I am a current fourth year medical student at SUNY Downstate College of Medicine and am applying for Internal Medicine with aspirations to become an interventional cardiologist. I am originally from California and finished my undergraduate degree at University of California, Berkeley.

I decided to matriculate into SUNY Downstate, as I wanted to learn medicine in an urban setting where I would be exposed to a wide variety of unique pathology. There were multiple other reasons, however, I believe this was the reason that ultimately swayed me towards heading to Brooklyn. I was definitely nervous about moving to New York as a Californian, however, I remember that at orientation, all of that went away.

Downstate has provided me with every opportunity to meet my goals as an aspiring physician. Academically, this place is like a trampoline, they get you where you want to go. From the very start of school, there are several avenues set up for students to find mentors and seek out research projects. Our Match statistics speak for themselves. In terms of student life, there are events set up weekly which are focused on well-being and de-stressing. There is always something to do. And hey, if you get tired of Brooklyn, Manhattan is only a short subway ride away.

As I begin the countdown to graduation, I believe coming to Downstate was one of the best decisions I ever made.

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