

Obesity

Threats and Interventions

SUNY Downstate Medical Center
Alumni Auditorium
450 Clarkson Avenue, Brooklyn, NY 11203

PROGRAM WEDNESDAY OCTOBER 29, 2008 8:30AM – 3:00PM

8:00 am Registration

8:30 am Welcome Remarks

John LaRosa, MD
President
SUNY Downstate Medical Center

Michelle P. Paterson, MS
Director, Health Plan of New York (HIP)
Integrative Wellness Initiative
First Lady of New York State

Hon. Marty Markowitz
Brooklyn Borough President

Clinton D. Brown, MD, FASN
Associate Professor of Medicine
SUNY Downstate Medical Center
Director, Brooklyn Health Disparities Center
Conference Chair

THE THREATS

Moderator
Judie LaRosa, PhD, RN

**8:45 am Metabolic Syndrome in Adolescents:
Short and Long-term Implications**
Sarita Dhuper, MD, FACC

9:15 am Orthopedic Issues
Henry M. Tischler, MD

9:45 am Sleep Apnea
Girardin Jean-Louis, PhD

10:15 am Break

ESSENTIALS FOR SUCCESS

Moderator
Maria Yomtov, RN, MSN, CDE

10:30 am Nutrition Perspective
Stefani Skidell, MS, RD, CDN

Psychological Perspective
Daniel Cukor, PhD

Support Group Perspective
Barbara Solow, MA, RD, CD/N

11:45 am Lunch

THE LATEST INTERVENTIONS

Moderator
Frank Gress, MD

12:45 pm Bariatric Medicine: Pros and Cons
Tamyra Rogers, MD

1:30 pm Bariatric Surgery: Pros and Cons
Rajeev Vohra, MD

**2:15 pm The Latest Interventions: Q&A Speaker
Panel with Audience Participation**

2:45 pm Closing Remarks
Clinton D. Brown, MD, FASN

GUEST FACULTY

Hon. Marty Markowitz
Brooklyn Borough President

Michelle P. Paterson, MS
Director, Health Plan of New York (HIP)
Integrative Wellness Initiative
First Lady of New York State

Tamyra L. Rogers, MD
President
Dr. Rogers Wellness and Weight Loss Center
San Antonio, TX

Stefani Skidell, MS, RD, CDN
Clinical Nutrition Manager
Sodexo Healthcare Services

Barbara Solow, MA, RD, CD/N
Clinical Nutrition Manager
Eastern Long Island Hospital
Greenport, NY

Henry M. Tischler, MD
Chief, Department of Orthopedics
New York Methodist Hospital
Brooklyn, NY

Rajeev Vohra, MD
Chief of Laparoscopic and Bariatric Surgery
South Nassau Communities Hospital
Oceanside, NY

SUNY DOWNSTATE MEDICAL CENTER FACULTY

John C. LaRosa, MD
President

Clinton D. Brown, MD, FASN
Associate Professor of Medicine
Director, Brooklyn Health Disparities Center
Conference Chair

Daniel Cukor, PhD
Assistant Professor of Psychiatry

Sarita Dhuper, MD, FACC
Clinical Associate Professor of Pediatrics

Frank Gress, MD
Professor of Medicine
Chief, Gastroenterology and Hepatology Division

Girardin Jean-Louis, PhD
Associate Professor
Brooklyn Health Disparities Center

Judith H. LaRosa, PhD, RN
Vice Dean and Professor
Graduate Program in Public Health

Maria Yomtov, RN, MSN, CDE
Director, Center for Community Health
Promotion and Wellness



REGISTRATION INFORMATION

The registration fee is \$40.00 which includes refreshment break and lunch. Students and residents, SUNY Downstate and KCHC employees with a current I.D. may attend free. **Please print clearly**, complete the entire form on this page and submit.

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ADDRESS _____

CITY _____ STATE _____ ZIP _____

E-mail _____

PHONE _____ FAX _____

HOSPITAL/ORGANIZATION _____

SPECIALTY _____

(Please check which applies to you)

MD RN PA RD PhD School Educator

Student Other _____

Make the \$40.00 registration check payable to **SUNY OCME** and mail to:

Ms. Judith Ruddock
Office of CME
SUNY-Downstate Medical Center
450 Clarkson Ave. Box 1244
Brooklyn, NY 11203-2098

We accept the following credit cards: Visa MC Discover
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Signature _____

I hereby authorize SUNY Downstate Medical Center to charge my credit card for the amount indicated above.

The CME certificate fee for physicians, physician assistants and the certificate of attendance fee is \$20.00. Please make check payable to SUNY OCME. The certificate will be mailed to you.

For additional information or questions, please phone **718.270.2422** or e-mail ocme@downstate.edu.

NEEDS STATEMENT

The need for this conference was determined as a result of research findings reported in the President's Cancer Panel 2006-07 Annual Report; the Report on Obesity (SUNY Downstate Medical Center); and expert opinion from the Downstate Medical Center faculty.

TARGET AUDIENCE

Physicians, Physician Assistants, Nurses, Registered Dietitians, Exercise Physiologists, School Educators, and Healthcare professionals who work with patients who are obese.

EDUCATIONAL OBJECTIVES

This conference is designed to change the healthcare professional's attitude toward the obese individual, recognizing that they may be at risk for serious medical co-morbidities. As a result of attending this conference, the learner will:

- Be able to identify the importance of obesity as a serious cause of several chronic diseases;
- Become aware of the function and contribution of Bariatric medicine and Bariatric surgery to the management of the obese patient; and
- Be able to identify the need for psychosocial intervention in management of the obese patient.

ACCREDITATION STATEMENT

The State University of New York (SUNY) Downstate Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The SUNY Downstate Medical Center designates this educational activity for a maximum of 5.0 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

NURSING CONTACT HOURS

Downstate Medical Center, College of Nursing is an approved provider of Continuing Nursing Education by the New York State Nurses Association, which is accredited as an approver of continuing nursing education by the American Nurse's Credentialing Center's Commission on Accreditation. It has been assigned code: 73QRY3 – PRV – 0715.

DISCLOSURE STATEMENT

SUNY Downstate Medical Center Office of CME (OCME) and its affiliates are committed to providing educational activities that are objective, balanced and as free of bias as possible. The OCME has established policies that will identify and resolve all conflicts of interest prior to this educational activity. All participating faculty are expected to disclose to the audience, verbally or in writing, any commercial relationships that might be perceived as a real or apparent conflict of interest related to the content of their presentations, and unlabeled/unapproved uses of drugs and devices. Detailed disclosures will be made verbally and/or in writing during the program.

ADA STATEMENT

Special Needs: In accordance with the Americans with Disabilities Act, SUNY Downstate Medical Center seeks to make this conference accessible to all. If you have a disability which might require special accommodations, please contact the Office of CME at 718-270-2422, or e-mail your needs to ocme@downstate.edu.

TRAVEL DIRECTIONS

For directions to SUNY Downstate Medical Center, phone 718-270-7696, or visit our website at www.downstate.edu. Click on the travel directions bar located at the top right corner of the page.

This conference is supported in part by an unrestricted educational grant from Merck, Scherling-Plough, and Sodexo Healthcare.

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A Multidiscipline Symposium Presented by

- The Brooklyn Health Disparities Center
- The Department of Medicine
- The Graduate Program in Public Health
- The Center for Community Health Promotion and Wellness
- Nutritional Services

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