



**Center for Community Health Promotion and Wellness**

and

**College of Nursing**

*Presents*

A **FREE** Community Health Promotion Seminar Series

## ***Guiding Our Young Teens With Problem Solving and Life Skills***

Wednesday, July 19, 2017

6:00 pm – 7:30 pm



### ***SPEAKER***

**Sheryl Zang, EdD, FNP, CNS-BC**

Associate Professor and Director  
Clinical Nurse Specialist Programs  
College of Nursing  
SUNY Downstate Medical Center

### **LOCATION**

SUNY Downstate Medical Center  
Health Science Education Building  
395 Lenox Road, Classroom 1A  
Brooklyn, New York 11203

***Refreshments!***

**ALL ARE WELCOME!!! For More Information Call:  
(718) 270-3739**

# Travel Directions

## SUBWAY

Take **#2 or #5 Train** to the Winthrop Street station. (Stay toward the front of the train.) Exit at Nostrand & Parkside Avenues. Walk 1 block south and turn left on Clarkson Ave. Walk 1 block east, cross Clarkson Avenue and enter SUNY Downstate near the corner of Clarkson & New York Ave.

Take **Q Train** to Parkside Avenue Station (Parkside Ave exit). Cross street to transfer to **B-12 bus** (see below).

## BUS

Take **B-12** to Clarkson & New York Ave. Enter SUNY Downstate near the corner of Clarkson & New York Avenues.

Take **northbound B-44** to New York Ave & Clarkson. Enter Downstate near the corner of Clarkson & New York Ave.

Take **southbound B-44** to Nostrand & Clarkson, walk 1 block east and enter SUNY Downstate near the corner of Clarkson & New York Ave.

Take **B-46** on Utica Ave. Transfer at Empire Blvd. to **B-12** Clarkson Ave bus. Enter Downstate near the corner of Clarkson & New York Ave.

Take **northbound B-49** to Rogers & Clarkson Ave. Walk 2 blocks east and enter SUNY Downstate near the corner of Clarkson & New York Ave.

Take **southbound B-49** to Bedford & Clarkson Ave. Walk 3 blocks east and enter SUNY Downstate near the corner of Clarkson & New York Ave.

## CAR

### From Manhattan:

**Manhattan Bridge:** exit onto Flatbush Avenue. Continue approximately three and one-half miles to Parkside Avenue. Turn left onto Parkside Avenue and travel four blocks to New York Avenue. Turn right at New York Avenue and continue one block to Clarkson Avenue.

**Brooklyn Bridge:** stay to the left at the end of the bridge, following the ramp to Boerum Place, which becomes Adams Street. Continue along Adams Street to Atlantic Avenue. Turn left onto Atlantic Avenue and continue to Flatbush Avenue. Turn right onto Flatbush Avenue and continue approximately two and one-half miles to Parkside Avenue. Turn left onto Parkside Avenue and travel four blocks to New York Ave. Turn right at New York Avenue and continue one block to Clarkson Avenue.

**Brooklyn-Battery Tunnel:** exit onto the Brooklyn-Queens Expressway. Continue approximately one mile, bear to the left and exit onto Prospect Expressway which becomes Ocean Pkwy. Follow Ocean Pkwy to Beverly Road. Turn left on Beverly and continue to Flatbush Ave. Turn left on Flatbush and continue to Lenox Road. Turn right on Lenox and continue to New York Ave. Turn left on New York Ave and go 1 block. Turn left on Clarkson Ave to SUNY Downstate Visitors' Parking Lot at 354 Clarkson Avenue.

### From Staten Island and Newark International Airport:

**Verrazano Narrows Bridge:** exit at Fort Hamilton Pkwy. Continue approx. 3 miles to New York Ave. (Note: Fort Hamilton Pkwy street name will change to Caton Avenue and then to Linden Blvd). Turn left on New York Ave. and go 2 blocks. Turn left on Clarkson Ave to SUNY Downstate Visitors' Parking Lot at 354 Clarkson Avenue.

### From Long Island and JFK and LaGuardia Airports:

**Southern Long Island and JFK:** West on Belt Parkway to North Conduit Boulevard exit (Exit 17W). Continue on North Conduit Boulevard for about 3/4 mile. Fork left onto Linden Boulevard, and take Linden Boulevard to New York Avenue. Turn right on New York Ave. and go 2 blocks. Turn left on Clarkson Ave to SUNY Downstate Visitors' Parking Lot at 354 Clarkson Avenue.

**Northern Long Island and LaGuardia:** Take Grand Central Parkway to Jackie Robinson Pkwy (formerly Interboro Pkwy). Continue to Pennsylvania Avenue exit. Follow Pennsylvania to Linden Boulevard, turn right onto Linden. Take Linden Boulevard to New York Avenue. Turn right on New York Ave. and go 2 blocks. Turn left on Clarkson Ave to SUNY Downstate Visitors' Parking Lot at 354 Clarkson Avenue.

## PARKING

The SUNY Downstate Visitors' Parking Lot is at 354 Clarkson Avenue near New York Avenue.

A limited number of spaces may also be available for visitors at the SUNY Downstate Parking Garage on East 34th Street between Linden Boulevard and Lenox Road. There are also several private parking lots in the area.

