

“ **Stand Together Against COVID: A Resident Support Group.** ”

A virtual safe space designed for residents.

Come together to share your experiences and feelings in these difficult times.

Use the Zoom meeting id: 190547715

Please join us:

Monday: 6:00-6:30 pm

Tuesday: 6:00-6:30 pm

Wednesday: 6:00-6:30 pm

Thursday: 4:00-4:30 pm

Friday: 6:00-6:30 pm

Saturday: 5:30-6:00pm

Sunday: 7:00-7:30

For more wellness resources, please visit the SUNY Downstate wellness website:

<https://www.downstate.edu/gme/wellness/resources.html>

For more information about the groups, please reach out to:
muniza.majoka@downstate.edu or piali.samanta@downstate.edu