

THE BUZZ

Residency Coordinators' Forum Newsletter



'Tis the season of hope, joy, and opportunities. Another season approaches and we are granted the opportunity to spend it with our families and friends. A new year is around the corner that gives light to the “new”. New experiences, expectations and opportunities, new desires, resolutions, and accomplishments that we are all eager to begin. We have found our stride, and set our pace with no intention of looking back; but before you push forward to the next adventure, take a few moments to recognize and appreciate what we have done in 2022.

The RPCF is on FIRE!!!, a successfully planned and executed Education Retreat, Health Fair that encouraged and changed many lives, establishing a TAGME study group that resulted in multiple successes, volunteering, and making our voices known throughout the Institution. Our group has a mind to work and has proven that individual performance can be elevated through the elevation of the entire system. At this point, we can only move forward because the best is yet to come.

One of the real joys of the Holiday Season is the opportunity to say "THANK YOU to everyone" and we wish you the very best for the New Year!

Editors:

Devareco Wilkie & Chelsea Cole

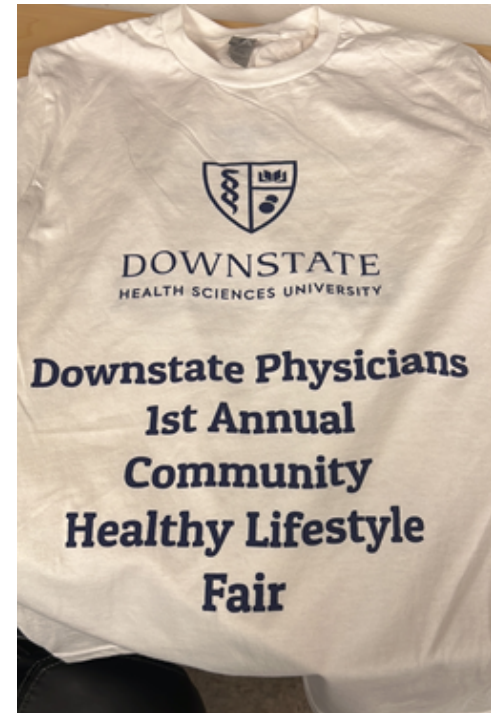
RPCF POTLUCK AND HOLIDAY GET TOGETHER



Happy Holidays!



HEALTH FAIR



Downstate Physicians present the 1st Annual Community Healthy Lifestyle Fair
Sunday, September 25, 2022

GIVEAWAYS and ACTIVITIES

- FREE Bookbags
- School Supplies
- Bouncy House
- Game Truck
- Clown Show
- Face Painting
- Rock Climbing
- Kid's Slide
- DJ
- 360 Camera
- Workshops
- ...AND MORE!

445 Lenox Road (at Brooklyn Ave.)
10:00 am to 4:00 pm
Transportation: B12, B35, B41, B44, 2 and 5 trains

Healthy Lifestyle Medicine • Health Screenings • Community Resource
Cooking Demos • Raffles • Yoga Classes • Kids' Activities • Giveaways

FOR MORE INFO:
UHDHealthFair@downstate.edu
Kira Williams 718-275-8906
Ashlea Goodridge 718-270-3866

Health Screening QR Code | Screen for Substance Use QR Code | Face Painting QR Code

On Sunday September 25, 2022 the RPCF launch its first Health Fair. It was a successful event. A job well done!!



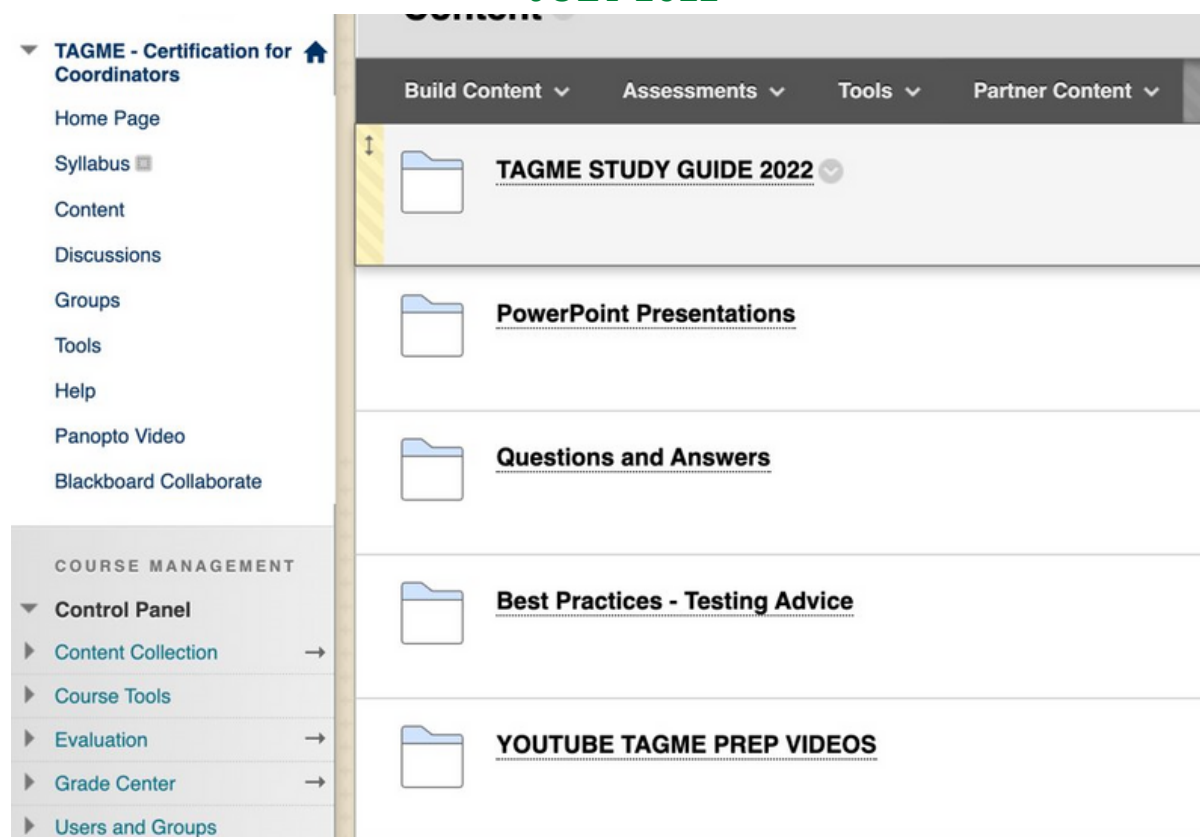
Kudos to the phenomenal UHD/RPCF Health Fair Committee Team on a successful first annual Community Healthy Lifestyle Fair on Sunday, September 25. More than 400 community residents joined our UHD and members of Downstate the Residency Program Coordinators Forum (RPCF) where, despite a few clouds and raindrops—families had a fun day of educational activities, play, and lots of photos, as well as a short video of the day's events.

C-TAGME HIGHLIGHT

The residency program coordinators' forum (rpcf) represents 40 GME residency program coordinators who manage 35 residency programs, 20 fellowship programs, and over 900 residents and fellows.

Our mission statement continues to be our driving force:
“We advocate for ourselves and each other”

CREATION OF TAGME TASKFORCE AND BLACKBOARD LEARNING PORTAL – JULY 2022



3 NEW TAGME CERTIFIED COORDINATORS

TAGME Certified	Original Certification Year	MOC Year
Juliet Arthur, MHA, C-TAGME	2017	2027
Gloria Jorge, C-TAGME	2009	2025
Natasha Henry, C-TAGME	2020	2025
Yvonne Henry, C-TAGME	2022	2027
Chantal Littrean, MPH, C-TAGME	2017	2022
Debra Owens, MSED, C-TAGME	2017	2027
Mariaverna Sevilla, C-TAGME	2020	2025
Devareco Wilkie, MSc, C-TAGME	2022	2027
Kino Williams, MS, PHR, CPHQ, C-TAGME	2022	2027

COORDINATOR SPOTLIGHT



Debra L. Dooley GME Program Coordinator
Excellence Award

The Debra L. Dooley GME Program Coordinator Excellence Award is given to program coordinators in recognition of their in-depth understanding of the accreditation process, excellent communication and interpersonal skills, and projects to improve residency and fellowship programs. This year's recipients are:

Juliet A. Arthur, MHA, C-TAGME
Psychiatry

COMMUNITY OUTREACH

Members of the RPCF executive committee distributed 25 bookbags to students of P.S. 92 Days before the UHD/RPCF community healthy lifestyle fair – September 2022



WELCOME TO RPCF



Nicole Snead – Radiology

Lisa Pierce – GME

SHOUTOUTS



WYNCLETTE KNIGHT, DHA – ACADEMIC COORDINATOR FOR UROLOGY

“Wynclette Knight, Academic Coordinator in the Department of Urology for the past twenty years, has successfully defended her dissertation for the degree of DHA (Doctorate in Healthcare Administration). Her thesis is entitled: “Understanding Change Management in Graduate Medical Education Using Qualitative Methods: The case of Program Directors, the ACGME and the COVID-19 Pandemic” and is being granted from Central Michigan University. We are proud of Wynclette and the Department offers her our heartiest congratulations!”

KINO WILLIAMS – SENIOR STAFF ASSOCIATE OF RADIOLOGY

A Thankful Thursday and Congrats to Kino Williams, who received a Proclamation from NY State Senator Kevin Parker for a “Career of Excellence” Award at Downstate.

Kino is honored and humbled by the recognition and acknowledgment of many years of service at Downstate and the people we serve. We are so lucky and THANKFUL to have an individual and leader like Mr. Williams at our facility.



Expansions:

Expansion of the RPCF regionally

National Presentation:

Presenting at the 2024 ACGME Annual Conference

Leaders Academy:

Creation of Leaders Academy – designed to professionally develop all coordinators in areas of leadership and management

PROFESSIONAL DEVELOPMENT



ACGME ABSTRACT SUBMISSIONS

Three (3) coordinators submitted abstracts for consideration at the 2023 ACGME Annual Meeting:

Debra Owens, MsED - How to hold an educational retreat

Chantal Littrean, MPH – How to start a coordinator forum

Kino Williams, MS – How to stage a DEI health fair

UNIVERSAL RELIABILITY AND RELATIONSHIP SKILLS (URRS) TRAINING

The We Care Journey Keeps Moving Us Forward!

The objectives of the URRS Training are to:

Provide foundational reliability and relationship skills in alignment with our WeCARE values

Role model expected behaviors

Teach the language of WeCARE

After completing this, staff will be able to display uniformity in skills, behaviors, and language that ensures our patients, visitors, and colleagues are treated safely and respectfully every time they enter our facility.

All UHD employees, clinical and non-clinical, must complete one of the 4-hour training sessions that will be offered weekly by June 1st, 2023.

To register for your training session, [click here](#). Don't hesitate to get in touch with Tyshawn Toney (tyshawn.toney@downstate.edu) if you have any inquiries.

PROFESSIONAL DEVELOPMENT - BETH WUESTE, PHD

A great presentation from Beth on the Program Coordinator Career path

[This is MY Profession to Shape - ACURe Professional Development - YouTube](#)

A screenshot of a YouTube video thumbnail. On the left, there is a graphic with the text 'What is Empowerment??' and 'YOU!' in large letters. Below this is an illustration of a baby in a blue superhero suit with a red cape, pushing a large black wheel. The words 'Learned' and 'Control' are on either side of the wheel. At the bottom, it says 'Empowerment is the belief that you have the ability to control the course of your life.' On the right side of the thumbnail, the title 'This is MY Profession to Shape - ACURe Professional Development' is displayed in purple. Below the title, it says 'Sept 15, 2021 ACURe Professional Development This is MY Profession to Shape: Career Empowerment Through Self-driven Activism Presenter - Beth Wueste' and includes the URL 'www.youtube.com'.



WELLNESS TIPS

It all starts with you.
Develop better self-care and improve your mental and physical well-being.

Improving health - Establish healthy habits to fight fatigue, eat better, exercise more, and become a healthier you.



Balancing work and life - Achieve a better balance between your work and personal life while thriving at both.



Finding my purpose and passion - Discover your true passion and what drives you. Realize your purpose and make an impact.



Stress management and self-care

Learn how to better cope with stress and anxiety and the tools needed to keep calm and recharge.

RPCF BIRTHDAYS

October

Sagal, Natasha - 10/2

Jones, Velda - 10/27

November

Maxwell, Marjorie - 11/6

Anthony, Shelly - 11/19

Littrean, Chantal - 11/22

Spinel, Dorina - 11/5

December

Cole, Chelsea - 12/2

Fraser, Nicole - 12/25

Adams, Selina - 12/28

If you are a coordinator and your birthday did not get featured in this year's newsletter. Please email Chelsea.Cole@downstate.edu your name and birthdate.





If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do, you have to keep moving forward....



Martin Luther King Jr.



Editors:

Devareco Wilkie & Chelsea Cole