every step of it!

Your compassion, resilience, and dedication do not go unnoticed. You are the heartbeat of healthcare, and we are so grateful for everything you do. Let's make this a week to remember!

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2026

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NURSES WEEK 2026
SPIRIT WEEK