

AGENDA

8:30 a.m.	Check-in, networking, and plant-based breakfast - Atrium
9:30 a.m.	Welcome & Opening Remarks Elizabeth Helzner, PhD, MS, DipACLM
9:40 a.m.	Honored Guest Michelle McMacken, MD
9:50 a.m.	Evidence-Based Management of Diabetes by ACLM: Position Statements to Clinical Practice Guidelines Richard Rosenfeld, MD, MPH, MBA, DipABLM
10:20 a.m.	Physical activity break/short meditation
10:30 a.m.	KEYNOTE ADDRESS Beth Frates, MD, FACLM, DipABLM President, American College of Lifestyle Medicine
11:30 a.m.	Success story video: Mayor Eric Adams
11:35 a.m.	Incorporating Lifestyle Medicine into Clinical Treatment of Diabetes Moderator: Richard M. Rosenfeld, MD. Panelists: Michelle McMacken, MD, Sandy Bassin, MD, speaker pending
12:30 - 1:00 p.m.	LUNCH BREAK
1:00 p.m.	Collaboration Across Disciplines on Diabetes and Nutrition Management <ul style="list-style-type: none">• NYC Mayor's Office and NYC DOHMH• Plant Powered Metro NY• Brooklyn Health Disparities Center and Arthur Ashe Institute• Downstate Lifestyle Medicine Interest Group and DINE Clubs• American College of Lifestyle Medicine• Central Brooklyn Diabetes Task Force and Central Brooklyn Faith Leaders• Brownsville Community Culinary Center - Diabetes Wellness Program• Live Light Live Right• NYC Health + Hospitals Lifestyle Medicine Clinics/Default Patient Meals• Diabetes Educators
2:05 p.m.	Success Story Video: Sergio Villavicencio
2:10 p.m.	The Importance of the Holistic Lifestyle Approach to Diabetes Care Moderator: Joanne Katz, DPT Panelists Lucille Hughes DNP, Melissa Lee MD, Krisann Polito-Moller NBC-HWC
3:00 p.m.	The Diabetes Landscape in Brooklyn, NY Maryann Banerji, MD
3:10 p.m.	NYC Plant-Forward Policy Approaches Rachel Atcheson
3:20 p.m.	Making it Happen: Approaches to Dietary and Lifestyle Change in Clinical and Community Settings Moderator: Aimee Afable, PhD. Panelists: Lianna Levine Reisner, MSOD Sarita Dhuper, MD, Maggie Veatch, MPH
4:15 p.m.	CLOSING REMARKS