

Biographical Sketch

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Girardin Jean-Louis, Ph.D.

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Education

- o City College of the City University of New York 1992 Psychology (BA)
- o University of Paris, IV and VIII (1989)
- o Graduate School and University Center of the City University of New York 1997 Psychology (Ph.D.)
- o University of California at San Diego 2000 Chronobiology (PostD)

Pre Doctoral Fellowship/Internship

- 1990-1992 NIH Undergraduate Research Fellowship, CCNY Sleep Disorders Center
- 1992-1997 NIDA HIV/Drug Abuse Research Fellowship, National Development and Research Institute
- 1993-1994 New York University Medical Center, Psychiatry Department
- 1994-1995 Long Island Jewish Hospital, Neurology Department

Post Doctoral Fellowship

- 1997-2000 NHLBI Fellow, University of California at San Diego

Work Experience

- 1990-1992 Peer Counselor, City College of New York
- 1991-1997 Research Associate, Sleep Disorders Center of the City College of New York
- 1994-1997 Associate Director of the Psychophysiology Laboratory, College of Staten Island
- 1994-1997 Adjunct Faculty, Psychology Department (City College New York/College of Staten Island)
- 1998-1999 Adjunct Faculty, Psychology Department (National University, San Diego)
- 2000- 2002 Assistant Professor, Psychology Department (Long Island University)
- 2000-2003 Assistant Professor, Psychiatry and Ophthalmology Departments (SUNY Downstate)
- 2000-2005 Clinical Director, Kingsbrook Sleep Center
- 2004- Associate Professor, SUNY Downstate Medical Center
- 2005-2007 Attending Psychologist, Brooklyn Queens Nursing Home
- 2005- Attending Psychologist, Maimonides Medical Center
- 2007- Research Director of the Health Disparities Center, SUNY Downstate Medical Center
- 2007- Research Director of the Sleep Disorders Center, SUNY Downstate Medical Center

Courses

- Research Methods
- Principles of Biostatistics

- Applied Data Analysis
- Survey Design and Methodology
- Program Evaluation and Research
- Methods in Applied Community Research
- Experimental Psychology
- Understanding Health Behavior
- Personality Theories
- History and Systems in Psychology
- Clinical Research Workshop
- Psychological Measurements
- Introduction to Sleep Medicine

Honors/Awards

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| 1990 | CCNY Dean's List Award |
| 1991 | Who's Who Among Students in America |
| 1992 | Betty Rawls Memorial Scholarship Award (CCNY) |
| 1992 | Ward Medal in Psychology (CCNY) |
| 1992 | Honors in Psychology (CCNY) |
| 1992 | Excellence in Research (CCNY) |
| 1995 | World Federation of Sleep Research Society Travel Award |
| 1996 | APSS Trainee Fellowship (SRS/ASDA) |
| 1996 | North Eastern Sleep Society Travel Award |
| 1997 | APSS Trainee Fellowship (SRS/ASDA) |
| 1997 | North Eastern Sleep Society Travel Award |
| 1999 | Research Merit Award (Sleep Research Society) |
| 1999 | SRS Trainee Travel Award (Sleep Research Society) |
| 2000 | SRS Trainee Travel Award (Sleep Research Society) |
| 2001 | Who's Who in America |
| 2002 | Who's Who in Medicine and Healthcare |
| 2003 | Who's Who in the World |
| 2003 | Young Investigator Award (AASM) |
| 2003 | Minority Scholar (Office of Minority Health, NIH) |

Professional Memberships

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| 1994-1997 | New York Neuropsychology Group |
| 1994- | American Academy of Sleep Medicine |
| 1995- | Sleep Research Society |
| 2001- | Association for Research in Vision and Ophthalmology |
| 2004- | American Psychological Association |

Papers

1. **Jean-Louis, G.;** von Gizycki, H.; Zizi, F.; Spielman, A.J.; Fookson, J. Fullilove, R.; and Taub, H. (1996). Determination of sleep and wakefulness with the actigraph data analysis software (ADAS). *SLEEP*, 19, 739-743.
2. **Jean-Louis, G.;** von Gizycki, H.; Zizi, F.; Spielman, A.J.; Hauri, P.; and Taub, H (1997). The actigraph data analysis software (ADAS): a novel approach to scoring and interpreting sleep-wake activity I. *Perceptual and Motor Skills*, 85, 207-216.

3. **Jean-Louis, G.**; von Gizycki, H.; Zizi, F.; Spielman, A.J.; Hauri, P.; and Taub, H. (1997). The actigraph data analysis software (ADAS): a novel approach to scoring and interpreting sleep-wake activity II. *Perceptual and Motor Skills*, 85, 219-226.
4. **Jean-Louis, G.** (1997). The effects of melatonin on sleep and cognition in cognitively impaired elderly individuals: A chronobiological perspective. City U New York, US. *Dissertation Abstracts International: Section B: The Sciences & Engineering*, 58(5B):2710, Ph.D. Dissertation Abstract (350).
5. von Gizycki, H.; **Jean-Louis, G.**; Snyder, M.; Zizi, F.; Green, H.; Franconerri, S.; Spielman, A.J.; and Taub, H. (1998). The effects of photic driving on mood states. *Journal of Psychosomatic Research*, 43(6): 599-604.
6. **Jean-Louis, G.**; Zizi, F.; von Gizycki, H.; Spielman, A.J.; and Taub, H. (1998). The effects of melatonin in Alzheimer's disease. *Perceptual and Motor Skills*, 87, 331-339.
7. **Jean-Louis, G.**; von Gizycki, H.; Zizi, F.; and Nunes, J. (1998). Mood states and sleepiness in college students: Influences of age, gender, habitual sleep, and substance use. *Perceptual and Motor Skills*, 87, 507-512.
8. **Jean-Louis, G.**; Zizi, F.; and von Gizycki, H. (1998). Melatonin effects on sleep, mood, and cognition in elderly with mild cognitive impairment. *Journal of Pineal Research*, 25(3): 177-183.
9. **Jean-Louis, G.**; Kripke, D.F.; Mason, W.J.; And Ancoli-Israel, S. (1998). Relationship among illumination, activity, and sleep patterns. In *Biological Effects of Light*, MF. Hollick and EG. Jung (eds). Kluwer Academic Publishers, 37-39.
10. Mendlowicz, M.V.; **Jean-Louis, G.**; and Shada, H. (1999). Risk factors for infant homicide in the United States. *New England Journal of Medicine*; 340(11):895; discussion 895-6.
11. **Jean-Louis, G.**; Zizi, F.; von Gizycki, H.; Hauri, P.; Spielman, A.J.; and Taub, H. (1999). Actigraphy in insomnia revisited: Determination of sleep and wakefulness with the actigraph data analysis software (ADAS). *Physiology and Behavior*, 65(4-5), 659-663.
12. Mendlowicz, M.V.; **Jean-Louis, G.**; Gekker, M.; and Rapaport M.H. (1999). Neonaticide in the city of Rio de Janeiro: Forensic and psycholegal perspectives. *Journal of Forensic Sciences*, 44(4) 741-745.
13. Mendlowicz, M.V.; **Jean-Louis, G.**; von Gizycki, H.; Zizi, F.; and Nunes, J. (1999). Actigraphic predictors of depressed mood in a cohort of non-psychiatric adult individuals. *New Zealand Journal of Psychiatry*, 33(4) 553-558.
14. **Jean-Louis, G.**; Mendlowicz, M.V.; von Gizycki, H.; Zizi, F.; and Nunes, J. (1999). Assessment of physical activity and sleep by actigraphy: Examination of gender differences. *Journal of Women's Health and Gender-Based Medicine*, 8(8), 1113-1117.
15. **Jean-Louis, G.**; von Gizycki, H.; and Zizi, F. (1999). Predictors of sleepiness induced by melatonin administration. *Psychosomatic Research*, 47(4) 355-358.
16. **Jean-Louis, G.**; Kripke, D.F.; Ancoli-Israel, S.; Klauber, M.; Sepulveda, R.; Mowen, M.A.; Assmus, J.D.; and Langer, R.D. (2000). Circadian sleep, illumination, and rest-activity patterns in women: influences of aging and time reference. *Physiology and Behavior*, 69 347-352.
17. Mendlowicz, M.V.; Rapaport M.H.; **Jean-Louis, G.**; and Gekker, M. (2000). Mothers murdering their newborn in the hospital. *General Hospital Psychiatry*, 22(1) 53-55.
18. **Jean-Louis, G.**; Kripke, D.F.; Assmus, J.D.; and Langer, R.D. (2000). Sleep-wake patterns among postmenopausal women: a 24-hour unattended polysomnographic study, *Journal of Gerontology: Medical Sciences*, 55A(3) 120-123.
19. **Jean-Louis, G.**; Kripke, D.F.; Ancoli-Israel, S.; Klauber, M.; Sepulveda, R.S. (2000). Circadian sleep, illumination, and activity profiles in a representative sample: Effects of gender and ethnicity. *Biological Psychiatry*, 47(10) 921-927.

20. Mendlowicz, M.V.; **Jean-Louis, G.**; Gillin, J.C.; Akiskal, H.S.; Furlanetto, L.M.; Rapaport, M.H.; and Kelsoe J.R. Sociodemographic predictors of temperament and character. *Journal of Psychiatric Research* 34(3) 221-226.
21. **Jean-Louis, G.**; Kripke, D.F.; Cole, R.J.; and Elliott, J.A. (2000). No melatonin suppression by illumination of popliteal fossa or eyelid. *Journal of Biological Rhythms*, 15(3), 265-9.
22. **Jean-Louis, G.**; Mendlowicz, M.V.; Gillin, J.C.; Rapaport M.H.; Kelsoe J.R., Zizi, F.; Landolt, H.P.; and von Gizycki, H. (2000). Sleep estimation from wrist activity among patients with depression. *Physiology and Behavior*, 70(1,2) 49-53.
23. **Jean-Louis, G.** Melatonin treatment in elderly with cognitive impairment (2000). In *Research and Practice in Alzheimer's Disease and Other Dementias*, Serdi Publisher 3, 247-250.
24. **Jean-Louis, G.**; Kripke, D.F.; and Ancoli-Israel, S. (2000). Sleep and quality of well-being. *SLEEP*, 23(8), 1115-1121.
25. **Jean-Louis, G.**; Kripke, D.F.; Cole, R.J.; Assmus, J.D. and Langer, R.D. (2001). Sleep detection with the Actillum: comparisons with polysomnography. *Physiology and Behavior*, 72(1-2), 21-28.
26. **Jean-Louis, G.**; Kripke, D.F.; Mason, W.J.; Elliott, J.A.; and Youngstedt S.D. (2001). Sleep estimation from wrist movement quantified by different actigraphic modalities. *Journal of Neuroscience Methods*, 105(2):185-91.
27. **Jean-Louis, G.** (2001). In motion with actigraphy. *Advance*, 10(8):38-41.
28. **Jean-Louis, G.**; Magai, C.M.; Cohen, C.I.; Zizi, F.; von Gizycki, H.; DiPalma, J.; Casimir, G.J. (2001). Ethnic differences in self-reported sleep problems in older adults. *SLEEP*, 24, 926-933.
29. Mendlowicz, M.V.; Rapaport, M.H.; Fontenelle, L.; **Jean-Louis, G.**; De Moraes, T.M. (2002). Amnesia and neonaticide. *Am J Psychiatry*, 159(3):498-9.
30. Wallace-Guy, G.M.; Kripke, D.F.; **Jean-Louis, G.**; Langer, R.D.; Elliott, J.A.; Tuunainen, A. (2002). Evening light exposure: implications for sleep and depression. *J Am Geriatr Soc*. 2002 Apr;50(4):738-9.
31. Zizi, F; **Jean-Louis, G.**; Magai, C.; Greenidge, K.; Wolintz, A.; Heath-Phillip, O. (2002). Sleep Complaints and Visual Impairment Among Older Americans: A Community-based study *J Gerontol A Biol Sci Med Sci*: 57(10):M691-4.
32. Kripke, D.F.; **Jean-Louis, G.**; Elliott, J.A.; Klauber, M.R.; Rex, K.M.; Tuunainen, A.; Langer, R.D. (2004). Ethnicity, illumination, sleep and mood: Interactions in postmenopausal women. *BMC Psychiatry*, 4:8
33. **Jean-Louis, G.**; Kripke, D.; Cohen, C.; Zizi, F.; Wolintz, A. (2005). Associations of Ambient Illumination With Mood: Contribution of ophthalmic diseases. *Physiol Behavior*. 16:84, 479-487.
34. Akiskal, HS, Mendlowicz, MV, **Jean-Louis, G**, Rapaport, MH, Kelsoe, JR, Gillin, JC, Smith, TL (2005). TEMPS-A: Validation of a short version of a self-rated instrument designed to measure variations in temperament *Journal of Affective Disorders*, 85, 45-52.
35. Mendlowicz, MV, **Jean-Louis, G**, Kelsoe, JR, Akiskal, HS (2005). A comparison of recovered bipolar patients, healthy relatives of bipolar probands, and normal controls using the TEMPS-A *Journal of Affective Disorders*, 85, 147-151
36. Mendlowicz, MV, Akiskal, HS, Kelsoe, JR, Rapaport, MH, **Jean-Louis, G.**, Gillin, JC, (2005). Temperament in the clinical differentiation of depressed bipolar and unipolar major depressive patients, *Journal of Affective Disorders* 85, 147-151.
37. **Jean-Louis, G.**; Zizi, F.; Casimir, G.; Dipalma, J.; Mukherji, R. (2005). Sleep-disordered breathing and hypertension among African Americans. *J Hum Hypertens*: 19, 485-490. (31 March; doi:10.1038/sj.jhh.1001855).

38. **Jean-Louis, G.** (2005). Bright light treatment an effective addition to antidepressants for non-seasonal depression. *Evid. Based. Ment. Health* 8 (3):73.
39. **Jean-Louis, G.**; Kripke, D.; Elliott, J.; Zizi, F.; Wolintz, A. Lazarro, D.. (2005). Daily Illumination Exposure and Melatonin: Influence of Ophthalmic Dysfunctions and Sleep Duration. *J. Cir. Rhythm*: (Dec 3:13; doi:10.1186/1740-3391-3-13).
40. **Jean-Louis, G.**; Zizi, F; Dweck, M.; Mckenzie, D.; Lazarro, D. (2007). Influence of Ethnicity on Ophthalmic Measures. *J Natl Med Assoc.* 99(2):141-4, 147-8.
41. **Jean-Louis, G.**; Magai, C.; Consedine, N.; Pierre-Louis, J.; Zizi, F.; Casimir, G.; Belzie, L. (2007). Insomnia Complaints and Repressive Coping in a Sample of Black and White Women. *BMC Women's Health* (Jan 29;7:1. doi:10.1186/1472-6874-7-1)
42. **Jean-Louis, G.**; Zizi, F.; Casimir, G.; Compas, J. (2007). Sleep in America: Is Race or Culture an Important Factor? In *Sleep Disorders: Their Impact on Public Health*, D. Leger and S.R. Pandi-Perumal (eds). Taylor & Francis of Oxford, UK.
43. **Jean-Louis, G.**; Zizi, J.; Casimir, G.J.; Clark, L.T.; Kossotis, J. (2007). Associations of Sleep Apnea to Cardiovascular Diseases: Role of Diabetes and Metabolic Syndrome. In *Cardiovascular Disease and Diabetes: Contemporary Management*, Clark, L.T (Ed) New York, McGraw-Hill.
44. Bahtiyar, G; **Jean-Louis, G**; Nessim, F; McFarlane, S.I. (2007). Rosiglitazone evaluated for cardiovascular outcomes – an interim analysis. *Therapy*, 4 (5) 507-511(doi: 10.2217/14750708.4.5.507)
45. Park, D.H; Kripke, D.F; **Jean-Louis, G**; Elliott, J.A; Klauber, M.R; Rex, K.M; Tuunainen, A; Langer, R.D (2007). Self-reported sleep latency in postmenopausal women. *J Korean Med Sci.*;22(6):1007-14.
46. **Jean-Louis, G.**; Zizi, F.; Wolintz, A.; Lazarro, D.; (2008). Circadian Rhythm Dysfunction in Glaucoma: a Hypothesis. *Journal of Circadian Rhythm*, 10;6(1):1. (doi:10.1186/1740-3391-6-1)
47. **Jean-Louis, G.**; Magai, C.; Casimir, G.; Zizi, F.; McKenzie, D; Moise, F.; Graham, Y. (2008). Sleep and Health Complaints in a Multiethnic Sample of American Women. *Journal of Women's Health* (in press).
48. Iqbal, M; Shah, S; Fernandez, S; Karam, J; **Jean-Louis, G**; McFarlane, S.I. (2008). Obesity, Obstructive Sleep Apnea, and Cardiovascular Risk. *Current Cardiovascular Risk Reports.* (in press).
49. Nunez, J.; **Jean-Louis, G.**; Zizi, F.; Casimir, G.J.; von Gizycki, H.; Brown, C.; McFarlane, S. (2008). Sleep duration among black and white Americans. *J Natl Med Assoc.* (in press).
50. **Jean-Louis, G.** (2008). Ambient illumination and melatonin in the natural setting. In *Melatonin: From Molecules to Therapy*, D. Cardinali and S.R. Pandi-Perumal (eds), Nova Science Publishers, New York, USA, (in press).
51. **Jean-Louis, G.**; (2008). Visual and Circadian Phototransduction Dr. Lundmark, Prof. D.P. Cardinali, Prof. G. Brainard (eds). Taylor & Francis of Oxford, UK (in press).

Scientific Proceedings (Published Abstracts)

1. Ashizawa, S., Spielman, A.J., Glovinski, P.B., **Jean-Louis, G.**, Vilgorin, B., Luke, D., and Yang, C. (1993). The relationship between daytime sleepiness and REM sleep pressure. *Sleep Research*, 22, 321.
2. **Jean-Louis, G.**; von Gizycki, H.; Spielman, A.J.; Adler, J.; and Fullilove, R. (1995). Sleep latency post REM awakening: A new dimension of sleepiness. *Sleep Research*, 24, p. 258.

3. **Jean-Louis, G.**; von Gizycki, H.; Zizi, F.; Spielman, A.J.; and Taub, H. (1995). Assessment of sleep-wake activity: Correspondence between actigraphy and polysomnography. *Sleep Research*, 24, p. 478.
4. von Gizycki, H.; **Jean-Louis, G.**; Zizi, F.; Spielman,.; and Taub, H. (1995). Validation of actigraphy as a measure of amplitude and duration of movement using phasic arm EMG. *Sleep Research*, 24, p. 502.
5. **Jean-Louis, G.**; von Gizycki, H.; Zizi, F.; Spielman, A.J.; Fookson, J.; and Taub, H. (1995). Actigraphic determination of sleep-wake activity: An assessment of internight variability. *Sleep Research*, 24A, p. 473.
6. **Jean-Louis, G.**; von Gizycki, H.; Zizi, F.; Spielman, A.J.; Fookson, J.; and Taub, H. (1995). Actigraphic assessment of sleep-wake activity: An evaluation of interdevice variability. *Sleep Research*, 24A, p. 474.
7. **Jean-Louis, G.**; von Gizycki, H.; Zizi, F.; Spielman, A.J.; Fookson, J. and Taub, H. (1995). Sleep-wake activity in normal individuals: A longitudinal actigraph assessment. *Sleep Research*, 24A, 475.
8. von Gizycki, H.; **Jean-Louis, G.**; Zizi, F.; Spielman, A.J.; and Taub, H. (1995). Assessment of sleepiness with a new continuous performance test. *Sleep Research*, 24A, p. 226.
9. von Gizycki, H.; **Jean-Louis, G.**; Zizi, F.; Spielman, A.J.; Fookson, J. and Taub, H. (1995). Time of day effect on theta ratio as assessed by a modified alpha attenuation test. *Sleep Research*, 24A, p. 493.
10. von Gizycki, H.; **Jean-Louis, G.**; Zizi, F.; Ashizawa, S., Spielman, A.J.; Fookson, J. and Taub, H. (1995). The alpha attenuation test: Comparison between alpha and other frequency bands. *Sleep Research*, 24A, p. 492.
11. Zizi, F.; von Gizycki, H.; **Jean-Louis, G.**; Spielman, A.J.; and Taub, H. (1995). Actigraphic assessment of sleep-wake activity in males and females. *Sleep Research*, 24A, p. 496.
12. **Jean-Louis, G.**; von Gizycki, H.; Zizi, F.; Friedman, K.; Spielman, A.J.; Taylor, D.; Fullilove, R.; and Taub, H. (1996). Psychosocial determinants of sleepiness and performance: Consideration of gender differences. *Sleep Research*, 25, p. 101.
13. von Gizycki, H.; **Jean-Louis, G.**; Zizi, F.; Taylor, D.; Fullilove, R.; Spielman, A.J.; and Taub, H. (1996). Falling asleep in school as a marker for pathological sleepiness in college students *Sleep Research*, 25, p. 116.
14. **Jean-Louis, G.**; Spielman, A.J.; Hauri, P.; Wisbey, J.; Zizi, F.; von Gizycki, H.; Friedman, K.; and Taub, H. (1996). Validation of actigraphy in insomnia: A reanalysis with ADAS. *Sleep Research*, 25, p. 498.
15. **Jean-Louis, G.**; Spielman, A.J.; Hauri, P.; Wisbey, J.; Zizi, F.; von Gizycki, H.; and Taub, H. (1996). Actigraphic predictors of sleep and wakefulness in insomnia: A reanalysis with ADAS *Sleep Research*, 25, p. 499.
16. **Jean-Louis, G.**; von Gizycki, H.; Zizi, F.; Spielman, A.J.; Nunes, J.; and Taub, H. (1996). Application of the actigraph data analysis software (ADAS): An update. *Sleep Research*, 25, p. 501.
17. **Jean-Louis, G.**; von Gizycki, H.; Zizi, F.; Spielman, A.J.; and Taub, H. (1996). Actigraphic correspondence as measured on the dominant and nondominant wrist. *Sleep Research* 25, p. 500.
18. **Jean-Louis, G.**; Zizi, F.; von Gizycki, H.; Spielman, A.J.; Stampi, C.; Friedman, K.; Nunes, J.; and Taub, H. (1996). The efficacy of melatonin on the sleep of normals as assessed by actigraphy. *Sleep Research*, 25, p. 59.
19. Zizi, F.; **Jean-Louis, G.**; von Gizycki, H.; Spielman, A.J.; Friedman, K.; Nunes, J.; and Taub, H. (1996). Ankle versus wrist placement: Assessment of Sleep-wake activity in healthy individuals. *Sleep Research*, 25, p. 540.

20. Zizi, F.; **Jean-Louis, G.**; von Gizycki, H.; Spielman, A.J.; Friedman, K.; Green, H.; Nunes, J.; and Taub, H. (1996). A comparison of old Vs new actigraphs: Are there mechanical changes over time? *Sleep Research*, 25, p. 539.
21. von Gizycki, H.; **Jean-Louis, G.**; Zizi, F.; Stampi, C.; Green, H.; Franconeri, S.; Spielman, A.J.; Nunes, J.; and Taub, H. (1996). Time of day effect on alpha band interhemispheric coherence. *Sleep Research*, 25, p. 39.
22. von Gizycki, H.; **Jean-Louis, G.**; Zizi, F.; Stampi, C.; Green, H.; Franconeri, S.; Snyder, M.; Spielman, A.J.; Nunes, J.; and Taub, H. (1996). Time of day effect on diffuse light visual evoked potentials. *Sleep Research*, 25, p. 146.
23. von Gizycki, H.; **Jean-Louis, G.**; Zizi, F.; Stampi, C.; Green, H.; Franconeri, S.; Spielman, A.J.; Nunes, J.; and Taub, H. (1996). Time of day effect on the harmonic response to photic driving *Sleep Research*, 25, p. 145.
24. von Gizycki, H.; **Jean-Louis, G.**; Zizi, F.; Stampi, C.; Green, H.; Franconeri, S.; Friedman, K.; Spielman, A.J.; Nunes, J.; and Taub, H. (1996). The alpha attenuation test depicts a time of day effect. *Sleep Research*, 25, p. 38.
25. **Jean-Louis, G.**; von Gizycki, H.; Zizi, F.; Spielman, A.J.; Nunes, J.; and Taub, H. (1997). Neurobehavioral predictors of depressive states in a cohort of non-psychiatric individuals. *Sleep Research*; 26, p. 106.
26. **Jean-Louis, G.**; Spielman, A.J.; Zizi, F.; von Gizycki, H.; Shemtov, D., Stampi, C.; Fookson, J.; Nunes, T.; and Taub, H. (1997). Cognitive and behavioral effects of melatonin therapy in mildly demented elderly individuals. *Sleep Research*; 26, p. 105.
27. **Jean-Louis, G.**; Spielman, A.J.; Zizi, F.; von Gizycki, H.; Stampi, C.; Fookson, J.; and Taub, H. (1997). Resynchronization of rest-activity rhythm with exogenous melatonin in a patient with Alzheimer's disease. *Sleep Research*; 26, p. 103.
28. **Jean-Louis, G.**; Zizi, F.; von Gizycki, H.; Gaglio, J., Spielman, A.J.; Fookson, J.; Manber, R.; and Taub, H. (1997). Circadian rest-activity rhythm in different age group as determined by actigraphy. *Sleep Research*; 26, 668.
29. **Jean-Louis, G.**; Spielman, A.J.; Zizi, F.; von Gizycki, H.; Stampi, C.; Fookson, J.; Nunes, J.; and Taub, H. (1997). The reentrainment of circadian rhythm in mildly demented persons with melatonin therapy. *Sleep Research*; 26, 104.
30. **Jean-Louis, G.**; Zizi, F.; von Gizycki, H.; DiPalma, J., Franconerri, S., Troia, S., Green, H.; Nunes, J.; Spielman, A.J.; and Taub, H. (1997). Estimate of sleep, mood, and noncognitive behavior in community-residing elderly normal and mildly demented individuals. *Sleep Research*; 26, p. 720.
31. **Jean-Louis, G.**; Zizi, F.; von Gizycki, H.; DiPalma, J., Nunes, J.; Spielman, A.J.; Stampi, C.; and Taub, H. (1997). Acute effects of melatonin therapy on behavior, mood, and cognition. *Sleep Research*; 26, p. 108.
32. **Jean-Louis, G.**; Zizi, F.; von Gizycki, H.; Spielman, A.J.; Stampi, C.; and Taub, H. (1997). Behavioral and cognitive predictors of sleepiness induced by melatonin therapy. *Sleep Research*; 26, p. 107.
33. **Jean-Louis, G.**; Zizi, F.; von Gizycki, H.; Gaglio, J.; Spielman, A.J.; Manber, R.; Fookson, J.; and Taub, H. (1997). Gender differences in rest-activity patterns and sleepiness. *Sleep Research*; 26, 669.
34. von Gizycki, H.; **Jean-Louis, G.**; Stampi, C.; Green, H.; Franconerri, S.; Troia, S.; Snyder, M.; Zizi, F.; Gaglio, J.; Spielman, A.J.; and Taub, H. (1997). The alpha attenuation test as a measure of attention. *Sleep Research*; 26, p. 60.

35. von Gizycki, H.; **Jean-Louis, G.**; Snyder, M.; Zizi, F.; Green, H.; Franconerri, S.; Gaglio, J.; Troia, S.; Spielman, A.J.; Nunes, J.; and Taub, H. (1997). Photic stimulation produces a hypnagogic state. *Sleep Research*; 26, p. 269.
36. von Gizycki, **Jean-Louis, G.**; Zizi, F.; Troia, S., Franconerri, S.; Green, H.; Snyder, M.; Spielman, A.J.; and Taub, H. (1997). The effect of melatonin on performance in a visual vigilance task. *Sleep Research*; 26, p. 132.
37. von Gizycki, H.; **Jean-Louis, G.**; Snyder, M.; Rodrigues, M.; Troia, S.; Franconerri, S.; Green, H.; Spielman, A.J.; Fu, X. Paul, T.; and Taub, H. (1997). Motivation and psychomotor performance during sleep deprivation. *Sleep Research*; 26, p. 59.
38. Zizi, F.; **Jean-Louis, G.**; von Gizycki, H.; DiPalma, J.; Shemtov, D.; Spielman, A.J.; and Taub, H. (1997). Possible interaction of melatonin treatment with other sleep-inducing medications *Sleep Research*; 26, p. 136.
39. Zizi, F.; **Jean-Louis, G.**; von Gizycki, H.; Spielman, A.J.; Stampi, C.; Nunes, J.; Frisina, P., Nunes, J.; and Taub, H. (1997). Time-dependent soporific effects of exogenous melatonin as assessed by actigraphy. *Sleep Research*; 26, p. 137.
40. **Jean-Louis, G.**; (1998). Rest-activity and illumination in women: influences of age, race, time standard, and season. *SLEEP*; 21(3), supplement p. 244
41. **Jean-Louis, G.**; (1998). Gender differences in circadian rest-activity, illumination, and sleep profiles. *SLEEP*; 21(3), supplement p. 220
42. von Gizycki, H.; Nunes, J.; Zizi, F.; **Jean-Louis, G.**; Green, H.; Snyder, M.; Taub, H.; and Spielman, A.J. (1998). Differential effects of caffeine on short-term memory during sleep deprivation. *SLEEP*; 21(3), supplement p. 42.
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Media Services

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| 2006 (8/06) | Impact of sleep apnea among Caribbean patients, Radio Soleil |
| 2005 (12/05) | Sleep disorders among minority patients, Radio Soleil |
| 1998 | Sleep disorders: a chronobiological perspective, <i>The Positive Mind</i> , WBAI |
| 1997 | Panel Discussion on Psychology as a science and as a profession <i>Making Connections</i> , Staten Island Community Television |
| 1995 | Sleep Expert on-call (1-800-shut-eye), Searle Pharmaceuticals |
| 1994 | Radio Interview: Education in bilingual students |
| 1993 | TV Interview: Outreach to bilingual students |

Lectures/Presentations

2007-2007	Workshops on Scientific Methodology and Biostatistics, Department of Medicine (SUNY) Invited Lecture: Epidemiology of insomnia: medical, psychiatric, and socio-cultural correlates. Scripps Memorial Hospital, La Jolla, CA
2004-2003-	Lecture Series: Research methodology and statistics for medical residents (SUNY) Invited Lectures: Evaluation and Treatment of Insomnia in the elderly, Department of Psychiatry (SUNY)
2003-	Invited Lectures: Sleep-disordered breathing in minority communities, Kingsbrook Jewish Medical Center
1999	Invited Presentation: Sleep, illumination, and activity patterns: a chronobiological perspective, Stony Brook University, SUNY
1998	Invited Presentation: Melatonin in the elderly: hypnotic or chronobiotic. Medical/Surgical sleep conference, Scripps Memorial Hospital, La Jolla, CA
1995	Invited Presentation: Melatonin and bright light treatment in senile dementia of the Alzheimer's type, NYU Medical Center.
1995	Invited Presentation: Melatonin therapy in Alzheimer's disease, NYU Medical Center.
1995	Invited Lecture: Brain Anatomy and Physiology, College of Staten Island
1994	Ethics in research, National Development and Research Institute
1995	Invited Lecture: Multiple Linear Regression Analysis, Hunter College

Miscellaneous

2008-	Consulting Reviewer for National Medical Association
2006-	Consulting Reviewer for Depression and Anxiety
2005-	Consulting Reviewer for Social Behavior and Personality: An International Journal
2004-	Consulting Reviewer for Chronobiology International
2004-	Associate Editor for BMC Nutrition and Metabolism
2004-	Vice President of the Brooklyn Research Foundation on Minority Health
2002-	Consulting Reviewer for Biological Psychiatry
2000-	Consulting Reviewer for Sleep Medicine Reviews
1998-	Consulting Reviewer for SLEEP
1997-	Consulting Reviewer for Perceptual and Motor Skills/Psychological Reports
1997	Search and Review Committee for Pre/Post doctoral candidates at NDRI
1995	Search and Review Committee for Pre/Post doctoral candidates at NDRI
1992-1994	Editor in Chief: Point De Vue Magazine and Point De Vue Newsletter
1990-1995	President, Point De Vue-an outreach group for bilingual high school and college students
----	Extensive use of: SPSS, MS Word, MS Visual Basic, MS Access, MS PowerPoint, MS Publisher, MS Excel, Stanford Graphic, Aldus PageMaker, QuatroPro, and others

Record of Academic and Community Services

- Career counseling
- Development and implementation of curriculum on health disparities research for minority faculty
- Training in sleep research techniques and psychophysiological and neuropsychological assessment
- Workshop on preparation and presentation of scientific data
- Workshop on research methods and clinical patient management
- Workshop on PC software (SPSS, Excel, Powerpoint, PageMaker, Word, Access, and others)
- Workshop on basic internet and in PsychLit and MedLine Usage
- Workshop on community-based research methodologies