



**Jeffrey T. Schiff, MD**  
Director of Adult Urology  
Assistant Professor of Urology

A native of Port Washington, Dr. Jeffrey Schiff achieved membership in the Golden Key International Honour Society during his undergraduate sojourn at the

University of Illinois at Urbana-Champaign. Following his graduation from Tufts University School of Medicine as a member of the Alpha Omega Alpha Honor Medical Society, he completed his residency in Urology at SUNY Downstate Medical Center.

Dr. Schiff is well known throughout our medical community as a wonderful clinician with outstanding technical skills and judgment. His academic achievements include co-authoring a first prize-winning AUA best video presentation, as well as top honors for a clinical paper delivered at the recent Murry Friedman Resident Competition at the Brooklyn and Long Island Chapter of the American College of Surgeons.

Dr. Schiff offers a full complement of services to his patients, including the management of kidney stones, voiding dysfunction, hematuria and erectile dysfunction. His comprehensive training also allows Dr. Schiff to diagnose and treat genitourinary malignancies including prostate, kidney, testis and bladder.

### *Modern and Innovative Care for* **General Urological Problems**

- Blood in the Urine (Hematuria)
- Genitourinary Tract Infections
- Kidney Stones
- Prostate Problems – Elevated PSA, BPH, Prostatitis
- Conditions Affecting the Penis, Testes and Scrotum
- Urethral Stricture Disease
- UPJ Obstruction
- Interstitial Cystitis
- Cancer of the Prostrate, Testes, Kidneys and Bladder
- Bladder Problems – Overactive Bladder, Incontinence, Adrenal Gland Disorders, Prolapse

#### **Male Sexuality Issues:**

- Impotence
- Erectile Dysfunction (ED)
- Premature or Rapid Ejaculation
- Peyronie's Disease
- Vasectomy



#### **Practice Locations**

University Hospital of Brooklyn  
445 Lenox Road, Brooklyn, NY 11203

SUNY Downstate at Bay Ridge  
699 92nd Street, Brooklyn, NY 11228

Family Health Services at Lefferts  
840 Lefferts Avenue, Brooklyn, NY 11213

SUNY Downstate at Long Island College Hospital  
339 Hicks Street, Brooklyn, NY 11201

#### **Appointments 718-270-2554**

Fax 718-270-3848 • [www.downstate.edu/urology](http://www.downstate.edu/urology)



SUNY  
**DOWNSTATE**  
Medical Center

# Downstate **UROLOGY**

**Jeffrey T. Schiff, MD**



## Kidney Stone Disease

We customize an optimal treatment plan for each patient, including preventative measures to help prevent the recurrence of kidney stones in the future.

Treatment options include minimally invasive approaches such as ESWL (extracorporeal shock wave lithotripsy), endourology, ureteroscopy, laser treatments, percutaneous surgery and ureteral stents.

## Urinary Control | Incontinence

There are three types of incontinence (stress incontinence, urge incontinence and overflow incontinence), and symptoms can range from mild leaking to uncontrollable wetting. Often people fail to seek treatment because they are either embarrassed or they just don't realize how many treatment options are available, particularly non-surgical options.

Nearly 10 million Americans suffer from urinary incontinence and/or an overactive bladder. Contrary to popular belief, urinary incontinence is not simply "something that affects older people." It can affect anyone.

## Facts

*Prostate cancer is the second most common cancer and the second leading cause of death in American men. The American Cancer Society estimates that 230,000 cases of prostate cancer are diagnosed each year and more than 28,000 men die from the disease.*

*Prostate cancer usually begins without symptoms. The chances of surviving prostate cancer are greatly improved with early detection and treatment.*

*Prostate cancer is more common in African American men and in men with a father or brother with prostate cancer.*

*This year, doctors will diagnose 56,500 cases of bladder cancer, most of them in men. More than 12,600 people will die from bladder cancer this year.*

*Over 32,000 people in the United States are diagnosed with kidney cancer each year.*

*Cigarette smoking can increase the risk of developing prostate, bladder and kidney cancer.*



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**ROBOTIC-ASSISTED PROSTATECTOMY** — The *da Vinci*® prostatectomy is currently the fastest growing treatment for prostate cancer in the US.

## Urologic Oncology

Dr. Schiff has specialized training and experience in the management of complex urologic malignancies, and he works closely with the departments of medical oncology and surgical oncology to ensure patients receive the most comprehensive treatment for prostate, kidney, testicular & bladder cancer. An individualized course of care is determined for each patient, which may involve radiation, medication, surgery, or a combination thereof.

## State-of-the-Art Minimally Invasive Procedures

Minimally invasive surgical procedures can be very effective and provide better clinical outcomes than traditional open surgery. Advantages include less pain, less scarring, faster recovery and fewer complications.

Laparoscopically, Dr. Schiff is able to perform the removal of adrenal glands, kidneys, prostates and much more, for a variety of conditions, via very tiny incisions. Most patients are able to go home after major surgery in 24-48 hours, with minimal pain, and resume normal daily activities in less than 2 weeks

### Minimally Invasive Procedures Include:

- ▶ Robotic-assisted Prostatectomy
- ▶ Laparoscopic Adrenalectomy
- ▶ Visual Laser Prostatic Ablation
- ▶ Photoselective Vaporization of the Prostate
- ▶ Transurethral Incision of the Prostate (TUIP)
- ▶ Retrograde Intrarenal Surgery (RIRS)
- ▶ Nephrectomy and Partial Nephrectomy
- ▶ TCC and Nephroureterectomy
- ▶ Pyeloplasty (UPJ Obstruction)
- ▶ Transurethral Microwave Thermotherapy (TUMT)
- ▶ Transurethral Electrovaporization (TUEVP)
- ▶ Transurethral Needle Ablation (TUNA)
- ▶ Radical Cystectomy (Bladder Cancer)
- ▶ Vesicoureteral Reflux and Ureteral Reimplantion

## Robotic Surgery

Robotic surgery is performed using the *da Vinci*® Surgical System, a technologically advanced system that utilizes robotic instruments introduced via tiny incisions or laparoscopic ports, ideal for delicate urologic surgery. The instruments are under the direct control of the surgeon and are incredibly precise. Additionally, the high-definition 3D camera allows the surgeon to view the operative field in greater visual detail than ever before possible.

## Cryotherapy

Cryotherapy is the application of extreme cold to freeze and destroy diseased tissue, including cancer cells. An effective yet minimally invasive alternative to surgery and radiation therapy, cryotherapy is a relatively new prostate and kidney cancer treatment.