

## **Helping Healers Heal**

During the COVID-19 crisis, wellness rooms are open to all staff for respite from the stress of work and life.

Monday-Friday, 10:00 AM - 4:00 PM R Building, room 2118 C Building, room 5130

To keep our staff, patients, and families safe, we are practicing social distancing and only allowing four individuals into the wellness rooms at a time.

