

Medical Student Council Meeting Wednesday, **February 20** 2019 6:00 PM Student Center Main Lounge ***Minutes***

Attendance: Name (proxy for name)

Jonas Kwok (Michael Levine), Brandon Adelson (Kurnvir Singh), Antonios Dimopoulos, Pratik Chandra, Jordana Meisel, Sarah Galler (Elizabeth Moccia), Boey Li (Sejal Shah), Elaine Fletcher, Alice Herchek, Aaron Conway, Kingsley Cruickshank, Alfonso Caetta, Aaron Huang (Rabani Bharara), Dr. Luchessi, Dean Putman

Minutes recorded by Aaron Huang

Jordana Meisel presiding over meeting. Aaron Huang is scribing the minutes.

New Business

- 1.) Budget Requests
 - a. Nursing-Medical Student Alliance Stephanie, Ruth
 - i. First Meeting 2/27
 - Link med students and nursing students to help facilitate communication; help stop stigma that nurses are inferior to doctors; help improve care for patients; intro to club (2 speakers NP and physician from BFC to see how relationships function); first RSVP had 30 and second one had a few more so expect a lot (interest from nursing leadership too)
 - ii. Second Meeting TBA
 - Panel of nurses or physicians to discuss perspectives (tentative as of now) or talk about specific topic - patient handoff, efficient discharge
 - iii. Requesting 200\$ for each of the meetings, 400\$ total
 - b. Maimonides Society Michael Freilich
 - i. Multiple Events
 - 1. Passover (Med Council funded one)

- a. Show culture, weekly 100\$ pizza lunches, not asking for weekly things, just bigger things like the holidays
- ii. Requesting \$310 total from MC, 250 from Uni Council (supposed to be med council?), so 560\$ total
- c. American Medical Womens Association Anna Fomitchova
 - i. International Women's Day movie screening (March)
 - ii. Fundraiser (April)
 - iii. Mentor/mentee coffeehouse (May)
 - 1. Similar to the faculty dinner feel to have an opportunity to meet others and learn about different fields
 - 2. Between MS 3 and 4 years and just generate more of a presence and do more community service like women shelters
 - iv. Health and Wellness fitness class at Prospect Park (June)
 - 1. Water bottles and more of a community event, health+fitness education
 - v. Requesting 675\$ total from MC, 300\$ from Uni Council
 - 1. Had a faculty dinner (mainly known for)
- d. SUNY Downstate Book Club Christopher George, Radhika, Omran, Aram
 - i. Short story discussion/interest meeting
 - 1. May not always be medical; may do events related to the book like speaker events or just discussions; may want to host documentary watching; want to see it as more involved
 - ii. Book
 - 1. Can't fund the books
 - iii. Book Discussion
 - iv. Requesting 256\$ total from MC, 100\$ from Uni Council
- e. Downstate Surgical Society Mahdi Hossain, Pellin
 - i. MLK Day service event
 - 1. Already happened just uber money
 - ii. Speaker event for MS1/2
 - 1. Speak about surgery as specialty, work life balance, residency process, expecting 30 members
 - iii. Brooklyn College Event
 - 1. Service event with other surgery clubs doing things with pre med students having a panel then teach suturing so money for supplies, have 12 suturing kits among the different downstate clubs, first plan to find expired ones
 - iv. Requesting 312.40\$ total from MC
- f. Student Trauma Interest Group Connelly Miller
 - i. Supplies
 - Waitlist of 75 students so goal for this year is to double or triple capacity of suture clinics; has been trying to run suture clinics each month and biggest limitation is the cost and availability of the kits; maybe try doing IV clinic so work with nursing school for prosthetic arms to run IVs, run an actual elective in the fall + presentation of one of doctors in ED in charge of trauma research to let people know about trauma research
 - ii. Requesting 651.60\$ total from MC
- g. Innovate Medicine (Innovate-Med) Interest Group Alfonso Caetta, John Hordines
 - i. Food for events (?)

- 1. Talk about new research in the school and how the ideas come into reality; journal club oriented (pending FDA approval kind of papers) so various interests and will choose mission statement once
- ii. Requesting 250\$ total from MC
- h. Downstate Initiative for Nutritional Empowerment Radhika Viswanathan, Michele Wong, Lisa Kim
 - i. Vegetarian chill+welcome event
 - First nutrition club, open to all colleges, thought important after unit 2 so looked for nutrition club only to find nothing so they started one; 3 parts of goal: educating students that are future healthcare providers for self and patient, increasing access to healthy foods in community and downstate, publish a student map during orientation to each college to help with healthy eating (for publish materials)
 - 2. Event is for educating students budget friendly cooking with
 - dietician; food from local vegan restaurant to support it; hoping it can be a series to show healthy eating is doable
 - 3. Create catering menu for other clubs at lower price point and healthier, started negotiating with veggie (on Nostrand restaurant)
 - ii. Study Snacks
 - 1. Making something that you can bring with you and is healthy, packed with energy
 - iii. Speaker event (Rosenfeld) + collaboration with disabilities club to talk about nutrition's effect on child development
 - iv. Set up maybe co-op at farmer's market so maybe pay a certain amount to get weekly produce at the market; general interest had 31 responses and lots of faculty
 - v. Requesting 250\$ total from MC, 250\$ from Uni Council
- i. Muslim Students Association Mohammad Khan, Stofana
 - i. Weekly halaqahs
 - 1. Very structured, pray, then presentation/talk, each student takes time to prepare talk (4-5 hrs to prep), structured discussion, then roses and thorns for check in (find out things that maybe they could help)
 - 2. Consistently get around 20 people, tight-knit community
 - 3. Prayer times mess with PBL afternoon times
 - ii. Weekly dinners in Ramadan
 - 1. Once a week meal to break up the fast for 30 days; halal food tends to be more expensive, don't get halal foods at other campus events, important to have that food at these meetings
 - 2. 50+ people come for the Eid dinner, they had pushback for if it occurred in the gym (had nearly 100 people this year)
 - iii. Requesting 1500\$ total from MC, 500\$ from Uni Council
 - 1. Still want to request 600\$ on the bottom event as they have nearly 3000\$ in the budget since last meeting

Old Business

1.) Class Updates

A.) 2019

- a. Planning senior week (very \$\$\$), submitted rank lists deadline
- B.) 2020
 - a. Fine, last rotation of third year woo
- C.) 2021
 - a. *crickets*
- D.) 2022
 - a. Doing well, all stayed on from elections, SLC elections during unit 4 anticipate turnover because not everyone likes everyone (personally?), anatomy teachers aren't great, bug list

Trending Topics

- 1.) Visibility of student reps for COM2022 especially for feedback and concerns
 - a. Jonas had town hall with Dr. Lucchesi (MS4s), issue with visibility to classmates and they should know who we are, lot has to do with willful lack of engagement by classmates maybe but we should do more to really enhance visibility; example by Jonas: when SLC does survey, happy when you get 50 responses so under 50% not good enough want 80-90, feedback great so how do we represent (survey fatigue??), Jonas talked to peers and they were confused about people's roles in SLC and MC so there's assumption that we just stop working for them after a certain period, maybe ppl don't feel comfortable; suggestions: make subcommittee to change this(?), put active work to prevent this (prophylaxis! rifampin), regularly remind classmates who we are (office hours??), bulletin boards in 5 and 6 floors so maybe put things there, transition to 3rd year make sure people know we're there, lastly
 - i. SLC meetings don't happen that often (?), for 1st years it happens once a month and then Roman and Eisner meet biweekly
 - ii. Better communication and keep up MS1 and 2 years into 3 and 4 (keep in mind @ COM 2022)
 - iii. Town halls for our classes?
 - iv. Make a separate email that says MC is a town hall (will include time to bring up concerns) - they can contribute to trending topics so keep to email and then maybe invite them if certain issue

2.) Role of SLC in clinical years

a. MS3s only met around 1 or 2 times a month, communicate to class via newsletters to help with understanding of what happens behind the scenes for their class

Closed Meeting:

- i. Motioned by Jonas Kwok
- ii. Seconded by Boey Li
- iii. Meeting is now closed.

New Business

- 1.) Approval of January Minutes
 - a. Motion to approve January minutes made by Sarah Galler
 - b. Seconded by Pratik Chandra
 - i. Vote:

- 1. For 17
- 2. Against 0
- 3. Abstain 0

Motion passes to approve January minutes

- 1) Budget Requests:
 - i. Nursing-Medical Student Alliance Sabrina Ghalili
 - 1. Options: fund 250 for new club have them come back for second half
 - 2. Motion to fund 250 for new club have them come back for second half made by Boey Li, second by Elaine Fletcher
 - 3. Vote:
 - a. For 17
 - b. Against 0
 - c. Abstain 0

Motion passes to transfer \$250 from Projects and Programs (40-70174-012-30001) to Nursing-Medical Student Alliance (40-70375-012-30001) Attachment 1

- ii. Maimonides Society Michael Freilich
 - 4. Options: Not fund and come back in a month after using what is in their budget (1250\$) as we should only be funding monthly meetings, fund in full
 - 5. Motion to not fund and come back in a month after using what is in their budget (1250\$) as we should only be funding monthly meetings made by Boey Li, second by Sarah Galler
 - 6. Vote:
 - a. For 17
 - b. Against 0
 - c. Abstain 0

Motion passes to not fund

Attachment 2

- iii. American Medical Womens Association Anna Fomitchova
 - 7. Options: option 1 no yoga in park and fund first event and then fund the coffeehouse for total of 425\$ with the 20\$ napkins, option 2 is to fund 50 for movie night and full 325 for coffeehouse, option 3 to fund total of 230 (75% from the original third event) which is 80 for the movie night (sans napkins) and then 150 for the coffeehouse since no tokens
 - 8. Motion to option 3 made by Jonas Kwok, second by Alice Herchek
 - 9. Vote:
 - a. For 17
 - b. Against 0
 - c. Abstain 0

Motion passes to transfer \$230 from Projects and Programs (40-70174-012-30001) to American Medical Womens Association(40-70244-012-30001) Attachment 3

- iv. SUNY Downstate Book Club Christopher George
 - 10. Options: Fund 250 and then can't buy book
 - 11. Motion to fund 250 but make the stipulation that they can't buy the book made by Sarah Galler, second by Jonas Kwok
 - 12. Vote:
 - a. For 17
 - b. Against 0
 - c. Abstain 0

Motion passes to transfer \$250 from Projects and Programs (40-70174-012-30001) to Downstate Book Club (40-70373-012-30001) Attachment 4

- v. Downstate Surgical Society Mahdi Hossain
 - 13. Options: Fund in full with stipulation to share their suture kits with STIG
 - 14. Motion to fund in full (312.40) with stipulation to share their suture kits with STIG made by Boey Li, second by Alice Herchek
 - 15. Vote:
 - a. For 17
 - b. Against 0
 - c. Abstain 0

Motion passes to transfer \$312.40 from Projects and Programs (40-70174-012-30001) to Downstate Surgical Society (40-70273-012-30001) Attachment 5

- vi. Student Trauma Interest Group Connelly Miller
 - 16. Options: No fund now and come to next meeting but have them collaborate with surgical society
 - 17. Motion to not fund now and come to next meeting but have them collaborate with surgical society made by Alice Herchek, second by Aaron Huang
 - 18. Vote:
 - a. For 15
 - b. Against 1
 - c. Abstain 1

Motion passes to not fund.

- Attachment 6
- vii. Innovate Medicine (Innovate-Med) Interest Group Alfonso Caetta
 - 19. Options: Fund in full
 - 20. Motion to fund in full (250) made by Sarah Galler, second by Alice Herchek
 - 21. Vote:

- a. For 16
- b. Against 0
- c. Abstain 1

Motion passes to transfer \$250 from Projects and Programs (40-70174-012-30001) toInnovate Medicine Interest Group (40-70372-012-30001)Attachment 7

viii. Downstate Initiative for Nutritional Empowerment - Radhika Viswanathan

- 22. Options: Fund in full
- 23. Motion to fund in full (250) made by Kingsley Cruickshank, second by Boey
- 24. Vote:
 - a. For 17
 - b. Against 0
 - c. Abstain 0

Motion passes to transfer \$250 from Projects and Programs (40-70174-012-30001) to Downstate Initiative for Nutritional Empowerment (40-70374-012-30001) Attachment 8

- ix. Muslim Students Association Mohammad Khan
 - 25. Options: Not fund and come back if their current funds run out, fund only 300, not fund and talk to them to discuss itemized plan of what they're using their current funds for and then we fund the difference (should be only 0 or 300) don't need to come back just show memo needing the money
 - 26. Motion to table to get information made by Elaine Fletcher, second by Boey Li
 - 27. Vote:
 - a. For 17
 - b. Against 0
 - c. Abstain 0

Motion passes to table.

Motion to end meeting by Boey Li

Seconded by Sarah Galler

Meeting Closed at 8:31

Minutes were scribed by Aaron Huang

Approved by Aaron Huang - Medical Council Secretary

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Attachment 9

Attachment 1

DOWNSTATE2/14/2020				Interim Budget Request Form Date: -			
	ORGANIZATION N	CIL Feinding ONILLY	Mach Counter	Presenciegnamendox: Funding Conly States of A		I FINGLIN POLOCOMOUND BERNELING FOR	
	PRESIDENT:	Sabrin	a Ghalli	VICE PRESIDE	ENT: Harvey Katz		
•	180X.#:	TELEPHONE:	(917)734-5108	_ TREASURER:	Ruth Marder	·	
<u>+</u>	PROJECT		ITEMIZED EXPENSES	AMOUNT REQUESTED FROM UNIV COUNCIL	AMOUNT REQUESTED FROM Med COUNCIL	AMOUNT REQUESTED FROM OTHER SOURCE (please specify)	
	First Meeting (da	te 2/27 at 5PM)	Meeting 1: Food through student organization catering (great salad, baked ziti, stuffed shells, grilled boneless chicken) We are expected to have at least 50 guests. This is also our first event and i was really highly anticipated so we real need food there Program: introduction to the club, with guest lecturer on the importance of teat work in medicine and case studies	ly l	\$200	\$155 – however we were already told the Nursing Council is over- budget and may not be able to provide us anything	
	Second Meeting	– Date to be set	Meeting 2: Food through student organization catering (greek salad, baked ziti, stuffed shells, griffed boneless chicken) Program: Physician and nurse lecturers	8	\$200	\$155 – however we were already told the Nursing Council is over- budget and may not be able to provide us anything	

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Interim Budget Request Form

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Attachment 2

02/07/2019

Date:



Interim Budget Request Form Date: __2/14/19_____

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Attachment 3

RESIDENT: Anna Econitchova/Ar	ageleque Hartt	VICE PRESIDENT:	Giavoei Cordero Taveras	
	NE: (917)848-3574 TREA		зу	
PROJECT	ITEMIZED EXPENSES	AMOUNT REQUESTED FROM UNIV COUNCIL	AMOUNT REQUESTED FROM MED COUNCIL	AMOUNT REQUESTED FROM OTHER SOURCE (please specify)
March Event- International Women's Day movie screening	Total: \$150 60 cupcakes \$60 Popcorn: \$40 Drinks (soda, water): \$30 Napkins: \$20	50	100	N/A
April Event- fundraiser for charity/community service	Total: \$250 50 AMWA pins: \$220 Candy: \$30	100	150	N/A
May event- Mentor/mentee coffeehouse	Total: \$425 Tokens for speakers: 5 x 45=\$225 Coffee (dunkio' donuts) + napkins: \$100 Snacks (cake, cookies, fruit): \$100	100	325	N/A
June event- health and weilness fitness class at Prospect Park	Total: \$150 Apples/granola bars: \$50 40 AMWA logo water bottles: \$100	50	100	N/A

USE THE BACK OF THIS FORM IF MORE SPACE IS NEEDED. PLEASE WRITE LEGIBLY AND CLEARLY. ILLEGIBLE REQUESTS WILL BE REJECTED.

Attachment 4

DOWNSTATE Medical Center		terim Budget Reque	Date: 2/18/19	
University Council Funding ON		eas piste exercitor Indige on the second		
ORGANIZATION NAME: SUNY Do	wnstate Book Club			
PRESIDENT: Omran Gdara	N	CE PRESIDENT: Aram Durge	rlan	
BOX #: TELEPHO	NE: 714-365-0685	TREASURER: Christoph	ner George	
PROJECT	ITEMIZED EXPENSES	AMOUNT REQUESTED	AMOUNT REQUESTED	AMOUNT REQUESTED FROM OTHER SOURCE (please specify)
Short Story Discussion/Interest meeting	Short story = \$0 Food/Refreshments = \$100 Expected showing: 25		\$100	
Book	Bad Blood: Secrets and Lies in a Silicon Valley Startup by John Carreyou (Hardcover) \$16.77 x 8 = \$134.16 + tax = \$146	\$50	\$96	
Book Discussion	Food/Refreshments = \$110 Expected showing: 25	\$50	\$60	

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Interim Budget Request Form Date: ____2/17/2019___ SUNY WNSTATE Medical Center Rease checkene box University Council Funding ONLY ORGANIZATION NAME: **Downstate Surgical Society** PRESIDENT: Pelin Celiker VICE PRESIDENT: Binyamin Abramowitz BQX.#:__ TELEPHONE: 631-264-9916 TREASURER: Mahdi Hossain + AMOU REQU(AMOUNT REQUESTED AMOUNT PROJECT ITEMIZED EXPENSES REQUESTED FROM MED COUNCIL FROM FROM UNIV OTHER COUNCIL SOUR (please specify) Lyft to go to the service event \$32.40 0 0 1" Lyft; \$15.70 2"" Lyft: \$16.70 MLK Day (SEEDS in the middle. Org) Total: \$32.40 - Service event Planned for March 4, 2019 \$150 0 0 Expecting 30 guest Speaker Event Food: \$150 with Dr. DiRaimo, MS1/MS2 event explaining the life of a surgeon both home and work

Attachment 5

Attachment 5

Brooklyn College Event	Panned March 26, 2019 Expected 20 guests	0	\$130	0
 Suture Clinic with students Panel of medical students giving advice for how to get into medical school 	10: Suturing Kits: \$90 3: 12 pack Suture thread: \$33 Total: \$123 20 Bananas: \$5 https://www.amazon.com/Pieces-Scissors-Forceps-Hemostats- Holders/dp/B01M7U6iZ3/ref=sr 1 7 a it?le=UTF8&qid=1550102233&sr=8- 7&keywords=needle+driver https://www.amazon.com/Exactmed-Emergency-Absorbable-Satisfaction- Guarantee/dp/B06ZYC5Q18/ref=sr_1_10?keywords=sutures&qid=1550442852&s=gateway&sr=8- 10			

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USE THE BACK OF THIS FORM IF MORE SPACE IS NEEDED. PLEASE WRITE LEGIBLY AND CLEARLY. ILLEGIBLE REQUESTS WILL BE REJECTED.

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Interim Budget Request Form Date: 2/18/2019 SUNY **OWNSTATE** Medical Center รู้สาวการการเสียงเป็นสุดที่สาวที่ได้ University Council Funding ONLY **ORGANIZATION NAME:** Innovate Medicine (Innovate-Med) Interest Group PRESIDENT: ALFONSO CAETTA VICE PRESIDENT: JOHN HORDINES TREASURER: JASON RAHIMZADEH $\left| \stackrel{\bullet}{+} \right|$ AMOUNT REQUESTED AMOUNT REQUESTED AMOUNT REQUESTED FROM OTHER SOURCE PROJECT ITEMIZED EXPENSES FROM UNIV COUNCIL FROM MED COUNCIL (please specify) Food for 1. \$100 interest meeting 250 events 2. \$50 x 3 for monthly meetings Т

Attachment

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Interim Budget Request Form

Date: 2/18/19

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AMOUNT AMOUNT AMOUNT REQUESTED PROJECT ITEMIZED EXPENSES REQUESTED REQUESTED FROM OTHER FROM UNIV FROM MED SOURCE (please specify) COUNCIL COUNCIL Vegetarian Supplies for vegetarian chili (approximately enough for a small tasting \$250 chili + for 20 people) = \$48.94 welcome 2 cups green bell peichopped 3.99 3.99 1 event 2 cups red bell peppt chopped 3.99 1 3.99 2.5 1.5 cups celery 2.5 chopped 1 mushrooms 7.5 1 7.5 3 cups 2 (28 oz) cansi whole peeled chopped 3.69 7.38 2 2 (19 oz) cans kidney beans with liquid 2.98 1.49 2 2 (11 oz) cans whole kernel corn 2.58 1.29 2 2 tablespoons ground cumin 1.99 1 1.99 1 tablespoon dried oregano 1.99 1.99 1 1 tablepsoon dried basil 1.99 1.99 48.64 Vegetarian ch 16 full servings Catering from Veggie for 35 people = \$200

Attachment &

Study snacks	Energy bites Tofu smoothic Total for 45 se	es for 30 = \$	\$150				
	Item	quantity	price per item	# of items	total		
	Energy Bites: Vegan						
	Oats	42 oz	3.99	1	3.99		
	Bananas	1 ripe	0.2	14	2.8		
	Vegan chocolate	chip 10 oz	4.75	4	19		
	Cinnamon	1	1; 3.99	1	3.99		
	Vanilla extract	 	1 2.49	. 1	2.49		
	servings: 200 individual bites/balls		<u>s</u>	Bites Total:			
	Chocolate silk tofu smoothie						
	Low fat milk	Gallon	2.5	2	5		
	Silken Tofu	, 10 oz	3.75	9	33.75		
	Banana		0.5 0.2	30	6		
	Cocoa powder	1 container	3.19	1 1	3.19		
	Maple Syrup	16 oz	. 13	1	13		
	Ice cubes				· · · · · · · · · · · · · · · · · · ·		
	Servings: 30 full-s	size servings		Smoothle Tota	li 60.94		
	Note: feel free to	adjust serving s					
Printing	6' x 2' vinyl bi Booklets = \$5		\$100				
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Attachment 9

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