

CONFERENCE PROGRAM

9:00-10:00 REGISTRATION AND BREAKFAST

Alumni Auditorium Atrium

10:00-12:00 MORNING SESSION

Alumni Auditorium

- 10:00 WELCOME Elizabeth Helzner, PhD
- 10:10 SUNY DOWNSTATE PRESIDENT WAYNE J. RILEY, MD, MPH, MBA, MACP
- 10:20 BROOKLYN BOROUGH PRESIDENT ERIC L. ADAMS
Personal Experience with a Plant-Based Diet and Advocacy for Plant-Based Nutrition
- 10:50 KEYNOTE SPEAKER: DAVID L. KATZ, MD
Truth About Food
- 11:40 RICHARD M. ROSENFELD, MD, MPH, MBA
SUNY Downstate Position Statement on Plant-Based Health and Nutrition

12:00-1:00 NETWORKING and PLANT-BASED LUNCH

PHAB Special Functions Room

1:00-4:00 AFTERNOON SESSION

Alumni Auditorium

- 1:00 ROBERT OSTFELD, MD
Confessions of a Reformed Cardiologist. A Plant-Based Diet for Your Heart?
- 1:50 COFFEE BREAK
- 2:10 DANIEL ROSENFELD, BS
You Are What You (Don't) Eat: The Psychology of Plant-Based Nutrition
- 2:25 PANEL 1: OVERCOMING BARRIERS TO DIETARY CHANGE
Omowale Adewale, Diego Ponienman, MD, Mereliz Ortiz
Moderator: Richard Rosenfeld, MD, MPH, MBA
- 3:10 PANEL 2: OVERCOMING INSTITUTIONAL BARRIERS TO IMPLEMENTATION
Lianna Levine-Reisner, Ruth Stanislaus
Moderator: Rachel Atcheson
- 3:55 CLOSING REMARKS Richard M. Rosenfeld, MD, MPH, MBA
-