



Spring 2024 Schedule

Essentials of Acupuncture/Clinical Intensive

Virtual sessions will be held via Zoom. The last class must arrange clinical hours (100) in June. Final exam date TBA.

Date	Time	Class	Room	Faculty
		Weekend I	395 Lenox Road building	
03/08/2024	4 pm – 8 pm	ACU 1000 – Introduction to Acupuncture Assigned video viewing	LIVE Lecture Hall 1B	Dr. Chao
03/09/2024	9 am - 1:30 pm	ACU 1010 - Theories of Traditional Chinese Medicine	LIVE Lecture Hall 1B	Dr. Zhou
03/10/2024	9 am - 1 pm	ACU 1010 - Theories of Traditional Chinese Medicine Assigned video viewing/ Quiz	Virtual	Dr. Zhou
		Weekend II		
03/16/2024	9 am - 1:30 pm	ACU 1020- TCM Pathogenesis	Virtual	Dr. Zhou
03/17/2024	9 am – 1 pm	ACU 1020- TCM Pathogenesis	Virtual	Dr. Zhou
		Weekend III		
03/23/2024	9 am - 2 pm	ACU 1030- Diagnosis of TCM	Virtual	Dr. Zhou
03/24/2024	9 am - 5 pm	ACU 1030- Diagnosis of TCM/ ACU 1040- Syndromes Differentiation Assigned video viewing/ Quiz	LIVE Lecture	Dr. Zhou
		Weekend IV		
04/06/2024	9 am – 5 pm	Meridians Part 1, Introduction to Needling and Needle Techniques, Demos and quiz (on Needle safety)	LIVE Lecture Hall 1B	Ms. Kruck
04/07/2024	9 am - 5 pm	Meridians Part 2, Needle Techniques, practice, Demo, Quiz (Measurements, needle depth and angles)	LIVE Lecture Hall 1B	Ms. Kruck
		Weekend V		
04/13/2024	9 am - 1 pm	Part 1- Head and Face/ Respiratory Problems. Assign Video viewing Quiz =Pts, Tongue & Pulse	Virtual	Ms. Kruck
04/14/2024	9 am - 1pm	Part 2- Head and Face/ Respiratory Problems Assign Video viewing needle technique video Quiz=How to do needle techniques for these points for head and w/c etc.	Virtual	Ms. Kruck

		Weekend VI		
04/20/2024	9 am – 5 pm	Part 1-Upper & Lower Extremities / Part 2-Upper & Lower Extremities Assign Video needle techniques for shoulder, Knee, hip, surgery recovery Quiz/ Case Studies	Live Lecture	Ms. Kruck
04/21/2024	9 am - 5 pm	Adjunctive therapies -Moxa, cupping, Gua Sha, Advanced Needle Techniques Assigned Video- 10,000 needles Quiz -Practical Point Location in class	LIVE - Lecture Hall 1B	Ms. Kruck
		Weekend VII		
04/27/2024	9 am - 5 pm	Spinal & Thoracic Pain/ Neurological Disorders Review of meridians that pass through each area we study	LIVE Lecture Hall 1B	Dr. Abitbol
04/28/2024	9 am – 1 pm	Spinal & Thoracic Pain/ Neurological Disorders Lecture Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection and use of modalities) Reading assignments/Quiz/ Homework Complete and TCM intake based on the topic of the weekend.	Virtual	Dr. Abitbol
		Weekend VIII		
05/04/2024	9 am – 1:30 pm	WHO/Health Maintenance GYN/Urology	Virtual	Dr. Abitbol
05/05/2024	9 am – 1:30 pm	GYN/Urology Review of meridians that pass through each area we study Reading assignments/Quiz/ Homework Complete the TCM intake based on the topic of the weekend.	Virtual	Dr. Abitbol
		Weekend IX		
05/11/2024	9 am – 5:00 pm	Cardiovascular - Heart and Blood Problems Review the meridians that pass through each area we study. Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection, and use of modalities) Reading assignments/Quiz/ Homework Complete the TCM intake based on the topic of the weekend.	LIVE Lecture Hall 1B	Dr. Abitbol

05/18/2024	9 am – 1 pm	Cardiovascular - Heart and Blood Problems Respiratory systems Review of meridians that pass through each area we study Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection, and use of modalities) Quiz assigned	Virtual	Dr. Abitbol
		Weekend X		
05/19/2024	9 am -5 pm	GI Systems Psychological Disorders Review Extraordinary organs ie, Brain Psychological Disorders Bonus: Health Cultivation Review FREE Choice Q & A Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection and use of modalities)	Live	Dr. Abitbol
		Weekend XI		
6/01/2024	10 am – 5 pm	Acupuncture PRACTICAL SEMINAR (optional) This seminar provides a unique opportunity for both old and new students to gain hands-on practice, and expand their practical knowledge and experience in acupuncture techniques.	LIVE	TBD
		Weekend XII		
06/08/2024	9 am – 1:30 pm	Respiratory systems GI systems Review of meridians that pass through each area we study Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection, and use of modalities) Bonus: TCM Nutrition Principles Reading assignments/Quiz/ Homework Complete the TCM intake based on the topic of the weekend.	Virtual	Dr. Abitbol
6/09/2024	9 am – 12 pm	Psychological Disorders	Virtual	Dr. Abitbol
6/15/2024	9 am – 5 pm	Practical Practice & Review	LIVE 10 th Street Chiropractic office – Union Square	Ms. Kruck