



Spring 2026 Schedule

Essentials of Acupuncture/ Clinical Intensive

Classes are NOT recorded. Virtual sessions will be held via Zoom. The last class must arrange clinical hours (100) in June. Final exam date TBA.

Date	Time	Class	Room	Faculty
<b>Weekend I</b>				
03/06/2026	4 pm – 8 pm	ACU 1000 – Introduction to Acupuncture Assigned video viewing	<b>395 Lenox Road building</b> <b>In-person Lecture Hall 1A</b>	Dr. Chao
03/07/2026	9 am - 1 pm	ACU 1010 - Theories of Traditional Chinese Medicine	<b>In-person Lecture Hall 1A</b>	Dr. Abitbol
03/08/2026	9 am - 1 pm	ACU 1010 - Theories of Traditional Chinese Medicine Assigned video viewing/ Quiz	<b>Virtual</b>	Dr. Abitbol
<b>Weekend II</b>				
03/14/2026	9 am - 2 pm	ACU 1030- Diagnosis of TCM	<b>Virtual</b>	Dr. Abitbol
03/15/2026	9 am – 5 pm	ACU 1030- Diagnosis of TCM/ ACU 1040- Syndromes Differentiation Assigned video viewing/ Quiz	<b>In-person Lecture Hall 1A</b>	Dr. Abitbol
<b>Weekend III</b>				
03/21/2026	9 am - 1 pm	ACU 1020- TCM Pathogenesis	<b>Virtual</b>	Dr. Abitbol
03/22/2026	9 am – 1 pm	ACU 1020- TCM Pathogenesis	<b>Virtual</b>	Dr. Abitbol
<b>Weekend IV</b>				
03/28/2026	9 am – 5 pm	Meridians Part 1, Introduction to Needling and Needle Techniques, Demos and quiz (on Needle safety)	<b>In-person Lecture Hall 1A</b>	Ms. Kruck
03/29/2026	9 am - 5 pm	Meridians Part 2, Needle Techniques, practice, Demo, Quiz (Measurements, needle depth, and angles)	<b>In-person Lecture Hall 1A</b>	Ms. Kruck
<b>Weekend V</b>				
04/11/2026	9 am - 1 pm	Part 1- Head and Face/ Respiratory Problems. Assign Video viewing Quiz =Pts, Tongue & Pulse	<b>Virtual</b>	Ms. Kruck

04/12/2026	9 am - 1 pm	Part 2- Head and Face/ Respiratory Problems Assign Video viewing needle technique video Quiz=How to do needle techniques for these points for head and w/c etc.	Virtual	Ms. Kruck
<b>Weekend VI</b>				
04/18/2026	9 am – 5 pm	Part 1-Upper & Lower Extremities / Part 2-Upper & Lower Extremities Assign Video needle techniques for shoulder, Knee, hip, and surgery recovery Quiz/ Case Studies	In-person Lecture Hall 1A	Ms. Kruck
04/19/2026	9 am - 5 pm	Adjunctive therapies -Moxa, cupping, Gua Sha, Advanced Needle Techniques Assigned Video- 10,000 needles Quiz -Practical Point Location in class	In-person Lecture Hall 1A	Ms. Kruck
<b>Weekend VII</b>				
04/25/2026	9 am - 5 pm	<b>Spinal &amp; Thoracic Pain/ Neurological Disorders</b> This course will review the common signs and symptoms of neurological disorders and describe the links between the twelve meridians and neurological disorders.	In-person Lecture Hall 1A	Dr. Zhou
04/26/2026	9 am – 2 pm	<b>Spinal &amp; Thoracic Pain/ Neurological Disorders</b> Lecture: The treatment of common neurological disorders, including Scalp acupuncture therapy—location, indications, and manipulation — will be discussed. Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection, and use of modalities) Reading assignments/Quiz/ Homework Complete and TCM intake based on the topic of the weekend.	Virtual	Dr. Zhou
<b>Weekend VIII</b>				
05/02/2026	9 am – 1:30 pm	<b>Cardiovascular</b> - Heart and Blood Problems Review of common signs and symptoms of cardiovascular disorders, along with descriptions of the meridians linked to these disorders.	Virtual	Dr. Zhou
<b>Weekend IX</b>				
05/03/2026	9 am – 4:00 pm	<b>Cardiovascular</b> - Heart and Blood Problems Review the meridians that pass through each area we study. Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection, and use of modalities) Reading assignments/Quiz/ Homework Complete the TCM intake based on the topic of the weekend.	In-person Lecture Hall 1A	Dr. Zhou

05/09/2026	9 am – 1 pm	<b>Respiratory systems</b> Review of meridians that pass through each area we study Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection, and use of modalities) Quiz assigned	Virtual	Dr. Zhou
		Weekend X		
05/16/2026	9 am -5 pm	<b>GI Systems</b> Review of meridians that pass through each area we study Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection, and use of modalities) Bonus: TCM Nutrition Principles Reading assignments/Quiz/ Homework Complete the TCM intake based on the topic of the weekend.	In-person Lecture Hall 1A	Dr. Zhou
05/17/2026	9 am – 1:30 pm	<b>WHO/OB/GYN/Urology</b> The learner will become familiar with evidence-based treatment, based on the diagnosis of TCM, which will be discussed with important acupuncture points to be used. Review of common signs and symptoms of OB/GYN disorders, including descriptions of the meridians linked to these disorders.	Virtual	Dr. Zhou
		Weekend XII		
05/30/2026	9 am – 1:30 pm	<b>OB/GYN/Urology</b> Review of meridians that pass through each area we study Reading assignments/Quiz/ Homework Complete the TCM intake based on the topic of the weekend.	Virtual	Dr. Zhou
05/31/2026	9 am – 1:30 pm	<b>Psychological Disorders</b> Review Extraordinary organs, i.e., Brain Psychological Disorders Bonus: Health Cultivation Review FREE Choice Q & A Discussion: Case Study in class (presentation, assignment in class to complete case studies (differential diagnosis, treatment plan, point selection, and use of modalities)	Virtual	Dr. Zhou
06/06/2026	9 am – 5 pm	<b>Practical Practice &amp; Review</b>	In-person TBD	Ms. Kruck