

# OCCUPATIONAL THERAPY IN THE PRISON SYSTEM



## ASSESSMENTS

- OCCUPATIONAL PROFILE
- ALLEN COGNITIVE LEVEL SCREEN (ACLS)
- ADOLESCENT/ADULT SENSORY PROFILE
- ADVERSE CHILDHOOD EXPERIENCES (ACE) QUESTIONNAIRE



## WHAT TO CONSIDER WHEN TREATING CLIENTS IN THE PRISON SYSTEM

- TRAUMA, MENTAL ILLNESS, SUBSTANCE USE, SENSORY PROCESSING, CO-OCCURRING MEDICAL PROBLEMS, INADEQUATE SOCIAL SUPPORTS, POVERTY, HOMELESSNESS, AND ASSOCIATED RE-ENTRY FEARS
- LONG-TERM FOLLOW-UPS ARE NEEDED
- CHALLENGES OUT OF AN OT AND CLIENTS' CONTROL WHEN WORKING WITH THIS POPULATION, E.G. MATERIALS, RESOURCES, DOCUMENTATION
- CLIENTS THEMSELVES BEING REMOVED FROM PROGRAM SUDDENLY
- BURNOUT FOR OTS IN THIS FIELD



## INTERVENTIONS FOR WELLNESS

- CAREER DEVELOPMENT
- MENTAL HEALTH
  - IDENTIFYING NEGATIVE PATTERNS OF THINKING AND BEHAVIOR AND REPLACING THEM WITH MORE DESIRABLE/FAVORABLE PATTERNS
- FINANCE MANAGEMENT
  - EDUCATION ABOUT OPENING/MANAGING A BANK ACCOUNT, CREDIT AND INSURANCE, ETC.
- SOCIAL INTERACTION/PARTICIPATION
- LEISURE
  - ENGAGING IN MEANINGFUL ACTIVITIES SUCH AS, TAKING A COOKING CLASS, MAKING MUSIC OR ART, BUILDING THINGS FROM SCRATCH, ETC.
- EXPLORING RELIGIONS AND SPIRITUALITY
- EDUCATION