



DOWNSTATE
HEALTH SCIENCES UNIVERSITY

Virtual sessions will be held via Zoom and Blackboard. Clinical hours (100) must be arranged by the last class in January. Final exam date TBA.

Fall 2023 Schedule

Essentials of Acupuncture/ Clinical Intensive

Date	Time	Class	Room	Faculty
		Weekend I	395 Lenox Road building	
09/29/23	4 pm – 8 pm	ACU 1000 – Introduction to Acupuncture Assigned video viewing	LIVE Lecture Hall 1A	Dr. Chao
09/30/23	9 am -1:30 pm	ACU 1010 - Theories of Traditional Chinese Medicine	LIVE Lecture Hall 1A	Dr. Zhou
10/01/23	9 am - 1 pm	ACU 1010 - Theories of Traditional Chinese Medicine Assigned video viewing/ Quiz	Virtual	Dr. Zhou
		Weekend II		
10/14/23	9 am-1:30 pm	ACU 1020- TCM Pathogenesis	Virtual	Dr. Zhou
10/15/23	9 am-1pm	ACU 1020- TCM Pathogenesis	Virtual	Dr. Zhou
		Weekend III		
10/21/23	9 am-2 pm	ACU 1030- Diagnosis of TCM	Virtual	Dr. Zhou
10/22/23	9 am - 2 pm	ACU 1030- Diagnosis of TCM Assigned video viewing/ Quiz	Virtual	Dr. Zhou
		Weekend IV		
10/28/23	9 am-12 pm	ACU 1040- Syndromes Differentiation Assigned video viewing/ Quiz	Virtual	Dr. Zhou
10/29/23	9 am – 5 pm	Meridians Part 1, Introduction to Needling and Needle Techniques, Demos and quiz (on Needle safety)	LIVE Lecture Hall 1A	Ms. Kruck
		Weekend V		
11/4/23	9 am - 5 pm	Meridians Part 2, Needle Techniques, practice, Demo, Quiz (Measurements, needle depth and angles)	LIVE Lecture Hall 1A	Ms. Kruck
11/5/23	9 am-1 pm	Part 1- Head and Face/ Respiratory Problems. Assign Video viewing Quiz =Pts, Tongue & Pulse	Virtual	Ms. Kruck
		Weekend VI		
11/18/23	9 am-1pm	Part 2- Head and Face/ Respiratory Problems Assign Video viewing needle technique video Quiz=How to do needle techniques for these points for head and w/c etc.	Virtual	Ms. Kruck
11/19/23	9 am-1pm	Part 1-Upper & Lower Extremities Assign Video needle techniques for shoulder, Knee, hip, surgery recovery Quiz/ Case Studies	Virtual	Ms. Kruck

		Weekend VII		
12/02/23	9 am-5 pm	Adjunctive therapies -Moxa, cupping, Gua Sha, Advanced Needle Techniques Assigned Video- 10,000 needles Quiz -Practical Point Location in class	LIVE - Lecture Hall 1A	Ms. Kruck
12/03/23	9 am-1pm	Part 2-Upper & Lower Extremities Assign Video-TBA Quiz/ Case study	Virtual	Ms. Kruck
		Weekend VIII		
12/09/23	9 am-5 pm	Spinal & Thoracic Pain/ Neurological Disorders Review of meridians that pass through each area we study	LIVE Lecture Hall 1A	Dr. Abitbol
12/10/23	9 am-1pm	Spinal & Thoracic Pain/ Neurological Disorders Lecture Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection and use of modalities) Reading assignments/Quiz/ Homework Complete and TCM intake based on the topic of the weekend.	Virtual	Dr. Abitbol
		Weekend IX		
12/16/23	9 am-1 pm	WHO/ Health Maintenance	Virtual	Dr. Abitbol
12/17/23	9 am-2 pm	Review of meridians that pass through each area we study GYN/Urology Reading assignments/Quiz/ Homework Complete and TCM intake based on the topic of the weekend.	Virtual	Dr. Abitbol
		Weekend X		
01/06/24	9 am-3:00pm	Cardiovascular - Heart and Blood Problems Review of meridians that pass through each area we study	Virtual	Dr. Abitbol
01/07/24	9 am-1pm	Cardiovascular - Heart and Blood Problems Lecture Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection and use of modalities) Reading assignments/Quiz/ Homework Complete and TCM intake based on the topic of the weekend.	Virtual	Dr. Abitbol
		Weekend XI		
01/13/24	9 am- 2pm	Respiratory systems Review of meridians that pass through each area we study Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection and use of modalities) Quiz assigned	Virtual	Dr. Abitbol

01/20/24	9 am-1:00pm	GI Disorders Review of meridians that pass through each area we study Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection and use of modalities) Bonus: TCM Nutrition Principles Reading assignments/Quiz/ Homework Complete and TCM intake based on the topic of the weekend.	Virtual	Dr. Abitbol
		Weekend XII		
01/21/24	9 am-1 pm	Psychological Disorders Review Extraordinary organs i.e.: Brain		Dr. Abitbol
01/27/24	9 am-1 pm	Psychological Disorders Bonus: Health Cultivation Review FREE Choice Q & A Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection and use of modalities)		Dr. Abitbol
01/28/24	9 am – 5 pm	Practical Review	LIVE 10th St Chiropractic Office – Union Square	Ms. Kruck

