

HEALTH & WELLNESS IN THE AGE OF COVID:

A CALL TO ACTION FOR HIGHER EDUCATION

Please join us for an Inaugural Webinar, as we examine the benefits of practicing and promoting wellness and lifestyle medicine for the sustainability of SUNY students, staff, faculty and community, especially when external challenges, like COVID-19, have a disproportionate impact on people of color, and individuals with chronic, underlying disease.

[Find out more](#)



Thursday
April 15, 2021
3:00 to 5:00pm

[Register Here](#)



WELCOME REMARKS

Jim Malatras
SUNY Chancellor



EMCEE

Richard Rosenfeld, MD, MPH, MBA
Distinguished Professor, Chairman of Otolaryngology,
SUNY Downstate Health Sciences University
Vice Chairman, SUNY Distinguished Academy Board



KEYNOTE SPEAKER

T. Colin Campbell, PhD
Jacob Gould Schurman Professor Emeritus, Division of
Nutritional Sciences, College of Human Ecology, Cornell University
The Future of Nutrition with Implications for Higher Education



INTRODUCTORY REMARKS

Wayne Riley, MD, MPH, MBA, MACP
President, SUNY Downstate Health Sciences University,
Chairman of the Board of Trustees, New York Academy of Medicine

DISTINGUISHED FACULTY PRESENTERS



Sharon Brangman, MD, FACP, AGSF
Distinguished Academy Service Professor Chair, Department of Geriatrics,
Director Upstate Center of Excellence for Alzheimer's Disease,
Director of the Nappi Longevity Institute, SUNY Upstate Medical University
How Diet and Exercise can Impact the Alzheimer's Epidemic



Susan Benigas, Executive Director, American College of Lifestyle Medicine
Lifestyle Medicine, COVID-19, and Higher Education: A Call to Action

SUNY STUDENT PANEL

Promoting Wellness in SUNY and the Community

moderated by Richard Rosenfeld



Ayanna Besson
Downstate School of Public Health and
Lifestyle Medicine Interest Group



Gabrielle Estevez-Inoa
Downstate College of Medicine & Initiative
for Nutritional Empowerment



Jigar Govind
Downstate College of Medicine,
Central Brooklyn Food as Medicine Initiative



Lora Stoianova
Downstate College of Medicine and
Lifestyle Medicine Interest Group

