



Fall 2026 Schedule

Essentials of Acupuncture/ Clinical Intensive

Classes are NOT recorded. Virtual sessions will be held via Zoom. The last class must arrange clinical hours (100) in February. Final exam date TBA.

Date	Time	Class	Room	Faculty
Weekend I				
09/25/2026	4 pm – 8 pm	ACU 1000 – Introduction to Acupuncture Assigned video viewing	In-person 395 Lenox Road building Lecture Hall 1A	Dr. Chao
09/26/2026	9 am - 1 pm	ACU 1010 - Theories of Traditional Chinese Medicine	In-person Lecture Hall 1A	Dr. Abitbol
09/27/2026	9 am - 1 pm	ACU 1010 - Theories of Traditional Chinese Medicine Assigned video viewing/ Quiz	Virtual	Dr. Abitbol
Weekend II				
10/03/2026	9 am - 2 pm	ACU 1030- Diagnosis of TCM	Virtual	Dr. Abitbol
10/04/2026	9 am – 5 pm	ACU 1030- Diagnosis of TCM/ ACU 1040- Syndromes Differentiation Assigned video viewing/ Quiz	In-person Lecture Hall 1A	Dr. Abitbol
Weekend III				
10/17/2026	9 am - 1 pm	ACU 1020- TCM Pathogenesis	Virtual	Dr. Abitbol
10/18/2026	9 am – 1 pm	ACU 1020- TCM Pathogenesis	Virtual	Dr. Abitbol
Weekend IV				
10/24/2026	9 am – 5 pm	Meridians Part 1, Introduction to Needling and Needle Techniques, Demos and quiz (on Needle safety)	In-person Lecture Hall 1A	Ms. Kruck
10/25/2026	9 am - 5 pm	Meridians Part 2, Needle Techniques, practice, Demo, Quiz (Measurements, needle depth, and angles)	In-person Lecture Hall 1A	Ms. Kruck
Weekend V				
10/31/2026	9 am - 1 pm	Part 1- Head and Face/ Respiratory Problems. Assign Video viewing Quiz =Pts, Tongue & Pulse	Virtual	Ms. Kruck

11/01/2026	9 am - 1 pm	Part 2- Head and Face/ Respiratory Problems Assign Video viewing needle technique video Quiz=How to do needle techniques for these points for head and w/c etc.	Virtual	Ms. Kruck
Weekend VI				
11/07/2026	9 am – 5 pm	Part 1-Upper & Lower Extremities / Part 2-Upper & Lower Extremities Assign Video needle techniques for shoulder, Knee, hip, and surgery recovery Quiz/ Case Studies	In-person Lecture Hall 1A	Ms. Kruck
11/08/2026	9 am - 5 pm	Adjunctive therapies -Moxa, cupping, Gua Sha, Advanced Needle Techniques Assigned Video- 10,000 needles Quiz -Practical Point Location in class	In-person - Lecture Hall 1A	Ms. Kruck
Weekend VII				
11/14/2026	9 am - 5 pm	Spinal & Thoracic Pain/ Neurological Disorders This course will review the common signs and symptoms of neurological disorders and describe the links between the twelve meridians and neurological disorders.	In-person Lecture Hall 1A	Dr. Zhou
11/15/2026	9 am – 2 pm	Spinal & Thoracic Pain/ Neurological Disorders Lecture: The treatment of common neurological disorders, including Scalp acupuncture therapy—location, indications, and manipulation — will be discussed. Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection, and use of modalities) Reading assignments/Quiz/ Homework Complete and TCM intake based on the topic of the weekend.	Virtual	Dr. Zhou
Weekend VIII				
11/21/2026	9 am – 1:30 pm	Cardiovascular - Heart and Blood Problems Review of common signs and symptoms of cardiovascular disorders, along with descriptions of the meridians linked to these disorders.	Virtual	Dr. Zhou
Weekend IX				
12/05/2026	9 am – 4:00 pm	Cardiovascular - Heart and Blood Problems Review the meridians that pass through each area we study. Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection, and use of modalities) Reading assignments/Quiz/ Homework Complete the TCM intake based on the topic of the weekend.	In-person Lecture Hall 1A	Dr. Zhou

12/06/2026	9 am – 1 pm	Respiratory systems Review of meridians that pass through each area we study Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection, and use of modalities) Quiz assigned	Virtual	Dr. Zhou
		Weekend X		
12/12/2026	9 am -5 pm	GI Systems Review of meridians that pass through each area we study Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection, and use of modalities) Bonus: TCM Nutrition Principles Reading assignments/Quiz/ Homework Complete the TCM intake based on the topic of the weekend.	In-person Lecture Hall 1A	Dr. Zhou
12/13/2026	9 am – 1:30 pm	WHO/OB/GYN/Urology The learner will become familiar with evidence-based treatment, based on the diagnosis of TCM, which will be discussed with important acupuncture points to be used. Review of common signs and symptoms of OB/GYN disorders, including descriptions of the meridians linked to these disorders.	Virtual	Dr. Zhou
		Weekend XII		
12/19/2026	9 am – 1:30 pm	OB/GYN/Urology Review of meridians that pass through each area we study Reading assignments/Quiz/ Homework Complete the TCM intake based on the topic of the weekend.	Virtual	Dr. Zhou
12/20/2026	9 am – 1:30 pm	Psychological Disorders Review Extraordinary organs, i.e., Brain Psychological Disorders Bonus: Health Cultivation Review FREE Choice Q & A Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection, and use of modalities)	Virtual	Dr. Zhou
1/10/2027	9 am – 5 pm	Practical Practice & Review	In-person TBD	Ms. Kruck