

EXPLORING HEALTH CAREERS PROGRAM

The Exploring Health Careers at SUNY Downstate Health Sciences University is a 4 week program designed to expose students from partnering colleges and universities to career options in the health professions. Through faculty presentations, workshops, shadowing and discussions with practitioners, EHC participants will learn how to prepare for health career programs while clarifying the next steps in their academic and professional journeys.

PROGRAM HIGHLIGHTS

- Competitive Stipend | Four Weeks | June 8 - July 3, 2026
- Presentations and workshops from Physicians, Scientists, Health Professionals (PAs, PTs, OTs etc.), Medical school students and more!
- Admissions insights, academic advisement, and specialty exposure
- Service Learning and Clinical Shadowing Opportunities

ELIGIBILITY REQUIREMENTS

- U.S. Citizen or Permanent Resident
- Completion of at least 1 semester of Science or Math coursework
- 2.75 Minimum G.P.A.
- Educationally or financially disadvantaged students
- Preference given to current Undergraduate Freshman and Sophomores



[CLICK HERE
TO APPLY](#)



Successful participants of EHC are encouraged to apply to our other pathway programs.

APPLICATION REQUIREMENTS

- Online application (includes essay)
- Letter of Recommendation from Science/Math professor or Advisor
- Unofficial undergraduate transcripts from all colleges attended

PROGRAM REQUIREMENTS

- Full attendance and participation
- Successful completion of program deliverables
- Students are NOT permitted to work, attend classes or vacation DURING the program hours.
- Application deadline: Sunday February 1st, 2026

QUESTIONS?

Pathwayprograms@downstate.edu

Please mention EHC in the subject line