B35

Sabina Kubayeva B.A

Co-author(s):

Advisor(s): Lina Jandorf M.A

Development of an Advanced Care Planning Pilot Module for New York City Community Members

Advanced care planning (ACP) is the process of planning for future medical decisions in the event that an individual is unable to do so independently. This process includes completing advanced directives (AD), legal documents that detail patients' medical and financial wishes. The lack of knowledge around ACP and AD was identified as a community-need by the Tisch Cancer Institute Community Outreach and Engagement (COE) Department at Mount Sinai. In response, we developed a community-based educational module to address this gap in knowledge. Curriculum development was guided by an in-depth literature review and collaboration with an interdisciplinary team of health educators, social workers, and palliative care experts. The workshop comprised three elements: a 30-minute slideshow presentation, a 2-page glossary and resource handout, and a healthcare proxy AD form. It was presented at five community organizations (n=50) selected based on existing relationships with the COE program. The presentation addressed the importance of ACP and ADs, debunked myths, and included interactive questions and reflective exercises to engage participants. To evaluate the workshop's impact, acceptability, and gather feedback, we used a previously validated, standardized survey tool that included a 5-point Likert scale and two open-ended questions. Pilot results suggest that our novel ACP workshop is effective in enhancing participants' understanding and self-efficacy in ACP.