### AGENDA

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 a.m.</td>
<td>Check-in, networking, and plant-based breakfast - Atrium</td>
</tr>
</tbody>
</table>
| 9:30 a.m. | Welcome & Opening Remarks  
Elizabeth Helzner, PhD, MS, DipACLM                                                     |
| 9:40 a.m. | Honored Guest Michelle McMacken, MD                                                      |
| 9:50 a.m. | Evidence-Based Management of Diabetes by ACLM:  
Position Statements to Clinical Practice Guidelines  
Richard Rosenfeld, MD, MPH, MBA, DipABLM                                                  |
| 10:20 a.m. | Physical activity break/short meditation                                                 |
| 10:30 a.m. | KEYNOTE ADDRESS  
Beth Frates, MD, FACLM, DipABLM  
President, American College of Lifestyle Medicine                                         |
| 11:30 a.m. | Success story video: Mayor Eric Adams                                                    |
| 11:35 a.m. | Incorporating Lifestyle Medicine into Clinical Treatment of Diabetes  
Moderator: Richard M. Rosenfeld, MD. Panelists: Michelle McMacken, MD, Sandy Bassin, MD, speaker pending |
| 12:30-1:00 p.m. | LUNCH BREAK                                                                 |
| 1:00 p.m. | Collaboration Across Disciplines on Diabetes and Nutrition Management  
- NYC Mayor’s Office and NYC DOHMH  
- Plant Powered Metro NY  
- Brooklyn Health Disparities Center and Arthur Ashe Institute  
- Downstate Lifestyle Medicine Interest Group and DINE Clubs  
- American College of Lifestyle Medicine  
- Central Brooklyn Diabetes Task Force and Central Brooklyn Faith Leaders  
- Brownsville Community Culinary Center - Diabetes Wellness Program  
- Live Light Live Right  
- NYC Health + Hospitals Lifestyle Medicine Clinics/Default Patient Meals  
- Diabetes Educators |
| 2:05 p.m. | Success Story Video: Sergio Villavicencio                                               |
| 2:10 p.m. | The Importance of the Holistic Lifestyle Approach to Diabetes Care  
Moderator: Joanne Katz, DPT Panelists Lucille Hughes DNP, Melissa Lee MD, Krisann Polito-  
Moller NBC-HWC                                                                            |
| 3:00 p.m. | The Diabetes Landscape in Brooklyn, NY  
Maryann Banerji, MD                                                                        |
| 3:10 p.m. | NYC Plant-Forward Policy Approaches  
Rachel Atcheson                                                                             |
| 3:20 p.m. | Making it Happen: Approaches to Dietary and Lifestyle Change in Clinical and Community Settings  
Moderator: Aimee Afable, PhD. Panelists: Lianna Levine Reisner, MSOD Sarita Dhuper, MD, Maggie Veatch, MPH |
| 4:15 p.m. | CLOSING REMARKS                                                                           |