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Racial Distribution of Endoscopic Volume in Children Before and After the COVID Pandemic

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Background

Endoscopy is essential for diagnosis and management of gastrointestinal (GI) disorders. In children, the most frequently utilized endoscopies include esophagogastroduodenoscopy (EGD) and colonoscopy. Objective

We seek to assess if variation exists in the distribution of endoscopic evaluation by race prior to the COVID pandemic (2018-2019) and after the pandemic (2022-2023).

Design/Methods

We used TriNetX, a database with electronic medical records from >100 million patients across >80 healthcare organizations worldwide, to identify endoscopic evaluation volume among patients age \leq 18 years from 2018 to 2019 and from 2022 to 2023. The EGD and colonoscopy groups identified patients who were age \leq 18 years within these timeframes and at the time of the respective procedure. We utilized z statistics to determine statistical significance of population proportions.

Results

Among pre-pandemic data, while 50% of the general pediatric population (GPP) was White, this group made up 74% of the EGDs and 74% of the colonoscopies performed. Among other racial groups with significant differences, there was a decrease in the number of procedures performed.

Among post-pandemic data, White and American Indian or Alaska Native (AIAN) populations illustrated significant increases in EGDs; all other races demonstrated significant decreases. The White population demonstrated a significant increase in colonoscopies. All other groups with significant differences demonstrated decreases.

Conclusions

The overall increase in post-pandemic procedures may reflect "catch-up" procedures not performed during the pandemic or an increase in post-viral GI symptoms that led to increased procedures.

Also, the White population represented most procedures performed despite representing half of the GPP. We demonstrate a need for further investigation to identify underlying factors that contribute to such disparities and for the development of interventions to ensure equitable access to care.