# Georges J. Casimir, M.D.

**Home Address** 

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**Business Address** 

Downstate Mental Hygiene Associates SUNY Downstate Medical Center

Department of Psychiatry

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Medical Education State University of Haiti, Faculty of Medicine and Pharmacy,

Port-au-Prince, Haiti. August 1976, M.D.

**Professional Experience** 

2007-Present President, Association of Haitian Physicians Abroad, New York Chapter

2003 to 3/2005 Vice President, Medical Affairs, Kingsbrook Jewish Medical Center,

Brooklyn, N.Y.

2003 to 3/2005 Medical Director, Kingsbrook Jewish Medical Center, Brooklyn, NY.

2003 to Present Mental Health Division Chair and Board Director, Brooklyn Research Foundation on Minority

Health and Health Disparities.

1992 to Present Associate Director, Geriatric Psychiatry Program, SUNY Healthy Science

Center, Brooklyn, N.Y.

1992 to Present Associate Clinical Director, Brooklyn Alzheimer Disease Assistance Center/Memory Disorders Clinic,

SUNY Health Science Center, Brooklyn, NY.

1992 to Present Associate Director, Geriatric Psychiatry Fellowship Program, SUNY Health Science Ctr, Brooklyn NY.

2000 to 2003 Medical Director, Kingsbrook Sleep Center at Kingsbrook Jewish Medical Center, Brooklyn, NY.

1997 to Present: Attending Psychiatrist, Kingsbrook Jewish Medical Center. Brooklyn, NY.

1993 to 1998 Attending Psychiatrist, Kings County Hospital Center, Brooklyn, NY.

1991 to 2005 Associate Attending Psychiatrist, Maimonides Medical Center, Brooklyn, NY.

1985 to Present Clinical Assistant Professor of Psychiatry, SUNY Health Science Ctr, Brooklyn, NY.

1998 to 2002 Attending Psychiatrist, New York Methodist Hospital, Brooklyn, NY.

1997 to 2002 Attending Psychiatrist, The Brooklyn Hospital Center, Brooklyn, NY.

1997 to 2000 Chief of Outpatient Mental Health Services, Kingsbrook Jewish Medical Center, Brooklyn, NY.

1996 to 1997 Adjunct Professor, SUNY College at Old Westbury, Old Westbury, NY.

1994 to 1996 Director, Geriatric Service, Kingsboro Psychiatric Center, Brooklyn, NY.

1994 to 1996 Chairman, Institutional Review Board, Kingsboro Psychiatric Ctr, Brooklyn, N.Y.

1993 to 1996 Chairman, Quality Assessment and Improvement Council, Kingsboro Psychiatric Ctr, Brooklyn, NY.

1991 to 1996 Attending Psychiatrist, Brooklyn, V.A. Medical Center, Brooklyn, NY.

1989 to 1995 Medical Director, Elder/Family Services, Brooklyn, NY (Office of Mental Health -OMH certified,

mental health clinic).

1987 to 1992	Chief Psychiatrist, Outpatient Geriatric Services, Maimonides Medical Center, Community Mental Health Center, Brooklyn, NY.
1986 to 1992	Chairman, Pharmacy and Therapeutics Committee, Kingsboro Psychiatric Center, Brooklyn, NY.
1985 to 1989	Chairman, Membership Committee, Brooklyn Psychiatric Society, Local Branch American Psychiatric Association (APA).
1985 to 1995	Chief Psychiatrist, Geriatric / Med-Surg Service, Kingsboro Psychiatric Center, Brooklyn, N.Y.
1985 to 1992	Assistant Director, Memory Disorders Clinic, Downstate Mental Hygiene Associates, SUNY Health Science Center, Brooklyn, NY.
1985 to 1992	Assistant Director, Geriatric Psychiatry Program, SUNY Health Science Center, Brooklyn, NY.
1985 to 1992	Assistant Director, Geriatric Psychiatry Fellowship Program, SUNY Health Science Center, Brooklyn, NY.
1984 to 1985	Fellow in Geriatric Psychiatry, SUNY Downstate Medical Center, Brooklyn, NY.
1980 to 1984	Resident in Psychiatry, Kingsboro Psychiatric Center, Chief Resident (1983-1984).
Certifications	
2003	Diplomate of the American Society of Addiction Medicine.
1999	Diplomate of the American Society of Clinical Psychopharmacology.
1998	Diplomate in Forensic Psychiatry.
1997	Diplomate in Addiction Psychiatry.

# **Teaching Experience**

1991

1988

Coordinator and/or Instructor of courses in Cross Cultural Psychiatry, Geriatric Psychiatry, Geriatric Psychopharmacology, Neuropsychopharmacology, Interviewing Techniques, Clinical Psychiatry to medical students, residents in psychiatry and family practice, to geriatric psychiatry fellows at different teaching hospitals in the New York metropolitan area such as: Columbia Presbyterian Hospital, Kings County Hospital and Medical Center, SUNY Health Science Center at Brooklyn, Brookdale Hospital Medical Center, St. John's Episcopal Hospital and Maimonides Medical Center over the last twenty years.

Diplomate in Psychiatry.

Diplomate in Psychiatry with added qualification in Geriatric Psychiatry. Re-certification in 2001.

### **Other Teaching Related Activities**

Numerous presentations at conferences or grand rounds at The American College of Healthcare Executives; American Psychiatric Association Annual Meeting, NY; Gerontological Society of America; US. House of Representatives Select Committee on Aging; SUNY Downstate Medical Center; Cabrini Hospital, NY; Montefiore Hospital, NY; Kingsboro Psychiatric Center, NY; St. Vincent Hospital, Staten Island, NY; North Shore VA Medical Center at Long Island, NY; Association of Haitian Physicians Abroad; Maimonides Medical Center, NY; Annual Convention of Black Psychiatrists of America; Brooklyn VA Medical Center, Brooklyn, NY; Jamaica Hospital, NY; Fordham University, NY; Mayor's Conference on Alzheimer's Disease, NY; New York City Department of Aging; Jewish Home and Hospital, NY; Kingsbrook Jewish Medical Center, NY; St. John Episcopal Hospital, NY; Woodhull Hospital and Medical Center, NY; Interfaith Medical Center, NY; St. Mary's Hospital, Brooklyn, NY, etc...

Presentations to various lay organizations, nursing homes, senior centers, church groups; write-ups of activities appearing in New York Daily News, Amsterdam News, Clinical Psychiatry News, New York Post, Boston Globe, Miami Herald. Appearances and presentations at different television and radio stations in New York and Miami areas.

Coordinator of different geriatric psychiatry courses and seminars addressed to internists, psychiatrists, psychiatric nurses, social workers, psychologists and rehabilitation staff.

### **Consultation/Treatment Services**

During the last twenty years, provision of consultation and/or treatment services to various nursing homes, adult day care programs for elderly, proprietary homes for adults, community residences.

Consultant with the group Physicians Without Borders and the Association of Haitian Physicians Abroad for the Pentagon in providing mental health services to Haitian Refugees in Guantanamo, to people diagnosed with Post Traumatic Stress Disorder and other severe anxiety disorders after their arrival to the United States.

Group leader of a mental health team dispatched to Kennedy Airport in the aftermath of the TWA Flight 800 crash to assist the relatives and families of crash victims.

Consultant to primary care centers providing services to HIV+ immigrants and to victims of political torture and oppression.

Consultant to community mental health programs offering services to Latino, African American and Afro-Caribbean populations.

#### **Clinical and Research Experience/Interests**

Geriatric Psychiatry and Psychopharmacology.

Ethnicity and Aging.

Cross Cultural Issues in Mental Health and Long Term Care.

Post Traumatic Stress Disorder.

Minority Health and Healthcare Disparities.

Sleep Medicine with Focus on Minorities and Women.

Co-Principal Investigator of major research projects:

- 1- Mood, Psychosis and Agitation Among Afro-Americans, Afro-Caribbean and Caucasian Dementia Patients. This was a \$250,000 research project funded by the New York State Department of Mental Health. This project was sponsored by the SUNY Health Science Center at Brooklyn and a number of nursing homes in Brooklyn.
- 2- The Socio-cultural Context of Mental health in Aging Ethnic Minorities: Within-Group Comparisons of African Americans. Project sponsored by SUNY HSCAB with consortium agreements with Hofstra University and Long Island University.
- 3- Depression and Anxiety Disorders in older African Americans and Afro-Caribbeans. This was a \$1.5 Million 5-year project (1995-2000) funded by the National Institute of Mental Health.
- 4- Coping and Adaptation in Older Adults. This was a \$960,395.00 study (1996-1999) funded by the Bio-Medical Research Support (BMRS).
- 5- Broad Effectiveness Trial with Aripiprazole (BETA), Bristol-Myers Squibb 2002.
- 6- Co-Director Bureau of Health Professions Training Grant at SUNY Downstate. This is a \$2.000.000 5- year grant (November 2003 to June 2008) awarded to SUNY Downstate by HRSA to train fellows in academic geriatric specialties (Psychiatry, Medicine, and Dentistry).
- 7- Teaching cross-cultural competence in nursing homes. This is a \$850,000 two-year grant from the New York State Department of Health (2007-2009).

#### Advisory Board/Speaker Bureau

Advisory Board: Bristol-Myers Squibb Company; Pfizer Inc.; National Coalition of Haitian Refugees; Brooklyn Alzheimer's

Disease Assistance Center; Caribbean Community Mental Health Program at Kingsbrook Jewish Medical

Center.

Speakers Bureau: Bristol-Myers Squibb Company; Astra Zeneca; Pfizer, Inc; Jansen Pharmaceutica.

Consultant: Pfizer, Inc; Jansen Pharmaceutica; Bristol-Myers Squibb.

## **Publications**

- **Casimir G.**, <u>Dementia In African Americans</u>. Journal of the Association des Medecins Haitiens a l'Etranger (JAMHE) Vol. I, 1; April 1997.
- Bibb A., Casimir G., Haitian Families in Ethnicity and Family Therapy, McGoldrick M., Pearce K., and Giordano J. Eds. 1996.
- **Casimir G.**, <u>Psychiatric Practice in Haiti and in the U.S. Haitian Diaspora, Commonalities, Differences, Common Problems and Solutions.</u> Paper presented at the XXV Annual Meeting of the Black Psychiatrists of America, New York, New York April 1994.
- Casimir G., Morrison B., Rethinking Work with Minorities, Community Mental Health Journal, Dec 1993.
- Cohen C., Casimir G., Factors Associated with Increasing Hospital Stay by Elderly Psychiatric Patients. Hospital and Community Psychiatry, July 1989.
- Casimir G., Mental Health Needs of the Elderly in New York State, US Government Printing Office, Washington, D.C. 1988.
- **Casimir G.**, Mental Health Needs of Minority Elderly in New York State. Paper presented at a Hearing before the Select Committee on Aging of the U.S. House of Representatives. Long Island City, NY 1988.
- **Casimir G.**, <u>Factors Contributing to Increasing Hospital Stay by Elderly in an Urban State Psychiatric Hospital</u>. Paper presented at the 41<sup>st</sup> Annual Meeting of the Gerontological Society of America, San Francisco, California, November 1986.
- **Casimir G.**, <u>Haitian Elders: Cultural Competence and the Haitian Patient</u>. Workshop presentation at the 1998 American Psychiatric Association Annual Meeting.
- Bibb, A., Casimir G., Substance Abuse in West Indian Families in Bridges to Recovery: Addiction, Family Therapy and Multicultural Treatment. Krestan J. Ed. 2000.
- Zizi F, Magai C, Jean-Louis G, von Gizycki H, **Casimir G**, Wolintz A, Greenidge K. <u>Relationship between Sleep Complaints and Reported Visual Impairment in the Elderly</u>. Sleep 2001-24: 220-221.
- Jean-Louis G, Magai C, Cohen C. I., Zizi F., von Gizycki H., DiPalma J., **Casimir G**. <u>Ethnic Differences in Self-Reported Sleep Problems in Older Adults</u>. Sleep 2001;24: 339-345.
- DiPalma J, Jean-Louis G, Zizi F, von Gizycki H, **Casimir G**, Daly A, Green H. <u>Self-reported Sleep Duration of College Students:</u> <u>Consideration of Ethnic Differences</u>. Sleep 2001;24.
- Zizi F, Jean-Louis G, Magai C, **Casimir G**, Wolintz A, <u>Sleep Complaints in a Population-Based of Minority Women</u>. Sleep 2002; 25.
- Casimir G, Jean-Louis G, Zizi F. Wolintz A. Sleep Disordered Breathing in a Predominantly Minority Sample. Sleep 2002; 25.
- Zizi F, Magai C, Jean-Louis G, von Gizycki H, **Casimir G**. Wolintz A, Grenidge, K. <u>Sleep Complaints and Visual Impairment Among Older Americans: A Community-Based Study</u>. J. Gerontology: Medical Sciences: 2002.
- Zizi F, Magai C, Jean-Louis G, Cohen C, Wolintz A, **Casimir G**. <u>Within-Ethnic Group Differences in Self-Reported Sleep Patterns in a Population-Based Sample of Minority Women</u>. J. Women Health: (In preparation)
- Jean-Louis G, Zizi F, **Casimir G,** DiPalma J, Mukherji R. <u>Sleep-disordered breathing and hypertension among African Americans.</u> J Hum. Hypertens. 2005, 19:485-490
- **Casimir G.J,** Jean-Louis G, Zizi F, Aronov D, Brady L, Talavera N, Shiffman H. <u>Prevalence of insomnia and depression among older Russians living in Brooklyn, NY</u>. SLEEP 2004, 27: 399.
- Jean-Louis, G.; Magai, C.; Consedine, N.; Pierre-Louis, J.; Zizi, F.; **Casimir, G.**; Belzie, L. (2007). <u>Insomnia Complaints and</u> Repressive Coping in a Sample of Black and White Women. *BMC Women's Health* (Jan 29;7:1. doi:10.1186/1472-6874-7-1)
- Jean-Louis, G.; Zizi, F.; Casimir, G.; Compas, J. (2007). <u>Sleep in America: Is Race or Culture an Important Factor? In Sleep Disorders: Their Impact on Public Health,</u> D. Leger and S.R. Pandi-Perumal (eds). Taylor & Francis of Oxford, UK.
- Zizi F; Jean-Louis G; Magai C; Consedine N; Casimir G; McKenzie D; Clark LT. (2007) The Relationship Between Anxiety and Cardiovascular Symptoms is Mediated by Insomnia; SLEEP 30: 258.

Casimir, G.J.; Jean-Louis, G.; Magai, C.; Zizi, F.; Naraja, N.; Ogeriera, P.; Moise, F. (2006). <u>Sleep and Health Complaints Among Older Women: Does Ethnicity Matter?</u> *SLEEP* 29: page 253.

Nunez, J.; Jean-Louis, G.; Zizi, F.; Casimir, G.J.; von Gizycki, H.; Brown, C.; McFarlane, S. (2008). <u>Sleep duration among black</u> and white Americans. *J Natl Med Assoc*, 100(3):317-22.

Jean-Louis, G.; Magai, C.; Casimir, G.; Zizi, F.; McKenzie, D; Moise, F.; Graham, Y. (2008). <u>Sleep and Health Complaints in a Multiethnic Sample of American Women</u>. *Journal of Women's Health*, 17(1):15-25.

Cohen CI, Colemon Y, Yaffee R, Casimir GJ. (2008). Racial differences in suicidality in an older urban population. Gerontologist. Feb;48(1):71-8.

Verdecias, RN.; Jean-Louis, G.; Zizi, F.; Casimir, G.J.; Browne R. (2008). <u>Attachment styles and sleep patterns in an older community-based sample</u>. *Sleep Medicine*.

Jean-Louis, G.; Magai, C.; Consedine, N.; Zizi, F.; Casimir, G.J.; Solomon, W.; Brown C. (2008). <u>Cancer worry and sleep complaints in a community-based sample</u>. *Behavioral Sleep Medicine*.

Dharawat, A; Jean-Louis, G; Magai, C; Zizi, F; Casimir, GJ; Fernandez, S; Browne, R; Brown C. (2008). <u>The Association of Cancer Worry and Sleep Complaints among Women</u>. *SLEEP* 31.