



DOWNSTATE HEALTH  
PHYSICIANS

R.P.C.F.  
Residency Program Coordinators' Forum  
"We advocate for ourselves and each other."

DOWNSTATE PHYSICIANS PRESENT THE 3<sup>RD</sup> ANNUAL

# Community Healthy Lifestyle Fair

Celebrating Health Awareness for Older Adults

SAVE THE DATE

**Sunday, September 8, 2024 | Grandparents Day**  
**10:00am to 4:00pm**

**445 Lenox Road (at Brooklyn Ave.)**

Transportation: B12, B35, B41, B44, 2 and 5 trains

## GIVEAWAYS AND ACTIVITIES

Healthy Lifestyle Medicine Cooking Demos • Raffles • Community Resources  
Giveaways • Yoga Classes Kids Activities • Senior Activities • Health Screenings

This is a **FREE** community event, sponsored by Physicians of University Hospital at Downstate (UHD) and Residency Program Coordinators Forum in collaboration with the Offices of Graduate Medical Education, Government & Community Relations, Strategic Planning and the Diversity Equity Inclusion House Staff Council.

**Disclaimer:** Some screenings will require you to present your insurance card(s).

## FOR MORE INFO

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Scan the QR Code or visit  
<https://tinyurl.com/4z6kmjzm>

