Occupational Therapy in the Prison System

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44% of released inmates are rearrested within the first year. 77% are rearrested within 5 years

-Lack of education -Fear of reintegration -Decreased social, emotional, vocational, technological skills -Feelings of helplessness/not being able to succeed



YOUR ROLE

-Address concerns -Asisist with technology -Provide information packets -Improve social/emotional skills through role playing and 1:1 -Create a safe space



GOAL

Reduce rates of recidivism -Prepare inmates for reintegration into their community -Help improve their mental health



"A lot of times being incarcerated, people just don't know how much benefit it is whenever there's outside people who come in and help. Personally, it just gives me hope for when I do re-enter society that there are still folks like that"



