



For NYC Health + Hospitals House Staff

If you would like to speak with a Behavioral Health clinician Monday-Friday 9am-5pm, call the System-Wide Emotional Staff Support Hotline at **646-815-4150**.

An NYC H+H house staff member seeking treatment may contact John Cancel at the Office of Behavioral Health during business hours - Monday – Friday 8am-4pm at **212-788-3458** or john.cancel@nychhc.org for assistance with scheduling an appointment with a provider at one of our NYC H+H facilities.

Other referral resources:

Emblem Health: GHI/Emblem Health Insurance - access to providers covered by your plan, including psychologists & psychiatrists:

- <https://www.emblemhealth.com/live-well/plan-benefits/mental-health-and-substance-use>
- <https://www.emblemhealth.com/providers/clinical-corner/behavioral-health/behavioral-health-and-substance-use>

MetroPlus: Please call Beacon Health Options at **1-855-371-9228** for assistance in finding a mental health professional.

<https://www.metroplus.org/member/health-information/mental-health>

Committee of Interns and Residents (CIR) - legal, dental, optical, prescription coverage, conference reimbursement and more benefits: www.cirseiu.org | Phone: **212-356-8195** | Benefits Funds: **212-356-8180**

NYC Employee Assistance Program - Provides services to NYC employees and their family members. Generally, an EAP provides education, information, counseling and individualized referrals to assist with a wide range of personal and social problems.

Monday – Friday 8a-7p

Phone: **212-306-7660** | Website:

<https://www1.nyc.gov/site/olr/eap/eaphome.page>

For challenges with billing – please contact the customer service number 1-844-NYC-4NYC

