



A SOLUTION TO RACIAL HEALTH DISPARITIES IS NUTRITION POLICY

WEDNESDAY, JULY 22 | 7:00 - 8:00 PM EDT



Black and Brown communities have historically dealt with higher rates of chronic illness, many of which are the underlying conditions that contribute to hospitalizations and death from COVID-19 -- hypertension, diabetes, cardiovascular disease, and obesity.

Critical care physician **Milton Mills, MD**, who has served as a front liner in the fight against the coronavirus, will discuss the inherent challenges in national food policy that have contributed to racial disparities in the frequency and outcomes of chronic and infectious diseases. Recognizing nutrition as a root cause, he offers a way forward that is accessible to everyone: plant-based diets for health, healing, increased energy, and better overall immune system function.

Free registration: <https://bit.ly/317QPVw>

PRESENTED BY



SUNY Downstate Committee On
Plant-Based Health & Nutrition
More Plants, Less Meat, Better Health



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Eric Adams
Brooklyn Borough President

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