

THE EMPOWERED CAREGIVER SERIES BUILDING FOUNDATIONS OF CAREGIVING



Caring for someone living with dementia brings a unique set of challenges and rewards. With the right help and support, you can empower yourself to provide quality care while managing your own well-being.

Topics in the program include:

- ➔ The role of a caregiver and changes you may experience.
- ➔ Using a person-centered care approach.
- ➔ Building a support system.
- ➔ Managing a caregiver stress.

Hosted by:

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Wednesday, Nov. 19, 2025
11-11:45 a.m.



via Zoom



How to join:
To register, click [HERE](#).