



DOWNSTATE
HEALTH SCIENCES UNIVERSITY

Parent & Family Program

Solo Flight: Ground Support

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STUDENT SUPPORT SERVICES

Office of
Student
Affairs

The Office of Student Affairs advocates for student success by providing a wide range of support services, and serves as a central source of information for all students.

Office of
Academic
Support

The Office of Academic Support helps students achieve their full academic potential in medical school. Towards this end, academic support staff offer programs on efficient and effective approaches to learning and test taking.

Student
Health
Center

The Student Health Center provides primary care for acute conditions, illnesses, and injuries; and also provides routine health clearances, immunizations and testing when needed.

Office of
Financial
Aid

Student
Counseling
Center

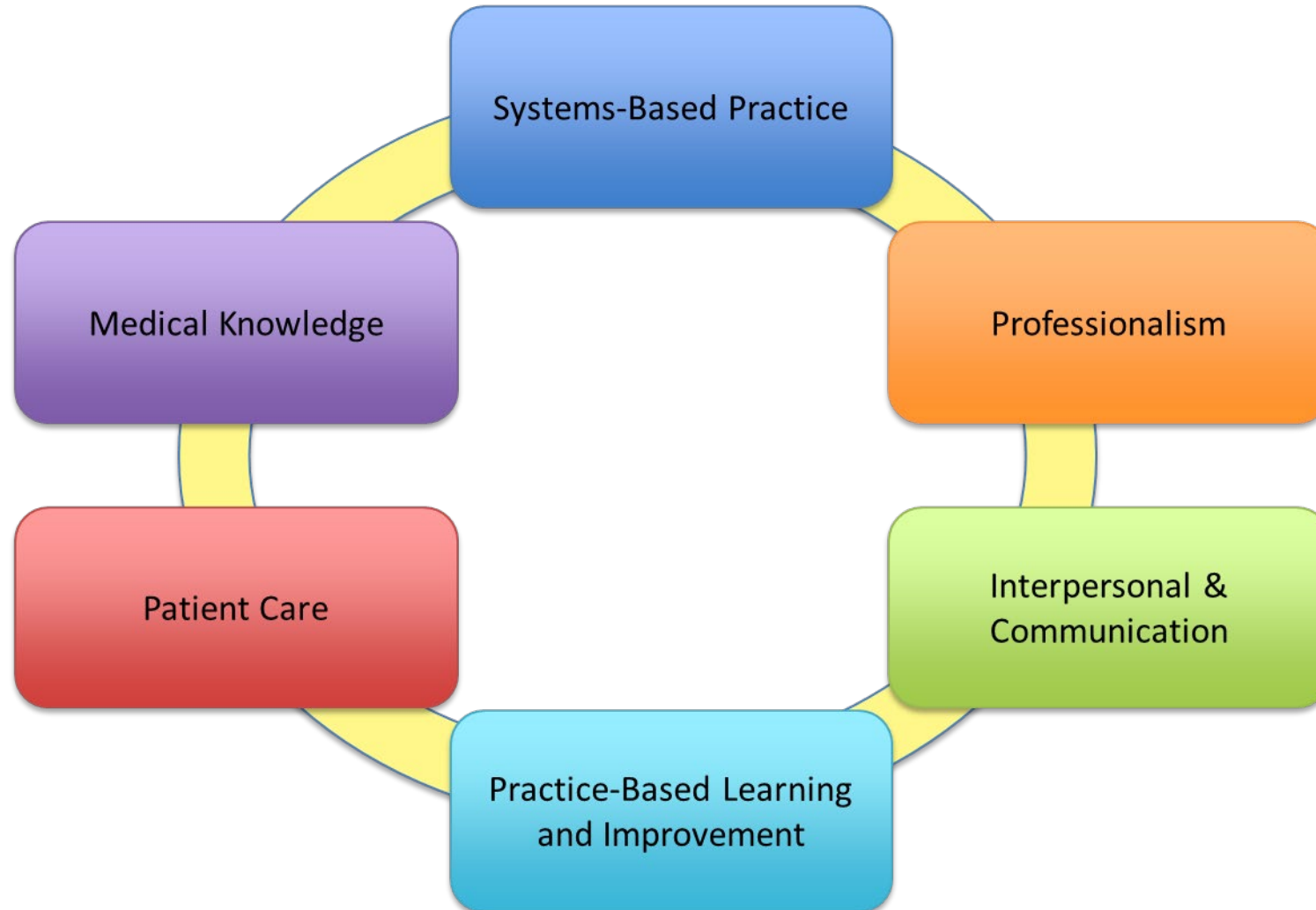
The Student Counseling Center provides confidential counseling and psychological services for all matriculated students.

Career
Advising
Program

The Career Advising Program is a centralized service available to all students. The office develops and manages the four-year calendar of events targeted for each phase of the student's career development.

The Office of Financial Aid provides financial information, education, debt management counseling, and access to funding for students in pursuit of their medical degree.

Integrated Pathways Curriculum



		Half I	Half II	Half I	Half II	Half I	Half II	Half I	Half II	Half I	Half II		
		Monday August 9		Tuesday August 10		Wednesday August 11		Thursday August 12		Friday August 13			
8:00	8:00 a.m.												
8:30	8:30 a.m.												
9:00	9:00 a.m.	001 Unit 1 Overview Quinn & Fox				111 Autonomic Nervous System Michelson		031 Ms. Alvarez PBL Session 2	PSDLT Half II	114 General Discussion; Orientation to POPS; Blanchi, et al.			
9:30	9:30 a.m.												
10:00	10:00 a.m.	002 Ms. Alvarez PBL Session 1	PSDLT Half II	119 Vitals are Vital Quinn		008 Regulation of the Cardiovascular System Michelson						016 Acute Regulation of Cardiovascular Function POPS	
10:30	10:30 a.m.												
11:00	11:00 a.m.			005 Principles of Circulation Wong		E00 pt 1 ExamSoft practice							
11:30	11:30 a.m.					E00 pt 2 ExamSoft practice							
12:00	12:00 p.m.												
12:30	12:30 p.m.							221 Circulation In Specific Organs Perkins		PSDLT			
13:00	1:00 p.m.	003 Introduction to the Medical Encounter Ovltsh		007 Cardiac Function Michelson		104 Autonomic signaling Michelson		PSDLT Half I	031 Ms. Alvarez PBL Session 2				
13:30	1:30 p.m.												
14:00	2:00 p.m.	PSDLT Half I	002 Ms. Alvarez PBL Session 1	006 Vital Signs HALF I		009 The Cardiac Exam HALF I							
14:30	2:30 p.m.												
15:00	3:00 p.m.												
15:30	3:30 p.m.												
16:00	4:00 p.m.												
16:30	4:30 p.m.												
17:00	5:00 p.m.												
Hour count (inc. asynchs @ ½ hr) Half I = 23 Half II = 23													
Independent Learning				077 Money Matters 1				222 Signal Transduction		236 Biostats 1			

Week 1

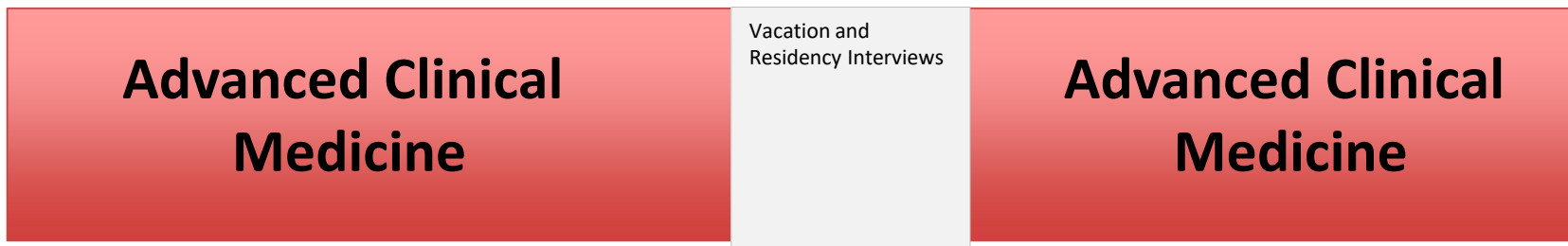
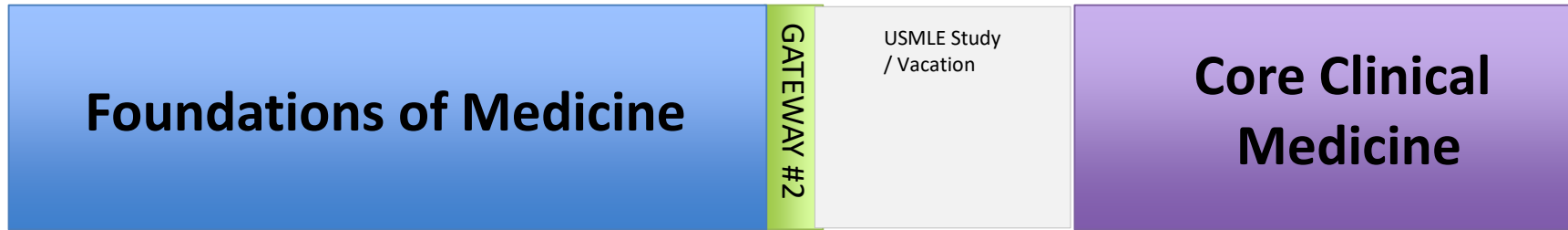
Weekly Formative Assessments



Reflection, Integration & Assessment week.

2014	Monday September 29	Tuesday September 30	Wednesday October 1	Thursday October 2	Friday October 3
9:00 9:00 a.m.	Clinical Skills OSCE	Study Day			
9:30 9:30 a.m.					
10:00 10:00 a.m.				MK Essay Exams	NBME Exam
10:30 10:30 a.m.					
11:00 11:00 a.m.			Practical Exams GA & Histo		
11:30 11:30 a.m.					
12:00 12:00 p.m.					
12:30 12:30 p.m.					
13:00 1:00 p.m.				CS Essay Exams	Unit Exam
13:30 1:30 p.m.					
14:00 2:00 p.m.					Clinical Skills MCQ Exam
14:30 2:30 p.m.					
15:00 3:00 p.m.					
15:30 3:30 p.m.					
16:00 4:00 p.m.					
16:30 4:30 p.m.					
Independent Learning					

Integrated Pathways Curriculum



Phases of the Curriculum

PHASE 1 – Foundations of Medicine

Throughout this 18-month phase of the curriculum, students develop the foundational understanding and skills necessary to begin to care for patients on clerkships. Students begin to form their professional identity from day one as they learn clinical skills, foundational medical knowledge, and the skills needed to develop into lifelong learners.

PHASE 2 – Core Clinical Medicine

Paired clerkships during the 12 months of Core Clinical Medicine enhance interdisciplinary teaching across clerkships and support integration of relevant basic science knowledge.

PHASE 3 – Advanced Clinical Medicine

The 14 months of Advanced Clinical Medicine is designed to prepare students for post-graduate training and lifelong learning. Students are required to learn to care for complicated and/or unstable patients as well deepen their understanding of research.

Gateways 1, 2, and 3

The Gateways are evaluation points located at the following points of the curriculum; before the second year of the Foundations of Medicine curriculum, before entering the Core Clinical phase, and before the Advanced Clinical phase. These are points in the curriculum at which students reflect on their mastery of the competencies and the faculty certify that the students meet expectations in the competencies.

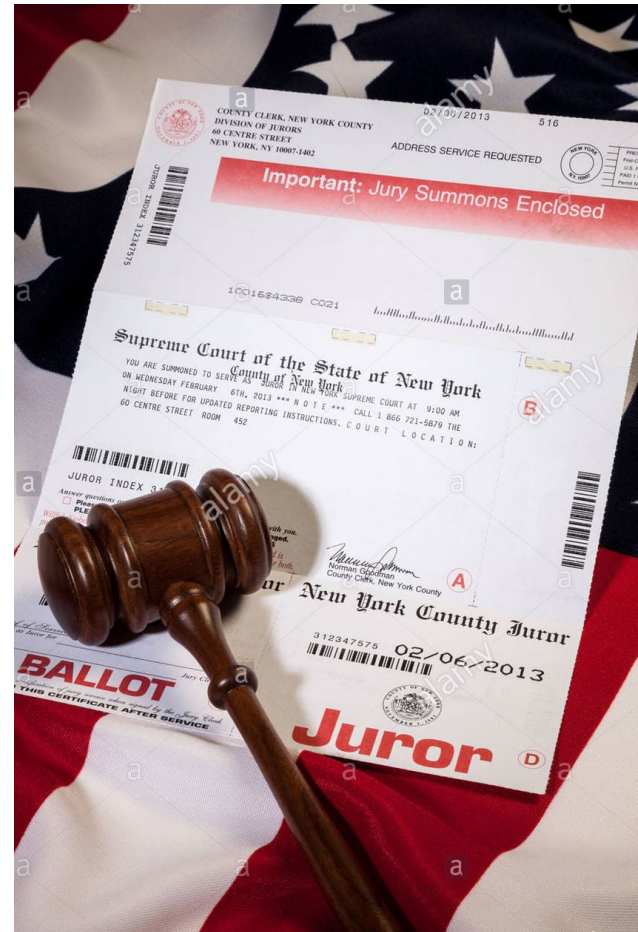
Other Issues



- Campus Safety
- Social Media Guidelines
- Absences
 - Religious Holidays
 - Other Absences
 - Remember to communicate!
- Students Needing Accommodations
- Student Health Insurance
- Drug Testing for Clinical Sites
 - A special note about Marijuana

Other Issues

- Jury Duty – VERY IMPORTANT





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COVID-19

- Facemask Policy
- Eating
- Absences
- Vaccination/Testing Policy
- Travel & Other Restrictions

Monkeypox

- We are following the global monkeypox outbreak
- If students believe they have been exposed, they should avoid close contact with others and watch closely for any symptoms.
- Contact Student Health

What we tell your students...
... and we mean it!

Do not suffer in silence. **Ask for help!**

- exercise personal initiative — take responsibility for yourself — ask questions!
- use common sense
- there is nothing wrong with asking for help

White Coat Ceremony

Friday, September 16, 2022

1:30pm or 3:30pm



Career Advising

A centralized service available to all students.

The office develops and manages the four-year calendar of events targeted for each phase of the student's career development.

Revamped to consist of 4 advising tiers.

Expanded class programs including alternative/non-traditional careers.

Expanded departmental services.

Support for remote residency interview process.

On-line calendar of events.

The 4 Career Advising Tiers



The 4 Career Advising Tiers

1. Early Career Advisors

- Career Advisors meet with their M1 and M2 advisees twice per academic year (or more) to discuss the student's career goals, possible specialty interests, guidance for research or clinical programs for summer between first and second year and overall well-being.

2. Clinical Advisory Deans

- At the start of the Core Clerkship Year, students are assigned to one of 14 clinical advisory deans to be their primary career advisor over the next 16 months through residency process and graduation.
- Assist with selection of Senior Schedule, Clinical Electives, writing of MSPE.

The 4 Career Advising Tiers

3. **Specialty Advisors**

- These faculty members offer guidance specific to their specialty and provide recommendations on how best to enhance the prospects for matching in the chosen field. List by department available on Career Advising Website.

4. **Clinical Department Chairs**

- The clinical chairs of each department have made a commitment supporting medical students applying to their specialty.
- Meet with students for Chair letters of recommendation, advisement for residency program selection and personal statement review.
- Appointments can be made for M1 and M2 students to meet Chairs regarding their career interests.

Solo Flight: Ground Support

Where to find information

Our Web Site: <http://www.downstate.edu>

Social Networking



@SUNYDownstate
@DownstateSLS

/DownstateHealthSciencesUniversity
/DownstateSLS

@SUNY.Downstate
@DownstateSLS

Statistics for the Entering Class of 2026

- State Residency

- New York State: 174 (87%)
- Out of State: 25 (13%)

- New York State

- New York City: 111 (55.8%): Brooklyn (36), Queens (39), Manhattan (25), Staten Island (4), The Bronx (7)
- Long Island: 36 (18.1%): Nassau (21), Suffolk (15)
- Westchester: 9 (4.5%); Monroe 6 (3%); Rockland 4 (2%); Dutchess 2 (1%); Hudson; Orange; Putnam; Rensselaer; Saratoga; Schenectady



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- A map of the United States showing state boundaries, major cities, and surrounding bodies of water. The map includes labels for Canada, Mexico, and various oceans and seas. An inset map shows Alaska and Hawaii.
- States and Territories:** WA, OR, CA, NV, UT, AZ, NM, MT, ND, SD, NE, KS, OK, TX, CO, WY, ID, MT, MN, WI, MI, IL, IN, OH, PA, NY, NJ, DE, MD, VA, NC, SC, GA, FL, AL, MS, AR, LA, HI, AK.
- Major Cities:** Seattle, San Francisco, Los Angeles, San Diego, Dallas, San Antonio, Houston, New Orleans, Miami, Atlanta, Memphis, St. Louis, Chicago, Detroit, Minneapolis, Philadelphia, New York, Boston, Washington D.C., Honolulu.
- Surrounding Bodies of Water:** North Pacific Ocean, North Atlantic Ocean, Gulf of Mexico, Caribbean Sea.
- Neighboring Countries:** Canada, Mexico.
- Islands:** Cuba, Jamaica.

Statistics for the Entering Class of 2026

Year Entering	Age Range	Mean Age
2011	21-36	23.21
2012	21-39	23.60
2013	21-35	23.29
2014	20-45	23.57
2015	21-36	23.20
2016	21-33	23.80
2017	20-40	23.69
2018	20-34	23.70
2019	21-49	24.06
2020	21-38	24.00
2021	21-39	24.00
2022	21-36	24.00

Statistics for the Entering Class of 2026

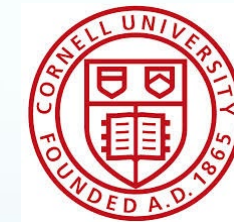
- Undergraduate Colleges Represented in the Class: 74

- Top Feeder Institutions

- SUNY Stony Brook 24 (12%)
- CUNY Brooklyn College* 17 (8.5%)

* Includes students from BA/MD

- CUNY Hunter College 15 (7.5%)
- New York University 14 (7%)
- Cornell University 11 (5.5%)
- SUNY Binghamton Univ 7 (3.5%)
- University at Albany, SUNY 5 (2.5%)
- University of Florida 5 (2.5%)
- Columbia University 5 (2.5%)
 - Columbia College 4
 - Barnard College 1



Statistics for the Entering Class of 2026

Some Other Colleges



- State University of New York (41): including Stony Brook (24), Binghamton (7), Albany (5), University at Buffalo (3), Cortland, New Paltz

- City University of New York (45): including Brooklyn College (17), Hunter (15), Queens (3), City (3), Lehman (2), City Tech, Staten Island, York, John Jay, Baruch



- Fordham, UPenn (4)
- Univ at Buffalo, Queens College, City College, Johns Hopkins, Northeastern, UCLA (3)
- CUNY Lehman, Adelphia, Amherst, Boston College, Boston University, Brown, Emory, George Washington, Hofstra, Tufts, Univ of Pittsburgh, Univ of Richmond, Univ. of Rochester, Vanderbilt (2)

Statistics for the Entering Class of 2026



MCAT	mean	Percentile
Chemical & Physical	128	82
Critical Analysis	127	75
Biological & Biochemical	128	82
Psychological & Social	129	82

Statistics for the Entering Class of 2026

Grade Point Average	mean
BCPM (science GPA)	3.7
Non Science GPA	3.8
Cumulative Average	3.7



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Questions?





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Thank You!

