



**SUNY  
DOWNSTATE**  
Health Sciences University

University Hospital of Brooklyn

Center for Community Health Promotion and Wellness  
Internal Medicine Associates

*Presents*

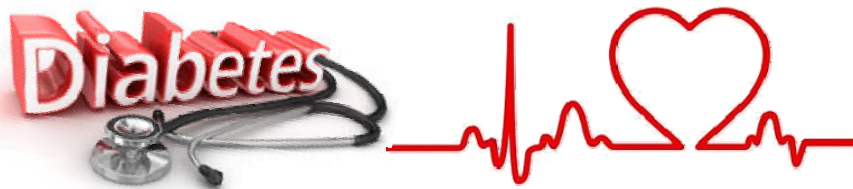
## **A *FREE* Community Health Promotion Seminar**

# ***The Link Between Diabetes and Heart Diseases (Prevention, Management, and New Treatment Updates)***

### LOCATION

SUNY Downstate Health Sciences University  
Health Science Education Building  
395 Lenox Road, Lecture Hall 1B  
Brooklyn, NY 11203

Wednesday  
November, 20, 2019  
6:00 pm – 7:30 pm



### Speakers

#### **Joseph Casillas, MD**

Facts update on the link between diabetes and heart diseases

#### **Parinaz Koohi Habibi Dehkordi, MD**

Risk factors

#### **Haytham A. Aboushi M.D**

- Basic pathophysiology on how diabetes affects the cardiovascular system
- Prevention: healthier nutrition, physical activity, medication management, routine doctor's visits, weight management, excessive alcohol consumption, and smoking cessation

#### **Tian Li, MD**

- Target range for lipids, glucose/A1c, blood pressure
- Benefits of prescribed medication treatment: statins, aspirin, ACE inhibitors and ARBS

#### **Junjing Guo, MD**

Discuss herbal remedies



LET'S BEAT DIABETES TOGETHER

*Refreshments!*

**ALL ARE WELCOME!!! For Information Call: (718) 270-3739**