## NAMI Walk Saturday, May 9 South Street Seaport

Remember to wear your team t-shirt and comfortable walking shoes.

Don't forget to wear sunscreen too!

Bring any donations collected.

If you collect \$100 by the walk day, you will also receive a NAMI t-shirt.

Check-in begins at 9:00 AM. Please be there by 9:45 AM. Walk begins at 10:00 AM.

NAMI will have designated team areas.

Look for us at the St. Luke's-Roosevelt area.

**Team Captains:**