

## Registration Form

### FULL PROGRAM REGISTRATION FEES *(check applicable category)*

- ☐ **Early Bird:** postmarked by March 22, 2000 • \$60.00
- ☐ **Regular & On-Site Registration:** after March 22, 2000 • \$75.00
- ☐ **Groups:** (3 or more people from same organization) • \$50.00 each group registrations must be received together and be postmarked by March 22, 2000
- ☐ **Clinical Preceptors of SUNY Downstate Midwifery Students:** postmarked by March 22, 2000 • Complimentary
- ☐ **Students & Faculty from SUNY Downstate:** (midwifery, nurse practitioner & physician assistant) • Complimentary

### ALL OTHER STUDENTS

- ☐ **early bird:** postmarked by March 22, 2000 • \$50.00
- ☐ **regular & on-site registration:** after March 22, 2000 • \$65.00

### HOME STUDY (AVAILABLE BY APPROXIMATELY JUNE, 2000)

- ☐ **early bird:** postmarked by March 22, 2000 • \$60.00
- ☐ **regular registration:** after March 22, 2000 • \$75.00

### METHOD OF PAYMENT

Check made payable to SUNY Downstate Midwifery Education Program

Print & mail to  
SUNY Downstate Medical Center  
Midwifery Education Program  
450 Clarkson Ave., Box 1227  
Brooklyn, NY 11203

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Profession: \_\_\_\_\_ License #: \_\_\_\_\_ State: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ Apt: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Institutional Affiliation: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail address: \_\_\_\_\_

### Registration & Cancellation Policy

Payment must accompany registration. Registration includes admission to all sessions, exhibits, refreshment breaks, breakfast, lunch, and conference materials. Written cancellations postmarked prior to March 22, 2000 will receive a refund less a \$25 processing fee. Any cancellation after March 22, 2000 is non-refundable.

cut along this line



**SUNY  
DOWNSTATE**  
Medical Center  
College of Health Related Professions  
Midwifery Education Program  
450 Clarkson Avenue, Box 1227  
Brooklyn, NY 11203

# THE NEW SCIENCE OF ESTROGEN

Helping Women Make  
an Informed Choice

**Saturday  
April 8, 2000**

Education Building  
395 Lenox Road  
Alumni Auditorium  
Brooklyn, NY

**Home  
Study  
Option  
Available**

First Class Presort  
U.S. Postage Paid  
**Paid**  
Permit # 1031  
Brooklyn, NY

Sponsored by the  
midwifery education  
program through  
an unrestricted  
Educational Grant from  
Wyeth Women's Healthcare.



## OVERVIEW & OBJECTIVES

This conference is designed for midwives, nurse practitioners, physician assistants, students of the respective professions, and other professionals involved in the health care of women.

The program is designed to provide the practitioner with a thought-provoking look at women's health care during the perimenopause and the menopause with an emphasis on the "New Science of Estrogen". Clinical controversies surrounding hormone replacement therapy and estrogen replacement therapy will be discussed with a focus on assisting women with evidence-based decision making during this transition in their lives.

The conference will enable practitioners to:

- summarize the menopause and life expectancy.
- describe the role of estrogen in reducing a woman's risk of heart disease, osteoporosis, and cognitive disorders.
- describe the role of estrogen in breast and uterine cancers.
- describe and analyze complimentary therapies for the menopausal woman.
- demonstrate familiarity with the evidence based approach to the care of women during the menopausal transition.

## GETTING THERE

SUNY Brooklyn is easily accessible.

**B** By bus – B-12, B-44

**S** By subway – IRT Flatbush bound #2, Lexington Ave. #5 which are a few blocks from the institution (exit at WINTHROP STREET Station).

**P** Parking – available at 354 Clarkson Avenue (off New York Avenue) and at 135 East 35th Street.

For more information please call  
(718) 270-7754 or (718) 270-7759

## HOME STUDY

This program will be available as a home study with video tapes, course syllabus, and post test. The post test must be completed with a grade of 75% or better and returned to the midwifery education program for the granting of CEUs. CEUs for the home study will be available for an extended period of time as determined by the granting organization.

## CONFERENCE PROGRAM

|               |  |
|---------------|--|
| 8:00-8:30am   | <b>Registration/Continental Breakfast</b>  |
| 8:30-9:00am   | <b>Introduction-Program Focus and Purpose</b><br>MARY ANNE LAFFIN, CNM <ul style="list-style-type: none"><li>• The Onset of Menopause and Life Expectancy</li><li>• Variations in Severity of Symptoms</li><li>• Current Use of Hormone Replacement Therapy Preparations, Dosages, and Potency</li></ul>   |
| 9:00-9:15am   | <b>Q&amp;A</b>   |
| 9:15-10:15am  | <b>Estrogen Therapy &amp; Reducing a Women's Risk of Heart Disease</b><br>MICHELLE BATTISTINI, M.D. <ul style="list-style-type: none"><li>• Mortality Rates in Women due to Heart Disease and Stroke</li><li>• A Review of the Literature: HRT&amp; Coronary Artery Disease</li><li>• The HERS Trial • HRT-ERT Algorithm for Success • Conclusions</li></ul>                                       |
| 10:15-10:30am | <b>Q&amp;A</b>   |
| 10:30-10:45am | <b>Break</b>   |
| 10:45-11:45am | <b>Risks and Benefits Associated with Hormone Therapy</b><br>LILA E. NACHTIGAL, M.D. <ul style="list-style-type: none"><li>• Addressing Breast and Uterine Cancer Concerns</li><li>• Realities and Myths</li><li>• Cognitive Disorders &amp; Memory Function</li><li>• Macular Degeneration/Colon Cancer</li><li>• To Bleed or not to Bleed?<br/>-Continuous Combined vs. Phasic Therapy</li></ul> |
| 11:45-12:00pm | <b>Q&amp;A</b>   |
| 12:00-1:00pm  | <b>Lunch</b>   |
| 1:00-2:00pm   | <b>Complimentary Therapy: What do we know?</b><br>ISIS MEDINA, DC, C.C.N. <ul style="list-style-type: none"><li>• Isoflavones/Soy • Herbs and Natural Therapies</li><li>• SERMS • Diet • Exercise</li></ul>  |
| 2:00-2:15pm   | <b>Q&amp;A</b>   |
| 2:15-3:15pm   | <b>Prevention and Treatment of Osteoporosis</b><br>Frances Batzer, M.D.<br>Review of Impact on Hip, Spine, Wrist and Teeth <ul style="list-style-type: none"><li>• Hormone Replacement Therapy • Biphosphonates</li><li>• Selective Estrogen Receptor Modulators(SERMs)</li></ul>  |
| 3:15-3:30pm   | <b>Q&amp;A</b>   |
| 3:30-4:00pm   | <b>Initial Evaluation of the Perimenopausal Woman</b><br>Mary Anne Laffin, CNM   |
| 4:00-4:30pm   | <b>Panel Q&amp;A/Close</b>   |

## CONFERENCE FACULTY

**Michelle Battistini, MD**  
Professor of OB/GYN  
*University of Pennsylvania*

**Frances Batzer, MD**  
Director of the Women's Institute for Fertility,  
Endocrinology, and Menopause  
*Thomas Jefferson University*

**Mary Anne Laffin, CNM**  
Director of Midwifery Services  
Queens /Long Island Medical Group  
*North Shore University Hospital at Plainview*

**Isis Medina, DC, CCN**  
Diplomate of American Chiropractic Board of Nutrition,  
Associate Director, Gramercy Health Associates,  
Professor of Post Graduate Division at the  
New York College of Chiropractic

**Lila Nachtigal, MD**  
Professor of OB/GYN  
*New York University School of Medicine*

## ACCREDITATION

- 0.6 continuing education units (6 contact hours) applied for from:
- The American College of Nurse Midwives
  - The National Association of Nurse Practitioners in Women's Health
  - The American Academy of Physician Assistants

## PLANNING COMMITTEE

**Aleida Llanes-Oberstein, CNM, MS**  
Continuing Education Coordinator

**Grace Holmes, CNM, MS**  
Assistant Professor

**Lily Hsia, CNM, MS, CPNP, FACNM**  
Chairperson - Midwifery Education

**Mary Johnson, CNM, MS**  
Clinical Instructor