

## WellNYS Everyday Monthly Webinar **Create and Stick to a Budget**



**Wednesday, April 5, 2023**  
12:00 noon – 12:30 P.M.

A budget can take you from where you are,  
to where you want to be with your finances.

Join us as we share a monthly budget that assigns every dollar  
to a budget category which includes monthly bills, debt, savings,  
giving and an allowance for you. After it's created, we will share how  
to stick with it.

*Presented by:*

**Linda Carignan-Everts**  
EAP Wellness Coordinator

To register for this webinar

Go to <https://meetny.webex.com/weblink/register/rf8d130897facbbcbcd112e38410aabf>



You will receive a confirmation email with instructions for joining the session. This session will be recorded and made available on the WellNYS Everyday website.