



**UHD/RPCF Community Healthy Lifestyle Fair
Event Program
Saturday 6 September, 2025**

**Hosts: Dr. Kino Williams & Ms. Alishia Goodridge
Main Stage**

Time	Presentations and Speakers
10-11:00 am	No speaker
11-11:10am	Opening Remarks & Kick Off Teresa Y. Smith-Bellille, MD, MSEd, FACEP Interim Chair, Department of Emergency Medicine
12-12:30pm	Proper Backpack Wearing OT Students & Efekona Nuwere, Ed.D, MPH, OTR/L, Chair
1:00-1:10pm	Steelpan Welcome of Officials
1:15-1:45pm	Announcement of Awards and Recognitions Government Officials UHD Officials
2-2:30pm	Fall Prevention PT Students
3-3:30pm	Main Prize Raffle Announcement Natalie Mendez, MA

Activities also taking place at various pavilions throughout the day:

Men's Pavilion	Children's Pavilion	Older Adults' Pavilion
University Police Activities (Games, Recruitment)	Clown & Face Painting	Presentations – Sleep, Food is Medicine & Nutrition
ADVERT Active Shooter Training	Fall Prevention Education & Screening	Annual Wellness Visits Updates
FDNY Life CPR Training	Proper Backpack Wearing	Grand Ma Hands Massages
Barbering	Schoolbag and Supplies & Toy Giveaways	Yoga Exercises with Tommy the Experience
Raffles	Raffles	Raffles

Raffles and giveaways will take place throughout the day!