

Medical Acupuncture at Downstate

APPLICATION



DOWNSTATE
OFFICE OF CONTINUING
MEDICAL EDUCATION

Medical Acupuncture, a term coined by Dr. Joseph Helms, founding President of the American Academy of Medical Acupuncture, has helped to advance the acceptance of acupuncture practice in Western Medicine. Today, acupuncture is widely practiced in the U.S. The 2012 National Health Interview Survey (NHIS), which included a comprehensive survey of CAM use by Americans, showed that approximately 33 percent of adults use CAM. [See the nccih website for more about acupuncture.](#)

The State University of New York Downstate Health Sciences University is one of 64 campuses in the State University system. The State University of New York (SUNY) is the largest public university system in the nation and offers a complete range of academic, professional, and vocational programs. The Downstate Medical Center campus, located in Brooklyn, comprises a College of Medicine, School of Health Professions, College of Nursing, School of Graduate Studies, School of Public Health, and University Hospital of Brooklyn. It is one of the nation's leading medical centers and the only academic medical center in Brooklyn. It serves a population of over 2.3 million people, which is one of the most diverse populations in the world.

Graduates of our Acupuncture program represent various medical disciplines, such as Rehabilitation Medicine, Primary Care, Surgery, and Dentistry

PROGRAM OVERVIEW

The program consists of 300 hours of didactic seminars and clinical workshops and concentrates on the following:

- fundamentals of acupuncture theory
- channel and point locations and functions
- concepts and approaches in Chinese diagnostics and therapy
- needling techniques
- patient management for the most prevalent conditions facing the practitioner

The Program is designed to meet the acupuncture curricula of the New York State Education Department. The sequence of educational activities represents 300 hours of formal instruction in practice acupuncture. The course is divided into three sections which can be taken independently. Lectures involve the essential aspect of acupuncture, which includes video course viewing, and supervised clinical training.

PROGRAM OBJECTIVES

Upon completion of this program, the participants will be able to:

- describe the fundamentals of acupuncture theory
- identify channel, point locations, and functions
- interpret concepts and approaches in Chinese diagnostics and therapy
- demonstrate needling techniques;
- establish patient management for the most prevalent conditions facing the practitioner
- employ acupuncture skills in their medical practice and be well prepared for study in any specialized or advanced aspects of acupuncture.

TARGET AUDIENCE

This 300-hour educational program qualifies participants for the New York State Acupuncture Certification. **The program is open only to licensed physicians and dentists.** If you are licensed outside of New York State, please call your Medical Board to find out the required hours for licensing. Licenses must be up to date.

PROGRAM DATES AND SCHEDULE OF CLASSES

The program is held twice a year over the course of two different semesters. The fall semester starts in September or October, and the spring semester starts in March or April and runs for approximately six (6) months. The program is conducted on weekends. Sessions meet Fridays 4 PM to 8 PM; and Saturdays and Sundays, 9 AM to 6 PM.

Classes for components I & II are scheduled in-person and online. The clinical demonstration component (Section III) schedule is based on clinic and physician availability.



COURSE OF STUDY

Section I

Basic Aspects of Acupuncture

The fundamental aspects of acupuncture are presented in this section, which is covered by hours of instruction, quizzes, exams, and video-viewing assignments.

Section I begins with a historical and scientific overview of acupuncture. It explains its context in modern medicine; describes Ying Yang Theory; the Theory of Five Elements; Essence, Energy, Blood & Body Fluid; Eight Principles and Zang-Fu Theory. It also introduces Tongue & Pulse Diagnosis, Meridians & Channels and Significant Acupuncture Points and addresses palpitation and needling skills to initiate learning the manual skills of acupuncture. Precautions, contraindications, managing accidents of acupuncture theory, and dangerous points are discussed.

Section II

Specific Uses and Techniques of Acupuncture

They are designed to provide knowledge of specific uses and techniques of acupuncture.

1. Basic acupuncture: Myofascial pain and fibromyalgia management.
2. Basic acupuncture: Head and facial pain management.
3. Basic acupuncture: Low back pain management.
4. Basic acupuncture: Neuropathic pain management.
5. Acupuncture therapy for stroke rehabilitation, facial palsy, Parkinson's disease and Alzheimer's disease.
6. Acupuncture therapy for the respiratory system and mouth disorders.
7. Acupuncture therapy for toothache; gingivitis; post-extraction; pharyngitis; allergies; acute sinusitis, rhinitis, tonsillitis and bronchitis; colds and flu and asthma.
8. Acupuncture therapy for gastrointestinal disorders: esophageal spasm; colitis; hiccup; gastroptosis; gastritis; ulcer; constipation; diarrhea and nausea following surgery or chemotherapy and for nausea of pregnancy.
9. Acupuncture therapy for heart problems; palpitations; high blood pressure; menstrual cramps; infertility; premenstrual syndrome; and sexual dysfunction.

Section III

Clinical Demonstration

This section is designed to provide 100 hours of supervised clinical activities. The clinical unit is structured to reinforce the classroom presentations into practical application. Clinical rotations take place at state-of-the-art facilities in New York City.

ACCREDITATION

New York State

The State University of New York has approved the Medical Acupuncture Program at Downstate as a non-credit certificate (HEGIS #5299) program meeting the 300-hours requirement to become a licensed practitioner of acupuncture in New York State.

Accreditation Council for Continuing Medical Education (ACCME)

The State University of New York (SUNY) Downstate Health Sciences University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Downstate Health Sciences University designates this live for a maximum of *300 AMA PRA Category 1 Credits™*.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Medical Acupuncture (ABMA)

The American Board of Medical Acupuncture approves this program as meeting the minimum educational standards for board certification with the ABMA.

Special Needs: In accordance with the Americans with Disabilities Act, SUNY Downstate Health Sciences University seeks to make this course accessible to all. If you have a disability that might require special accommodations, please contact the Office of CME or e-mail your needs to: ocme@downstate.edu.



ADMISSION REQUIREMENTS

This certificate program is open only to licensed physicians and dentists. The applicant should:

- complete the attached application form;
- provide a curriculum vitae
- provide a current, active medical or dental license and registration, and
- Proof of medical insurance

Applicants who are residents are required to provide a letter from the program director indicating the licensed resident's status. MD license is required for New York State certification. If you are licensed outside of New York State, please call your Medical Board to find out the required hours for licensing.

REGISTRATION INFORMATION

Register online at <https://www.downstate.edu/education-training/continuing-medical-education/acupuncture/class-schedule.html>

OTHER REGISTRATION OPTIONS

Mail:
SUNY Downstate Health Sciences University
OCME Box 1244
450 Clarkson Avenue
Brooklyn, NY 11203

FAX:
718-270-4563

Tuition

Tuition for the entire certificate program is \$6,000. You may register for each section individually (\$2,000 per section). For payment arrangements, please contact the Office of CME at 718-270-2422. The fee does not include books and required materials such as needles.

To pay by credit card, visit

<https://www.downstate.edu/education-training/student-services/bursar/emarket.html>

To pay by mail, make a check payable to SUNY Downstate Office of CME and forward the check to Office of CME, 450 Clarkson Avenue MS 1244, Brooklyn, NY 11203.

REFUND

A full refund will be given if the course is canceled, discontinued by the college, or if you are not accepted into the program. Cancellation by a program participant will be accepted one week before the class is scheduled to begin; a \$150 cancellation fee will be charged. Once the program has begun, tuition is non-refundable. OCME has the right to cancel the course or change lecture dates. We will notify you of any such changes.

TRAVEL DIRECTION

For directions and parking, go here-

<https://www.downstate.edu/about/contact-us/directions-locations-parking/index.html>

For additional information regarding this program, please call (718) 270-2422 or send us an e-mail at ocme@downstate.edu

[To Apply Click Here](#)