



Spring 2025 Schedule

Essentials of Acupuncture/ Clinical Intensive

Classes are NOT recorded. Virtual sessions will be held via Zoom. The last class must arrange clinical hours (100) in June. Final exam date TBA.

Date	Time	Class	Room	Faculty
Weekend I				
03/07/2025	4 pm – 8 pm	ACU 1000 – Introduction to Acupuncture Assigned video viewing	395 Lenox Road building In-person Lecture Hall 1B	Dr. Chao
03/08/2025	9 am - 1 pm	ACU 1010 - Theories of Traditional Chinese Medicine	In-person Lecture Hall 1B	Dr. Zhou
03/09/2025	9 am - 1 pm	ACU 1010 - Theories of Traditional Chinese Medicine Assigned video viewing/ Quiz	Virtual	Dr. Zhou
Weekend II				
03/15/2025	9 am - 1 pm	ACU 1020- TCM Pathogenesis	Virtual	Dr. Zhou
13/16/2025	9 am – 1 pm	ACU 1020- TCM Pathogenesis	Virtual	Dr. Zhou
Weekend III				
03/22/2025	9 am - 2 pm	ACU 1030- Diagnosis of TCM	Virtual	Dr. Zhou
03/23/2025	9 am - 5 pm	ACU 1030- Diagnosis of TCM/ ACU 1040- Syndromes Differentiation Assigned video viewing/ Quiz	In-person Lecture Hall 1B	Dr. Zhou
Weekend IV				
03/29/2025	9 am – 5 pm	Meridians Part 1, Introduction to Needling and Needle Techniques, Demos and quiz (on Needle safety)	In-person Lecture Hall 1B	Ms. Kruck
03/30/2025	9 am - 5 pm	Meridians Part 2, Needle Techniques, practice, Demo, Quiz (Measurements, needle depth and angles)	In-person Lecture Hall 1B	Ms. Kruck
Weekend V				
04/05/2025	9 am - 1 pm	Part 1- Head and Face/ Respiratory Problems. Assign Video viewing Quiz =Pts, Tongue & Pulse	Virtual	Ms. Kruck
04/06/2025	9 am - 1pm	Part 2- Head and Face/ Respiratory Problems Assign Video viewing needle technique video Quiz=How to do needle techniques for these points for head and w/c etc.	Virtual	Ms. Kruck

Weekend VI				
04/12/2025	9 am – 5 pm	Part 1-Upper & Lower Extremities / Part 2-Upper & Lower Extremities Assign Video needle techniques for shoulder, Knee, hip, surgery recovery Quiz/ Case Studies	In-person Lecture Hall 1B	Ms. Kruck
04/13/2025	9 am - 5 pm	Adjunctive therapies -Moxa, cupping, Gua Sha, Advanced Needle Techniques Assigned Video- 10,000 needles Quiz -Practical Point Location in class	In-person - Lecture Hall 1B	Ms. Kruck
Weekend VII				
04/26/2025	9 am - 5 pm	Spinal & Thoracic Pain/ Neurological Disorders Review of meridians that pass through each area we study	In-person Lecture Hall 1B	Dr. Abitbol
04/27/2025	9 am – 2 pm	Spinal & Thoracic Pain/ Neurological Disorders Lecture Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection and use of modalities) Reading assignments/Quiz/ Homework Complete and TCM intake based on the topic of the weekend.	Virtual	Dr. Abitbol
Weekend VIII				
05/03/2025	9 am – 1:30 pm	WHO/ Health Maintenance GYN/Urology	Virtual	Dr. Abitbol
05/04/2025	9 am – 4:00 pm	Cardiovascular - Heart and Blood Problems Review the meridians that pass through each area we study. Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection, and use of modalities) Reading assignments/Quiz/ Homework Complete the TCM intake based on the topic of the weekend.	In-person Lecture Hall 1B	Dr. Abitbol
Weekend IX				
05/10/2025	9 am – 1 pm	Cardiovascular - Heart and Blood Problems Respiratory systems Review of meridians that pass through each area we study Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection, and use of modalities) Quiz assigned	Virtual	Dr. Abitbol

Weekend X				
05/17/2025	9 am -5 pm	GI Systems Psychological Disorders Review Extraordinary organs ie, Brain Psychological Disorders Bonus: Health Cultivation Review FREE Choice Q & A Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection and use of modalities)	In-person Lecture Hall 1B	Dr. Abitbol
05/18/2025	9 am – 1:30 pm	Respiratory systems GI systems Review of meridians that pass through each area we study Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection, and use of modalities) Bonus: TCM Nutrition Principles Reading assignments/Quiz/ Homework Complete the TCM intake based on the topic of the weekend.	Virtual	Dr. Abitbol
Weekend XII				
05/31/2025	9 am – 12 pm	Psychological Disorders	Virtual	Dr. Abitbol
06/07/2025	9 am – 1:30 pm	GYN/Urology Review of meridians that pass through each area we study Reading assignments/Quiz/ Homework Complete the TCM intake based on the topic of the weekend.	Virtual	Dr. Abitbol
06/14/2025	9 am – 5 pm	Practical Practice & Review	In-person 10 th Street Chiropractic office – Union Square NYC	Ms. Kruck