AGENDA

8:30 a.m. Check-in, networking, and plant-based breakfast - Atrium

9:30 a.m. Welcome & Opening Remarks
Elizabeth Helzner, PhD, MS, DipACLM

9:40 a.m. Honored Guest Michelle McMacken, MD

9:50 a.m. Evidence-Based Management of Diabetes by ACLM:
Position Statements to Clinical Practice Guidelines
Richard Rosenfeld, MD, MPH, MBA, DipABLM

10:20 a.m. Physical activity break/short meditation

10:30 a.m. KEYNOTE ADDRESS
Beth Frates, MD, FA CLM, DipABLM
President, American College of Lifestyle Medicine

11:30 a.m. Success story video: Mayor Eric Adams

11:35 a.m. Incorporating Lifestyle Medicine into Clinical Treatment of Diabetes
Moderator: Richard M. Rosenfeld, MD. Panelists: Michelle McMacken, MD, Sandy Bassin, MD, speaker pending

12:30-1:00 p.m. LUNCH BREAK

1:00 p.m. Collaboration Across Disciplines on Diabetes and Nutrition Management
- NYC Mayor’s Office and NYC DOHMH
- Plant Powered Metro NY
- Brooklyn Health Disparities Center and Arthur Ashe Institute
- Downstate Lifestyle Medicine Interest Group and DINE Clubs
- American College of Lifestyle Medicine
- Central Brooklyn Diabetes Task Force and Central Brooklyn Faith Leaders
- Brownsville Community Culinary Center - Diabetes Wellness Program
- Live Light Live Right
- NYC Health + Hospitals Lifestyle Medicine Clinics/Default Patient Meals
- Diabetes Educators

2:05 p.m. Success Story Video: Sergio Villavicencio

2:10 p.m. The Importance of the Holistic Lifestyle Approach to Diabetes Care
Moderator: Joanne Katz, DPT Panelists Lucille Hughes DNP, Melissa Lee MD, Krisann Polito-Moller NBC-HWC

3:00 p.m. The Diabetes Landscape in Brooklyn, NY
Maryann Banerji, MD

3:10 p.m. NYC Plant-Forward Policy Approaches
Rachel Atcheson

3:20 p.m. Making it Happen: Approaches to Dietary and Lifestyle Change in Clinical and Community Settings
Moderator: Aimee Afable, PhD. Panelists: Lianna Levine Reisner, MSOD Sarita Dhuper, MD, Maggie Veatch, MPH

4:15 p.m. CLOSING REMARKS