The SUNY Downstate Health Sciences University
Buddy System

Volunteer to be a Buddy!

What is the Buddy System?

- This new initiative is part of New Employee Orientation (NEO) where existing employees are paired with new hires
- The Buddy assists in orienting new hires to SUNY Downstate and helping them navigate the system

What do Buddies do?

- Provide a warm welcome to the new employee
- Share work experience and something unique about Downstate Health Sciences University
- Offer ongoing guidance and support, and be available for questions as needed
- Assist new hires in acclimating to the “Downstate” culture
- Answer questions about processes and procedures, and providing general support

What are the expectations?

- This will not be a huge time commitment
- Buddies will be asked to touch base on an as needed basis over the new employees’ first 90 days
- The new employee and Buddy will each be provided a voucher to the cafeteria so they can enjoy coffee or a meal together

Do I need to meet any criteria to participate?

- You have been with the organization for at least one (1) year
- You are a strong performer who consistently achieves results and meets or exceeds expectations
- You have a good understanding of the organization
- You demonstrate patience, a teaching spirit, and a willingness to serve as a buddy
- You consistently model our core values

If you would like to be a Buddy or learn more information, please email us at HumanResources@Downstate.edu or use the QR code below:
The SUNY Downstate Health Sciences University
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We look forward to seeing you!