



DOWNSTATE
HEALTH SCIENCES UNIVERSITY

Whether you're an Intern,
Resident or Fellow, GME
Counseling is your
go-to safe space for **Free,**
Confidential conversation
with a skilled therapist.



Scan the above QR code or visit:
<https://tinyurl.com/bdfuvdb5>
to schedule an initial chat.

Once on our website you can
find a day and time convenient
for you, weekends included.

**Whether it's anxiety or
depression, response to a
traumatic patient encounter,
or a family or relationship
matter, let's talk.**

PLEASE NOTE

*Privacy is assured as all sessions
are virtual and there is no
administrative oversight to any of
our conversations.*

Feeling Stressed? Let's Have a Conversation.

If tasks are too many, time too crunched,
sleep too short; if work-life balance feels like a
dream—GME Counseling is here to listen.



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