



Fall 2025 Schedule

Essentials of Acupuncture/Clinical Intensive

Classes are NOT recorded. Virtual sessions will be held via Zoom. The last class must arrange clinical hours (100) in February. Final exam date TBA.

Date	Time	Class	Room	Faculty
		Weekend I	395 Lenox Road building	
09/26/2025	4 pm – 8 pm	ACU 1000 – Introduction to Acupuncture Assigned video viewing	In-person Lecture Hall 1B	Dr. Chao
09/27/2025	9 am - 1 pm	ACU 1010 - Theories of Traditional Chinese Medicine	In-person Lecture Hall 1B	Dr. Zhou
09/28/2025	9 am - 1 pm	ACU 1010 - Theories of Traditional Chinese Medicine Assigned video viewing/ Quiz	Virtual	Dr. Zhou
		Weekend II		
10/04/2025	9 am - 1 pm	ACU 1020- TCM Pathogenesis	Virtual	Dr. Zhou
10/05/2025	9 am – 1 pm	ACU 1020- TCM Pathogenesis	Virtual	Dr. Zhou
		Weekend III		
10/18/2025	9 am - 2 pm	ACU 1030- Diagnosis of TCM	Virtual	Dr. Zhou
10/19/2025	9 am - 5 pm	ACU 1030- Diagnosis of TCM/ ACU 1040- Syndromes Differentiation Assigned video viewing/ Quiz	In-person Lecture Hall 1B	Dr. Zhou
		Weekend IV		
10/25/2025	9 am – 5 pm	Meridians Part 1, Introduction to Needling and Needle Techniques, Demos and quiz (on Needle safety)	In-person Lecture Hall 1B	Ms. Kruck
10/26/2025	9 am - 5 pm	Meridians Part 2, Needle Techniques, practice, Demo, Quiz (Measurements, needle depth and angles)	In-person Lecture Hall 1B	Ms. Kruck
		Weekend V		
11/01/2025	9 am - 1 pm	Part 1- Head and Face/ Respiratory Problems. Assign Video viewing Quiz =Pts, Tongue & Pulse	Virtual	Ms. Kruck
11/02/2025	9 am - 1pm	Part 2- Head and Face/ Respiratory Problems Assign Video viewing needle technique video Quiz=How to do needle techniques for these points for head and w/c etc.	Virtual	Ms. Kruck

		Weekend VI		
11/08/2025	9 am – 5 pm	Part 1-Upper & Lower Extremities / Part 2-Upper & Lower Extremities Assign Video needle techniques for shoulder, Knee, hip, surgery recovery Quiz/ Case Studies	In-person Lecture Hall 1B	Ms. Kruck
11/09/2025	9 am - 5 pm	Adjunctive therapies -Moxa, cupping, Gua Sha, Advanced Needle Techniques Assigned Video- 10,000 needles Quiz -Practical Point Location in class	In-person - Lecture Hall 1B	Ms. Kruck
		Weekend VII		
11/15/2025	9 am - 5 pm	Spinal & Thoracic Pain/ Neurological Disorders Review of meridians that pass through each area we study	In-person Lecture Hall 1B	Dr. Abitbol
11/16/2025	9 am – 2 pm	Spinal & Thoracic Pain/ Neurological Disorders Lecture Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection and use of modalities) Reading assignments/Quiz/ Homework Complete and TCM intake based on the topic of the weekend.	Virtual	Dr. Abitbol
		Weekend VIII		
11/22/2025	9 am – 1:30 pm	WHO/Health Maintenance GYN/Urology	Virtual	Dr. Abitbol
		Weekend IX		
12/06/2025	9 am – 4:00 pm	Cardiovascular - Heart and Blood Problems Review the meridians that pass through each area we study. Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection, and use of modalities) Reading assignments/Quiz/ Homework Complete the TCM intake based on the topic of the weekend.	In-person Lecture Hall 1B	Dr. Abitbol
12/07/2025	9 am – 1 pm	Cardiovascular - Heart and Blood Problems Respiratory systems Review of meridians that pass through each area we study Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection, and use of modalities) Quiz assigned	Virtual	Dr. Abitbol

		Weekend X		
12/13/2025	9 am -5 pm	GI Systems Psychological Disorders Review Extraordinary organs ie, Brain Psychological Disorders Bonus: Health Cultivation Review FREE Choice Q & A Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection and use of modalities)	In-person Lecture Hall 1B	Dr. Abitbol
12/14/2025	9 am – 1:30 pm	Respiratory systems GI systems Review of meridians that pass through each area we study Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection, and use of modalities) Bonus: TCM Nutrition Principles Reading assignments/Quiz/ Homework Complete the TCM intake based on the topic of the weekend.	Virtual	Dr. Abitbol
		Weekend XII		
12/20/2025	9 am – 12 pm	Psychological Disorders	Virtual	Dr. Abitbol
12/21/2025	9 am – 1:30 pm	GYN/Urology Review of meridians that pass through each area we study Reading assignments/Quiz/ Homework Complete the TCM intake based on the topic of the weekend.	Virtual	Dr. Abitbol
1/11/2026	9 am – 5 pm	Practical Practice & Review	In-person TBD	Ms. Kruck