3RD DOWNSTATE PLANT-BASED HEALTH AND NUTRITION CONFERENCE

Lifestyle Interventions for Optimal Outcomes in Diabetes and Prediabetes

MAY 10, 2024
Alumni Auditorium
395 Lenox Road
Brooklyn, NY 11203
8:30 AM - 4:30 PM

Scan for more info and to register:

KEYNOTE SPEAKER
Beth Frates, MD, FACLM, DipABLM
President, American College of Lifestyle Medicine

- Learn how lifestyle interventions can prevent, treat, and achieve remission for Type 2 Diabetes
- Inspire your patients and clients to make and sustain positive lifestyle changes
- Network with experts, organizations, and national leaders in a fast-paced, small group session
- Enjoy a delicious and nutritious plant-based breakfast and lunch
- Obtain CME or CEU credits, if desired

Conference Chair, Elizabeth P. Helzner, PhD, MS, DipACLM
Conference Co-Chair, Richard M. Rosenfeld, MD, MPH, MBA, DipABLM
Sponsored with generous support from the UHB Medical & Dental Staff, SUNY Downstate HSU President’s Office, and Richard M. Rosenfeld