SUNY Downstate Sesquicentennial
Fun Run/Walk at Prospect Park

Events
9:00 AM – Kid’s (12 and under) K Run (1/2 mile)
10:00 AM – Adult Fun Run/Walk (3.34 mi / 5.37 km)
Entry Fee: $10

Course
The Sesquicentennial Fun Run/Walk will begin and
end at the Drummer’s Grove in Prospect Park (near entrance at Parkside Avenue/Ocean Avenue). It is
a 3.34 mile route. The paved course is mostly flat
with some inclines and declines. A water station
and first aid kit will be available.

Award Categories
5K 55+ Male/Female
5K 18-54 Male/Female
5K 13-18 Male/Female Youth
Kid’s K Male/Female

Time Limit
Only the first Male/Female finisher in each category
will be timed. The course will be set up for 2 hours.

Post-Race
There will be refreshments and awards will be
given in all age categories.

Volunteer
We are looking for volunteers to assist with the race
(check in, water/refreshment stations, time keepers,
etc.). If you are interested in volunteering, contact Regina Finan at regina.finan@downstate.edu.

Sesquicentennial Fun Run/Walk Entry Form – Sunday, November 15, 2009

Name _________________________________________
Address _______________________________________
City ______________________ State ____ Zip _____
Phone _________________ Sex __ Age on 11/15/09 ___

Note: For the safety of all participants, strollers, skateboards, scooters and skates of any kind are prohibited in this event.

Waiver of Liability: In consideration of my entry being accepted, I waive any and all claims for myself, my administrators, and my heirs against all officials, sponsors, and organizations connected with the Sesquicentennial Fun Run/Walk for injury or illness that may directly or indirectly result from my participation in this event. I attest that I have full knowledge of the risks involved in this event, and am physically fit and sufficiently trained to participate in this event.

Signature __________________________ Date ________ Email _______________________

Parent or guardian if under 18 years of age

Entry Fee $ ___________

Event: ☐ 5K ☐ Kid K
1 event per person. Registration not refundable or transferable.

T-shirt size: XXL XL L M S L

(circle one)