

**Acupuncture Seminar  
Saturday, January 30, 2010**

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**Registration Fee** (include course syllabus & refreshments):  
All - \$325

**Cancellation Policy**

Cancellation of registration must be made by calling the office  
of CME by January 25, 2010

**There will be no refund after January 25, 2010**

Make check payable to:

**SUNY OCME**

Mail to: Acupuncture, SUNY Downstate Medical Center,  
Office of CME  
450 Clarkson Avenue, Box 1244  
Brooklyn, NY 11203

**For credit card registration:**

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I hereby authorize SUNY Downstate to charge my credit card for the amount indicated above.

# Acupuncture Seminar



## Acupuncture in Pain Management

**Saturday  
January 30, 2010  
8:30 am - 4:30 PM**

**Classroom 1A  
395 Lenox Road  
Brooklyn, NY**



# One-day Acupuncture Seminar

## presented by Tsai Chao, MD

### Acupuncture in Pain Management

Chronic pain of various and different origins has been one of the most common medical conditions nowadays. It has been a great challenge because of its difficulty to be treated by its associated functional impairment and disability; pain management therefore is an important role in modern medical practice. Treating patients with chronic pain requires a multidisciplinary approach in order to achieve successful outcome as measured by pain relief, return to work, and improving quality of life. Acupuncture for Pain management is well known and documented in medical literature. This approach incorporates acupuncture that work in synergy with pharmacologic therapy.

#### AGENDA

8:30 am Registration

9:00 Lectures:

- Introduction
- Treatments

Break - 15 min.

- Methods

1 pm Lunch

- Risks

Break - 15 min.

- Demonstration

4:30 Meeting adjourn

**Target Audience** - This course is designed for licensed acupuncturists, orthopedists, rheumatologists, physiatrists, family practitioners, primary care physicians, anesthesiologists, physical and occupational therapists, and other providers who treat patients with chronic pain.

#### Needs Statement and Objectives

The OCME experienced an overwhelming response from its past acupuncture program participants for the need to have continuing education in order to increase their competency and improve their performance in various areas of acupuncture.

The OCME will offer a series of one-day seminars for each of the areas of interest identified by our participants. These seminars will provide case-based workshops, lectures and demonstration to familiarize and challenge acupuncturists with the full range of procedures and treatments available to their patients. Seminar attendees will be able to learn comprehensive methods for treating their patients, and assess the use and effectiveness of acupuncture to treat a variety of conditions.

At the end of the Acupuncture & Pain Management Seminar, the participant will be able to:

1. Understand acupuncture as a therapeutic modality and effective pain management.
2. Illustrate common application for the treatment of certain medical conditions such as Myofascial pain and fibromyalgia management.
3. Increase competency in the mechanism of acupuncture treatment in chronic neuropathic pain.

**Accreditation Statement** - The State University of New York (SUNY) Downstate Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The SUNY Downstate Medical Center designates this educational activity for a maximum of 5.5 AMA PRA Category 1 Credit(s) <sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Disclosure Statement** - SUNY Downstate Medical Center Office of CME (OCME) and its affiliates are committed to providing educational activities that are objective, balanced and as free of bias as possible. The OCME has established policies that will identify and resolve all conflicts of interest prior to this educational activity. All participating faculty are expected to disclose to the audience, verbally or in writing, any commercial relationships that might be perceived as a real or apparent conflict of interest related to the content of their presentations, and unlabeled/unapproved uses of drugs and devices. Detailed disclosures will be made verbally and/or in writing during the program.

**Special Needs:** In accordance with the Americans with Disabilities Act, SUNY Downstate Medical Center seeks to make this conference accessible to all. If you have a disability which might require special accommodations, please contact the OCME at 718-270-2422 or e-mail your needs to: [ocme@downstate.edu](mailto:ocme@downstate.edu)

**Faculty - Tsai C. Chao, MD, the Course Director for the program,** a board certified and diplomat physician in physical medicine and rehabilitation, is the Director of the Rehabilitation Medicine Residency Program in the Department of Orthopedic and Rehabilitation Medicine at SUNY Downstate Medical Center. He is also a guest professor at the Shanghai University of Traditional Chinese Medicine. Dr. Chao is a pioneer in the practice of acupuncture in the United States. In addition to his directorship at SUNY Downstate, Dr. Chao has an extensive private practice in both western and traditional Chinese medicine, in which patients are treated at three facilities in the New York City area.