



**SUNY DOWSTATE MEDICAL CENTER
AMERICAN ASSOCIATION OF COMMUNITY PSYCHIATRISTS**

In association with

**Office of Mental Health, State of New York
Center for Mental Health Services
New York City Health and Hospitals Corporation
Brooklyn Psychiatric Society
National Alliance on Mental Illness**

Presents

**American Association of Community Psychiatrists
Winter Meeting 2008**

Friday and Saturday, February 8 – 9, 2008

9am – 6pm

SUNY Downstate Medical Center

Alumni Auditorium

395 Lenox Road

Brooklyn, NY 11203

The American Association of Community Psychiatrists (AACCP) is the nation's largest psychiatric organization committed to promote and provide quality care and to integrate practice with policies that improve the well being of individuals and communities. The 2008 winter meeting of the AACCP will be held in Brooklyn, New York, on February 8th and 9th on the campus of the State University of New York Downstate Medical Center (SUNY Downstate) New York City's only public medical school. Co-sponsors include the Federal Center for Mental Health Services Substance Abuse and Mental Health Services Administration (SAMSHA), the New York State Office of Mental Health (OMH), the New York City Health and Hospitals Corporation (NYCHHC), the National Alliance on Mental Illness (NAMI), the Brooklyn Psychiatric Society, and SUNY Downstate.

On Friday, February 8th, lectures and panels will address system transformation and recovery. Featured presenters include Kenneth Thompson MD, the Medical Director of SAMSHA, as well as OMH's Commissioner, Michael F. Hogan, PhD, NYS Medical Director, Lloyd Sederer, M.D., Medical Director, Office of Mental Health, State of New York and leaders from NAMI and other parts of the country.

Saturday, February 9th, will be devoted to developing participants' ability to use Cognitive Behavioral Therapy (CBT) interventions with psychotic patients. After years of considering pharmacological and supportive psychotherapy as the maintenance treatments for schizophrenic and other chronically ill patients, clinicians have begun recognizing the value of the clinician-patient partnership that CBT provides.

Professor Douglas Turkington from the United Kingdom will present on the use of CBT for psychotic disorders-for which he is known internationally, while Professor Michael Garrett, Vice Chair of Psychiatry at SUNY Downstate, together with Dr. Page Burkholder, Medical Director, Chemical Dependency Services at Kings County Hospital Center, will provide a full day introduction to the background and application of CBT, including tapes of patients treated at public psychiatry sites in New York.

NEEDS

Both nationally and in New York State, new vocabularies, and new approaches, to working with those with serious mental illnesses have been introduced. "Recovery", "system transformation", "CBT of psychosis" are terms that were rarely used just a few years ago. Evolving concepts of what can be expected as outcomes for those with schizophrenia, bipolar disorder, and other serious and persistent mental illnesses has changed dramatically. Interventions focusing on the reintegration of these patients into social and occupational positions, and of increased expectations of their ability to 'recover' have changed/are changing, the field.

That these developments are at the forefront of the field is demonstrated by the fact that they were the focus of a plenary meeting of the American Association of Chairs of Departments of Psychiatry, the national organization which is comprised of the chairs of all academic departments of psychiatry from around the country. After presentations for the Federal Government and the country's largest consumer organization the topic was opened for discussion. The consensus of this group of senior leaders in academic psychiatry was that they, and their faculty and students, had not been sufficiently exposed to these concepts. This leadership consensus agreed that faculty, practitioners, and indeed, they themselves needed to be educated about these critical areas. This conference, with participation and presentations from Federal, multiple state and consumer perspectives is designed to address those needs.

OBJECTIVES

At the conclusion of this conference, participants should be able to:

- Recognize the value of the clinician-patient partnership that CBT provides
- Understand the use and need for CBT
- Understand the treatment models for psychosis

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the State University of New York (SUNY) Downstate Medical Center and the American Association of Community Psychiatrists. The State University of New York (SUNY) Downstate Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The SUNY Downstate Medical Center designates this educational activity for a maximum of 11.5 AMA PRA Category 1 Credit(s)TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement

SUNY Downstate Medical Center Office of CME (OCME) and its affiliates are committed to providing educational activities that are objective, balanced and as free of bias as possible. The OCME has established policies in place that will identify and resolve all conflicts of interest prior to this educational activity. All participating faculty are expected to disclose to the audience, verbally or in writing, any commercial relationships that might be perceived as a real or apparent conflict of interest related to the content of their presentations, and unlabeled/unapproved uses of drugs and devices. Detailed disclosures will be made verbally and/or in writing during the program.

ADA Statement

Special Needs: In accordance with the Americans with Disabilities Act, SUNY Downstate Medical Center seeks to make this conference accessible to all. If you have a disability which might require special accommodations, please contact 718 270-2023 or e-mail your needs to: Catherine.cozzolino@downstate.edu

Day One- Feb 8, 2007 AACP Winter meeting

11:00-12:00	<u>Registration</u>
12:00-12:15	<u>Welcomes and Greetings</u> John C. LaRosa MD, President, SUNY Downstate Medical Center Ian L. Taylor MD, PhD, Dean, School of Medicine, SUNY Downstate Stephen M. Goldfinger MD Chair, SUNY Downstate, Dept. of Psychiatry and Behavioral Sciences; AACP Board
12:15-12:45	<u>Recovery and Transformation: The National Perspective</u> Kenneth S. Thompson MD Medical Director, Center for Mental Health Services, SAMHSA AACP Board
12:45-1:30	<u>A Vision for New York State</u> Michael F. Hogan PhD Commissioner, Office of Mental Health, State of New York Chair, President's New Freedom Commission on Mental Health
1:30-2:00	<u>Recovery is in the eyes of the beholder-</u> Jacqueline M. Feldman MD Professor of Psychiatry, University of Alabama at Birmingham Immediate Past President, AACP Board Suzanne Vogel-Scibilia MD Immediate Past President, NAMI; AACP Board
2:00-2:30	Break
2:30-3:15	<u>Views from around the country-How do we implement our visions?</u> Kenneth Duckworth, MD (Chair) Medical Director, NAMI; AACP Board Alan Radke MD, Minnesota Department of Human Services Medical Director and State Operated Services Chief Medical Officer, AACP Board Cheryl Bower-Stevens MD, MBA Assistant Secretary, Office of Mental Health Louisiana Dept of Health and Hospitals, AACP Board Lloyd Sederer MD Medical Director, Office of Mental Health, State of New York
3:15-3:45	<u>Consumer panel: What you see depends on where you stand</u> Wesley Sowers, MD (moderator) President, AACP John Allen, Special Assistant to the Commissioner; Director - Office of Consumer Affairs, OMH Jonathan P. Edwards, Consumer Affairs Coordinator NYC Health and Hospitals Corporation
3:45-4:30	<u>Rhetoric to Reality - Designing systems, programs, and practices</u> Kenneth Minkoff, MD Senior Systems Consultant, ZiaLogic and ZiaPartners, AACP Board Chris Clein, MD President, ZiaLogic and ZiaPartners Former Medical Director New Mexico Dept of Health Behavioral Health Services Division AACP Board
4:30-5:00	Open discussion, Closing remarks
5:00-6:00	Wine and Cheese reception

Day Two- Feb 9, 2007 AACP Winter meeting - CBT for Psychosis Seminar

8:30-9:00	Introductions Dr. Goldfinger and Senior State and HHC Leadership
9:00- 9:30	Background and History of CBT for psychosis The Stress/Vulnerability Model of schizophrenia The A-B-C Clinical Frame Normalizing' psychotic experience Michael Garrett, MD
9:30-10:30	KEY NOTE LECTURE CBT for Psychosis – An Evidence Based Intervention Treatment Outcomes Efficacy and Effectiveness The INSIGHT STUDY Douglas Turkington, MD
10:30-10:45	BREAK
10:45:11:00	Implementing the A-B-C Model with Patients Working with DELUSIONS Engaging the psychotic patient Defining a problem which is a source of distress for the patient The A-B-C Model in action Challenging beliefs Page Burkholder, MD
11:30-:12	Clinical Presentations from Front Line Clinicians Mark Lerman, DO. Clinical Director, Kingsboro Psychiatric Center Robert Silverman, Ph.D. – Staff Psychologist, Creedmoor Psychiatric Center Elaine Vasilopoulos, Ph.D. - Staff Psychologist, Creedmoor Psychiatric Center Rajvee Vora, M.D., PGY IV - SUNY Downstate Medical Center Dinara Amanbekova, M.D. – PGY IV – SUNY Downstate Medical Center
12 -1:00PM	LUNCH
1- 1:45	Implementing the A-B-C Model with Patients Working with VOICES Assessing voices Identity Omniscience Omnipotence Power relationship and compliance beliefs Attention based and belief based interventions Michael Garrett, MD
1:45-3:00	CBT for Psychosis – Examples of Clinical Work – Videotape and Role Play Douglas Turkington, MD
3 – 3:10	BREAK
3:10-3:40	Video Tape Presentations of Completed CBT for Psychosis Treatment Michael Garrett, MD
3:40-4:10	Clinical Case Presentations - Kings County Hospital OPD Page Burkholder, MD
4:10-4:40	OPEN MICROPHONE DISCUSSION Presenters, providers, and administration
4:40	Summation and Next Steps Stephen M. Goldfinger, MD

SPEAKERS LIST - AACP Winter Meeting, SUNY Downstate, February 8-9, 2008

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Suzanne Vogel-Scibilia MD
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Registration Form - Transforming our System, Changing our Practice - February 8-9, 2008

Name	
Agency Name	
Agency Affiliation <input type="checkbox"/> SUNY <input type="checkbox"/> OMH <input type="checkbox"/> HHC <input type="checkbox"/> BPS	
OTHER	
Address	
City	
State	Zip Code
Telephone ()	Fax ()
Email-Address	
Specialty	
Degree	
Student <input type="checkbox"/> Y <input type="checkbox"/> N	Resident <input type="checkbox"/> Y <input type="checkbox"/> N Where?
Do you require certification for Continuing Education Credit?	<input type="checkbox"/> Yes, \$20 additional <input type="checkbox"/> No

Registration fees (includes Friday night reception, breakfast and box lunch)

General Registration: \$150
 Brooklyn Psychiatric Society and/or AACP members: \$100
 Residents and Fellows: \$40

OMH and HHC employees:

Please contact your supervisor for registration information (waived or special registration/cme fees have been arranged)

SUNY Downstate and OMH trainees (medical students, residents and fellows): **fee waived**

(Attach copy of ID, letter from your Chair or Program Director or other proof of status)

Tuition Enclosed:	
Method of Payment:	
<input type="checkbox"/> Check <input type="checkbox"/> Visa <input type="checkbox"/> Master Card <input type="checkbox"/> Discover	
<i>To be Completed by credit Card Users Only</i>	
Card Number	
Expiration Date	
Signature	Today's Date

Full tuition must accompany the registration form. Please return your registration form by January 31, 2008. A \$25 administrative fee will be deducted from all refunds for Cancellations. No refunds can be issued once the program has begun.

Please make your check payable to UPB/Psychiatry and mail to:

Office of CME, Box 1244, SUNY Downstate Medical Center, Brooklyn, NY 11203

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