



DOWNSTATE
HEALTH SCIENCES UNIVERSITY

GME Wellness and Counseling is pursuing a \$5K grant from the Intealth Foundation to expand Wellness programs. While the grant focuses on the needs of IMG/J1 visa holders, expanding Wellness programs will benefit all Downstate Residents.

Take the Survey!



Residents Work Hard, We Get It. Help us keep you on your feet!

Take 5 minutes on your phone or laptop, to tell us what you want and need to have a healthy work life.

A completed survey by 12/16/24 earns you a chance to win:

- A Breakfast gift card at Dunkin or Texas on Clarkson Avenue *and*
- A Pair of Bombas Socks in your size and color.

Scan or visit:

<https://tinyurl.com/mw2nnvdz>

Enter to Win Breakfast & Bombas Socks by 12/16/24

Want to know more about Wellness, Counseling or this survey?

Please visit:

<https://tinyurl.com/pu34fpks>