

## CHANNEL 33

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- D**
- ◆ Type 1 Diabetes
  - ◆ Type 2 Diabetes
- I**
- ◆ Pre-Diabetes
  - ◆ Blood Sugar Testing
  - ◆ Hypoglycemia
- A**
- ◆ Insulin
  - ◆ Diabetes in Pregnancy
- B**
- ◆ Diabetes Related Eye Disease
  - ◆ Nutrition
- E**
- ◆ Weight Control
  - ◆ Foot Care
- T**
- ◆ Diabetes Prevention & Control
- E**
- ◆ Diabetic Ketoacidosis
  - ◆ Carbohydrate Counting
  - ◆ Kidney Care
- S**
- ◆ Managing Type 2 Diabetes in Young People
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## VIDEOS ON DEMAND

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Accessing specific videos on demand is as easy as **1-2-3**:

### Step 1

Press the MENU button on your television.

### Step 2

Choose “Video On Demand (FREE)” on the main menu. Use the channel buttons to navigate up and down the menu, and use the “ENTER” button to select.

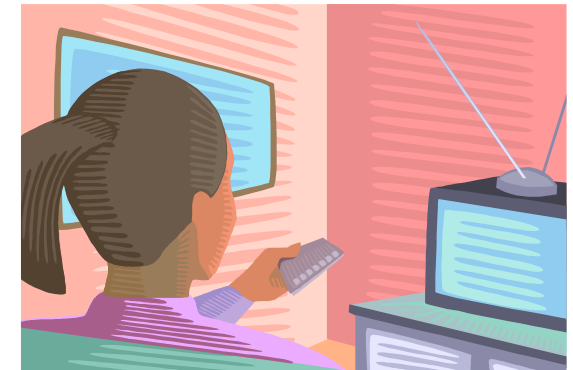
### Step 3

Scroll through the list and select a video.

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## CLOSED CIRCUIT TELEVISION

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The Downstate TV network has **FREE** educational videos.

Tune in to channels 30-33 for continuous-play videos **OR** choose your preferred videos on demand.

For assistance, call (718) 270-8846

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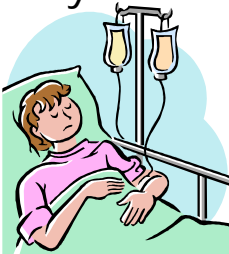
# CHANNEL 30

# GENERAL

- ◆ Health Care Proxy
- ◆ Hygiene
- ◆ Immunization



- ◆ Medications
- ◆ Pain Management
- ◆ Patient Safety
- ◆ Skin
- ◆ Sleep
- ◆ Smoking
- ◆ Stomach
- ◆ Weight Management



# CHANNEL 31

# SPECIFIC

- ◆ Children & Teens



- ◆ Maternal/Women's Health



- ◆ Mental Health



- ◆ Older Adults

# CHANNEL 32

# BODY SYSTEMS

- ◆ Eye Disease
- ◆ Cancer
- ◆ Cystic Fibrosis
- ◆ Heart Disease



- ◆ Kidney Disease
- ◆ Lungs/Respiratory Illnesses
- ◆ Orthopedics/ Bones & Joints

